



Pastor Jonny – December 21st, 2025

If you would like to watch the weekend message, visit www.frontrange.org/messages

Open your group in prayer and remember that this is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one. If you only have a few minutes, you can just use the 3 Essential Questions.

Scriptures:

- **Luke 22: 19-20, John 6: 48-51, Matthew 26: 27-28**

Three Essential Questions

The following questions are intended to be open-ended and encourage members to consider how they felt and what they, or the group, can do as a result of hearing the message.

1. **What did you hear?** *What point in this message was most impactful for you?*
2. **What do you think?** *How did this message challenge, change, or affirm your thinking?*
3. **What will you do?** *How will you or your group put into practice what you've learned today?*

Message Points/Extra Questions

1. To start, what is one meal you remember vividly and why does it stand out to you? What made it meaningful beyond just the food?
2. How does understanding the Exodus and Passover background deepen the meaning of communion for you?
3. In **John 6:48–51**, Jesus calls Himself the “bread of life.” What do you think it looks like, practically, to “feed” on Jesus rather than on temporary sources of satisfaction?
4. What are some of the things people commonly turn to for comfort, peace, or validation that ultimately don't satisfy? Where have you seen this play out in your own life?
5. How does believing that you are already made pure in Christ change the way you approach obedience, repentance, and spiritual growth?
6. When you take communion, what is one truth from this message you want to intentionally remember or reflect on going forward?