



Pastor Ernest & Shannon Burnett — May 10th, 2026

If you would like to watch the weekend message, visit www.frontrange.org/messages

This is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one.

Scriptures: Psalm 23:5,

Three Essential Questions

These are intended to be open-ended and encourage members to consider how they felt and what they, or the group, can do as a result of hearing the message.

1. What did you hear? What point in this message was most impactful for you?
2. What do you think? How did this message challenge, change, or affirm your thinking?
3. What will you do? How will you or your group put into practice what you've learned today?

Message Points/Extra Questions

1. When you think of a “table” (family dinner, holiday meal, celebration), what memories or emotions come to mind?
2. Why do you think David describes God’s care as a table instead of a battlefield victory or escape?
3. Have you ever experienced a season where God provided for you in a way you didn’t expect?
4. What does it look like for someone to “sit at God’s table” spiritually?
5. Do you struggle more with believing God loves you—or believing God actually delights in you? Why?
6. When you hear “my cup overflows,” do you naturally believe that describes your life? Why or why not?
7. What’s one area of your life right now where you can recognize God’s overflow—even if it’s small?
8. What is one simple way you can intentionally sit with God this week? Challenge: Choose one intentional moment (10–20 minutes) where you slow down, remove distractions, and spend time with God—letting Him refresh your soul.