



Pastor Ernest & Charles — June 7<sup>th</sup>, 2026

If you would like to watch the weekend message, visit [www.frontrange.org/messages](http://www.frontrange.org/messages)

This is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one.

**Scriptures:** Psalm 100: 1-5, Acts 16: 22-25, Philippians 4: 6-7, 1 Thessalonians 5:16-18

### Three Essential Questions

These are intended to be open-ended and encourage members to consider how they felt and what they, or the group, can do as a result of hearing the message.

1. What did you hear? What point in this message was most impactful for you?
2. What do you think? How did this message challenge, change, or affirm your thinking?
3. What will you do? How will you or your group put into practice what you've learned today?

### Message Points/Extra Questions

1. When you hear the word "praise," what immediately comes to mind?
2. What attributes or characteristics of God are easiest for you to praise Him for right now?
3. After reading Acts 16, what stands out to you about the response to suffering from Paul and Silas?
4. Have you ever experienced a situation where focusing on God changed your perspective even though your circumstances didn't change?
5. Why do you think most of us naturally begin prayer with our problems rather than with praise? How might starting with praise change the way we approach prayer?
6. Read Philippians 4:6-7. What connection do you see between worship, gratitude, and experiencing God's peace?
7. What are some practical ways we can incorporate praise into everyday life?
8. Read 1 Thessalonians 5:16-18. What does it look like to "give thanks in everything" without pretending that hard circumstances are good?
9. What's one area of your life right now where you need praise to reorient your heart toward God? How can this group pray for you this week?