TECHNOLOGICAL RESPONSIBILITY

Leveraging the potential of online experiences to enhance my offline community and success

ENJOY the advantages

→ So they will . . .
EXPERIENCE BOUNDARIES & HAVE POSITIVE EXPOSURE

EXPLORE the possibilities

→ So they will . . .
UNDERSTAND CORE VALUES & BUILD ONLINE SKILLS

COLLABORATE a plan

→ So they will . . .
RESPECT LIMITS & STRENGTHEN SOCIAL ABILITIES

EXPAND their potential

→ So they will . . .
ESTABLISH PERSONAL BOUNDARIES & LEVERAGE ONLINE OPPORTUNITIES

Use the tools, but don't be used by them

Connect to other adults
Remember you're not alone.

Take pictures
Just make sure you don't miss a real moment to capture a digital one.

Limit their screen time

Purchase the protection plan
It's hard to get Play-Doh® out of the headset jack.

Have some screen-free zones and screen-free times at home

Play online games together
And occasionally use technology for learning.

Talk about technology as you use it
Or they might assume, "Mom's just playing a game."

Establish boundaries
Say things like: "Don't google, youTube, or talk to Siri unless I am with you."

Use technology to share things you enjoy
Share things like old-school music videos.

Make technology social
Play together and keep the computer in a public place.

Establish rules for online sharing
Say things like: "Don't post your home address."

Ask 3 questions about online games:
What is the content?
What is the commitment?
What is the connection?

Stay curious
Ask things like: "Have you seen anything online that surprised you?"

Follow recommended age limits
Know guidelines for apps, networks, and games.

Talk about 4 online dangers:
Porn
Violence
Bullying
Contact with strangers

Let them be the technology expert

Have clear limits and expectations for mobile devices

Share an iTunes account
Monitor and research their apps.

Script a response for when you find out something you weren't expecting

Start social media accounts together
Now it's legal.

Leverage technology for your relationship
They may say more in a text than in person.

Follow them (online) respectfully
Ask things like: "Am I commenting on your posts too often?"

Know their passwords
Keep the digital doors unlocked.

Reinforce basics
Say things like: "Mobile device content is public and can be permanent."

Rediscover what platforms and apps they are using—weekly

Leverage technology to connect to a bigger cause

Encourage them to plug into online hobbies
Suggest things like starting a blog or YouTube channel.

Consider sharing the bill

Set clear limits for mobile devices while driving.

Familiarize yourself with online education options

Outlaw all dating apps

Share an online calendar

Discuss digital content's effect on college and job applications.
Say things like: "So, about that picture you posted . . ."

ZERO TO ONE — ONE & TWO — THREE & FOUR — K & FIRST — SECOND & THIRD — FOURTH & FIFTH — SIXTH — SEVENTH — EIGHTH — NINTH — TENTH — ELEVENTH — TWELFTH

EMBRACE their physical needs

ENGAGE their interests

AFFIRM their personal journey

MOBILIZE their potential