

Working With Your Spouse: How Not to Kill Your Marriage

Episode 3 - Supplement Guide

Key Takeaways:

1. To build a life you love, partners must be complementarians, not competitors.
2. Having a shared purpose and vision is crucial for marital success.
3. Working together requires intentional rhythms, boundaries, and communication.
4. Self-awareness and personal growth are essential for a healthy partnership.
5. Championing your spouse's potential leads to mutual success.

Thought or Discussion Questions:

1. What stood out to you most from this episode? Why?
2. The hosts emphasize the importance of having a joint purpose as a couple. Have you ever discussed your shared vision and mission with your spouse or partner? If so, what is it? If not, what might it look like?
3. How do you currently view your spouse - as a competitor or a complement to your life? Share examples.
4. The podcast mentions several rhythms and boundaries for working together successfully (e.g., communication routines, work-life boundaries, defined roles). Which of these do you think would be most beneficial in your relationship? Why?
5. Tyler and Crystal shared their personal confessions about areas they've had to improve. What area do you feel you need to work on to be a better partner or teammate?
6. For those who are not married or who work with someone besides their spouse, how can you apply the principles discussed to your current relationships or future partnerships?

Practical Applications:

1. Schedule a "vision meeting" with your spouse or partner to discuss and write down your shared purpose and goals.
2. Implement one new rhythm or boundary discussed in the episode (e.g., regular check-ins, technology-free zones) for the next month. Reflect on its impact.
3. Practice intentionally championing your spouse or a close collaborator this week. Look for opportunities to complement their strengths and support their growth.
4. Commit to a week of consciously reframing negative thoughts about your partner into positive, complementary perspectives.
Share your experience at the next meeting.



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Episode 3 - 5-Day Bible Study Companion + Devotional

Day 1: Unity in Marriage and Purpose

Reading: Ecclesiastes 4:9-12

Devotional: God designed marriage as a partnership, not a competition. Just as the passage states, "Two are better than one," we are called to work together in unity with our spouse. Reflect on how you can better complement your partner's strengths and champion their growth. Consider writing a joint mission statement for your marriage, focusing on how you can serve God's purpose together. How can you shift from a mindset of individual success to one of shared purpose and mutual support?

Day 2: Overcoming Insecurity with God's Love

Reading: 1 John 4:16-19

Devotional: Insecurity can lead us to place unfair expectations on our spouse or try to control situations. However, God's perfect love casts out fear. Meditate on how deeply God loves you, accepting you fully as you are. How can embracing this divine love help you release control and trust both God and your spouse more fully? Practice affirming God's love for yourself and extending that same grace to your partner today.

Day 3: Renewing Your Mind for Godly Partnerships

Reading: Romans 12:1-2

Devotional: Transforming our relationships often begins with renewing our minds. Reflect on any worldly patterns of thinking that may be hindering your ability to work in harmony with others, especially your spouse. Ask God to help you identify and reframe these thought patterns. How can you practically "offer your body as a living sacrifice" in your marriage or other key relationships today? Consider one specific way you can serve your partner selflessly.

Day 4: Building a Legacy of Faith

Reading: Deuteronomy 6:4-9

Devotional: God calls us to create a legacy of faith that impacts future generations. Ponder the vision you have for your family's spiritual heritage. How are you currently instilling faith in your children or those you influence? Brainstorm creative ways to weave God's word into your daily routines and conversations. Commit to implementing one new practice that will help solidify faith as the foundation of your home and relationships.

Day 5: Persevering in Unity Through Challenges

Reading: Philippians 2:1-4

Devotional: Working closely with others, especially a spouse, inevitably brings challenges. Yet Christ calls us to have the same mindset as Him – one of humility and considering others above ourselves. Reflect on a recent conflict or disagreement you've faced in a close relationship. How could applying the principles in this passage have changed the outcome? Ask God for the strength to approach future difficulties with a Christ-like attitude, seeking unity even when it's difficult.

