

Resilience & Faith: The Story of StoryHeights Church

Episode 4 - Supplement Guide

Key Takeaways:

1. To build a life you love, partners must be complementarians, not competitors.
2. Having a shared purpose and vision is crucial for marital success.
3. Working together requires intentional rhythms, boundaries, and communication.
4. Self-awareness and personal growth are essential for a healthy partnership.
5. Championing your spouse's potential leads to mutual success.

Thought or Discussion Questions:

1. The hosts talk about a "stage of wonder." What does this mean to you? Have you experienced something similar with your own ideas or dreams?
2. How do you balance protecting a new idea or vision with seeking input from others? When is the right time to share?
3. The podcast mentions that pain is often part of the process. How have you experienced or observed this in pursuing goals or dreams?
4. What does "getting healthy" mean in the context of pursuing a vision? Why is it important?
5. The hosts had to take several leaps of faith. What's a time you had to step out in faith? What was the result?
6. How do you discern between a "foolish" step of faith and an unwise decision?

Practical Applications:

1. Soil Check: Take some time this week to reflect on your mental, emotional, and spiritual health. Are there areas that need attention to create fertile ground for your dreams?
2. Wonder Journal: Start a journal where you can freely explore "what if" questions and ideas without judgment.
3. Faith Step Challenge: Identify one small step of faith you can take this week toward a goal or dream you have. Share it with the group for accountability.
4. Vision Board: Create a visual representation of a dream or goal you have. Include scriptures, quotes, or images that inspire you.



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Episode 4 - 5-Day Bible Study Companion + Devotional

Day 1: Planting Seeds of Faith

Reading: Matthew 13:31-32

Devotional: Just as Jesus compared the kingdom of heaven to a tiny mustard seed that grows into a large tree, our faith often starts small but has immense potential. Reflect on the "seeds" God has planted in your heart - dreams, callings, or visions that seem impossible. How can you nurture these seeds with prayer, patience, and trust in God's timing? Remember, even when your faith feels small, God can use it to accomplish great things. Today, ask God to help you lean into the wonder of His plans for your life.

Day 2: Embracing the Journey of Faith

Reading: Hebrews 11:1-6

Devotional: Faith is the assurance of things hoped for and the conviction of things not seen. The heroes of faith listed in Hebrews took bold steps into the unknown, trusting God's promises. Like Tyler and Crystal moving to Boston with limited resources, God may be calling you to step out in "foolish faith." What areas of your life require you to trust God beyond your understanding? Pray for courage to follow God's leading, even when the path seems uncertain or illogical to others.

Day 3: God's Presence in Our Struggles

Reading: Romans 8:18-28

Devotional: Life's challenges - loss, rejection, financial hardship - can feel overwhelming. Yet Paul reminds us that our present sufferings pale in comparison to the glory that will be revealed in us. Reflect on a time when you felt God's presence during a difficult season. How did that experience shape your faith? Remember that God works all things together for the good of those who love Him. Today, invite God into your current struggles, trusting that He is with you and working for your ultimate good.

Day 4: The Power of Purpose Over Pain

Reading: 2 Corinthians 1:3-7

Devotional: Pain and setbacks can fuel our actions, but working from a place of pain is unsustainable. Paul encourages us to find comfort in God so we can comfort others. How can you reframe your past hurts as preparation for your purpose? Ask God to heal any lingering pain and redirect your focus to the ways He wants to use your experiences to bless others. Consider how your story of overcoming can bring hope to someone else today.

Day 5: Building with Perseverance

Reading: James 1:2-4

Devotional: James tells us to consider trials as joy, knowing they produce perseverance and maturity. Building something meaningful - whether a church, a business, or a family - requires endurance through challenges. Reflect on the "building process" God has you in right now. What obstacles are you facing? How can you view these as opportunities for growth rather than setbacks? Pray for God's strength to keep building, even when progress seems slow. Remember that God is faithful to complete the good work He has started in you.

