

Kids - Legacy, Not Limitation

Episode 6 - Supplement Guide

Key Takeaways:

1. Kids are an investment, not just an expense.
2. Children can energize you, not just exhaust you.
3. Kids provide opportunities, not just encumbrances.
4. Your children are your legacy, not your limitation.

Thoughts or Discussion Questions:

1. The episode mentions reframing kids as an "investment" rather than an "expense." How does this perspective shift change your approach to parenting or family planning?
2. What creative solutions have you found (or can you think of) to manage the financial aspects of raising children?
3. How have your children (or children in your life) energized you or given you a new perspective on life?
4. Discuss the importance of setting boundaries and schedules as parents. How does this impact the overall energy and health of the family?
5. The hosts emphasize the importance of emotional health for parents. How can we practically work on our own emotional well-being to become better parents or role models?
6. What does it mean to you that your children are your "legacy"? How does this impact your parenting decisions?

Practical Applications:

1. This week, identify one area where you can set a better schedule or boundary in your family life to conserve energy.
2. If you're struggling with seeing your children as a limitation, write down three ways they've positively impacted your life or provided new opportunities.
3. For those without children, consider how you can invest in the next generation through mentoring or supporting families in your community.
4. Reflect on your own childhood experiences. How can you use these reflections to improve your parenting or interactions with children?
5. Plan a family activity that allows you to see the world through your children's eyes, embracing their perspective and energy.

Remember, your children are not just a responsibility, but an opportunity to shape the future and leave a lasting legacy.

How will you embrace this opportunity this week?



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Episode 6 - 5-Day Bible Study Companion + Devotional

Day 1: Legacy Over Limitation

Reading: Proverbs 13:22 and Deuteronomy 6:6-7

Devotional: God's perspective on children is one of blessing and legacy, not burden. Just as a good person leaves an inheritance for future generations, we are called to invest in our children spiritually, emotionally, and physically. Reflect on how you can view the challenges in your life, especially those related to family, as opportunities for growth and legacy-building rather than limitations. How can you intentionally pass on your faith and values to the next generation?

Day 2: God Provides Where He Guides

Reading: Matthew 6:25-34 and Philippians 4:19

Devotional: When faced with financial concerns, especially regarding family planning, it's easy to let fear guide our decisions. However, God promises to provide for our needs when we seek His kingdom first. Reflect on times in your life when God has provided unexpectedly. How can you cultivate a heart of trust in God's provision, even when circumstances seem challenging? Consider creative ways you might steward your resources to align with God's purposes for your life and family.

Day 3: Embracing God's Grace in Parenting

Reading: 2 Corinthians 12:9-10 and Ephesians 6:4

Devotional: Parenting can be exhausting, revealing our weaknesses and need for God's grace. Yet, it's in these moments of weakness that God's power is perfected. Reflect on how your parenting journey has drawn you closer to God and made you more aware of your need for His strength. How can you model reliance on God's grace to your children? Consider ways to create a home atmosphere that nurtures spiritual growth, balancing discipline with love, just as our Heavenly Father does with us.

Day 4: Healing Generational Patterns

Reading: Ezekiel 18:20 and 2 Corinthians 5:17

Devotional: Our childhood experiences often shape our parenting, for better or worse. But in Christ, we have the power to break negative cycles and establish new, healthy patterns. Reflect on aspects of your upbringing that you want to change or heal. How can you invite God into this healing process? Consider seeking godly counsel or mentorship to help you navigate these changes.

Day 5: Cultivating a Kingdom Perspective

Reading: Matthew 19:13-15 and Mark 10:13-16

Devotional: Jesus welcomed children, seeing them not as a nuisance but as precious members of God's kingdom. This challenges us to view our children and family responsibilities through God's eyes - as opportunities rather than encumbrances. Reflect on how you can cultivate a more kingdom-oriented perspective in your family life. How can you create space for wonder, joy, and spiritual growth in your home?

