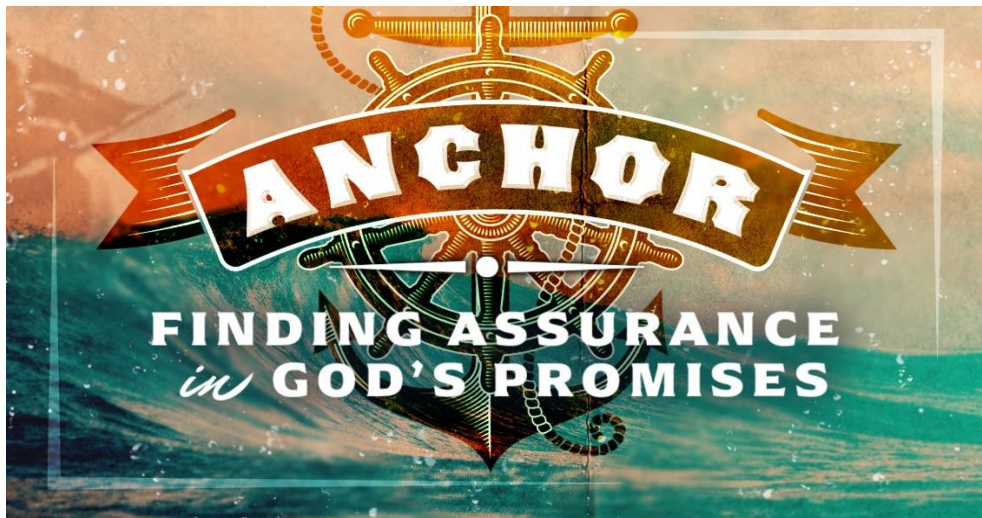


Discovery Service Order and Message Outline



WELCOME TO COWPLAIN CHURCH Assistant Pastor Chris
SINGING TOGETHER Blessed be the name of the Lord
We stand and lift up our hands

PRAYER
SINGING TOGETHER My Jesus my saviour
UPDATES Assistant Pastor Chris
SINGING TOGETHER The cross stands
BIBLE READING Psalm 46:1-11 (Church Bible page 620)
MESSAGE Taught by Assistant Pastor Sam
SINGING TOGETHER Strength will rise



Anchor ~11 How to rely on God in the struggles of life Psalm 46:1-11

WHEN STRUGGLE COMES

NATURAL REACTION #1: R _____

Then everyone deserted him and fled. Mark 14:50 NIV

NATURAL REACTION #2: C _____

Now the people complained about their hardships. Numbers 11:1 NIV

NATURAL REACTION #3: D _____

'John the Baptist, who was in prison, heard about all the things the Messiah was doing. So he sent his disciples to ask Jesus, "Are you the Messiah we've been expecting or should we keep looking for someone else?"' Matthew 11:2 NLT

'Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"' Mark 4:38 NIV

NATURAL REACTION #4: W _____

Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root. Matthew 13:5-6 NIV
⁰ The seed falling on rocky ground refers to someone who hears the word and at once receives it with joy. ²¹ But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. Matthew 13:20-21 NIV

Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness. Colossians 2:7 NLT

*Be **still**, and **know** that I am God! Psalm 46:10 NIV*

BE STILL

1. To be still I need to _____.

2. To be still I need to _____.

But Moses told the people, "Don't be afraid. Just stand still and watch the Lord rescue you today. The Egyptians you see today will never be seen again. The Lord himself will fight for you. Just stay calm." Exodus 14:13-14

AND KNOW

1. To 'know God' I need a _____ with Him through Jesus Christ.

He has invited you into partnership with his Son, Jesus Christ our Lord. 1 Corinthians 1:9 NLT

2. To 'know God' I need to _____ and _____ what the Lord has done.

Come and see what the Lord has done. Psalm 46:8 NIV

"Come and see," said Philip. John 1:46 NIV

3. To 'know God' I need to _____ in _____ of Jesus Christ.

They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!" Mark 4:41 NIV

When the centurion and those who were with him, keeping watch over Jesus, saw the earthquake and what took place, they were filled with awe and said, "Truly this was the Son of God!" Matthew 27:54 ESV

YOU ARE IN HIM (S _____)

1. If I know Jesus Christ as my Saviour, I am _____ in Him

God is our refuge and strength, an ever-present help in trouble. The Lord Almighty is with us; the God of Jacob is our fortress. Psalm 46: 1, 7, 11

2. so I have no need to fear what _____

When my heart is overwhelmed; lead me to the rock that is higher than I. Psalm 61:2 NKJV
What shall we say about such wonderful things as these? If God is for us, who can ever be against us? Romans 8:31 NLT

HE IS IN YOU (E _____)

1. If I know Jesus Christ as my Saviour, He is in me _____

the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for **He dwells with you and will be in you.** John 14:7 NKJV

My old self has been crucified with Christ. It is no longer I who live, but **Christ lives in me.** So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me. Galatians 2:20 NLT

2. so I have no need to fear what _____

When I am afraid, I put my trust in you. Psalm 56:3 NIV

T _____; G _____; M _____

Rather, **cling tightly** to the Lord your God as you have done until now Joshua 23:8 NLT

1. "You can trust God _____ but You can never trust God _____" James Hudson Taylor

In all this you greatly rejoice, though now for a little while you may have had to **suffer grief in all kinds of trials.** These have come so that the proven genuineness of **your faith**—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honour when Jesus Christ is revealed. 1 Peter 1:6-7 NIV



SMALL GROUP SERMON DISCUSSION

1. When you think about times of trouble, struggle and trial how do people naturally react?
2. Look at these verses and discuss the dangers of these opposites of trusting God and what we should do with these natural responses from our hearts.
 - Run/ Distractions: Read 2 Timothy 4:9-10,16-18
 - Complaining: Read Numbers 11:1, 1 Corinthians 10:9, Philippians 2:14
 - Doubting: Doubting God's character. Read Mark 4:38
 - Withering: Lose our way. Read Matthew 13:20-21
3. How does the truth of our unchanging position before God help us in times of trouble? Read Romans 8:1, 9-11,14-25,31-39
4. How does God's indwelling presence empower us in times of trouble? Read Ephesians 1:13-14, 2 Corinthians 1:21-22, Psalm 23
5. How does Paul interpret the trials he faces? What lessons can we draw from this? Read 2 Corinthians 1:3-11
4. Find and Watch Rachel Riisnaes' story. YouTube- Foundation Matters- Real Lives- 'Rachel- inspiring testimony of hope in fight against cancer.' Discuss how Rachel and her family pulled through this time. What Bible verses did Rachel and her family hold onto?
5. Read Psalm 61:1-4. How do we cling to God when troubles come?
6. Read 1 Peter 1:6-7. What does maturity look like in a Christian? How does a Christian grow to maturity?

Watch us on



Watch and listen to the message again, or an archived message by going to www.youtube.com/cowplainchurch.