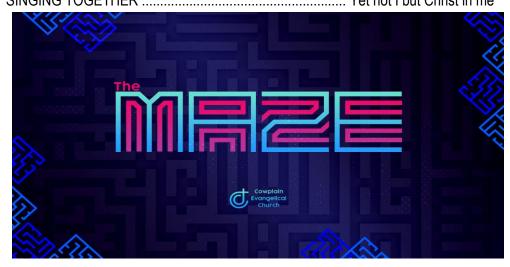
#### **Discovery Service Order and Message Outline**



WELCOME TO CEC	Pastor Phill
	Let our praise be your welcome
	He's coming on the clouds (The Lion and the Lamb)
PRAYER	
UPDATES	Pastor Phill
SINGING TOGETHER	Holy, holy is the Son of God (He is Worthy)
	My Jesus, My Saviour
BIBLE READING	Hebrews 12:1-13 (Church Bible page 1210
MESSAGE	Taught by Pastor Phill
	Vet not I but Christ in me



# The Maze ~5 How to endure like Jesus. Hebrews 12:1-13

'Since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily hinders our progress. And let us run with endurance the race that God has set before us. We do this by keeping our eyes on Jesus, on whom our faith depends from start to finish. Jesus was willing to die a shameful death on the cross because of the joy he knew would be his afterward. Now he is seated in the place of highest honour beside God's throne in heaven. Think about all he endured when sinful people did such terrible things to him, so that you don't become weary and give up!'

1. Reme	mber	how much God	me. (COMPASSION
T - 1	,	# 1 1 40 47 NU T	

'The Father loves me!' John 10:17 NLT

'Just as the Father has loved me, so have I loved you. Now remain in my love. If you obey my commands, you will remain in my love...' John 15:9-10 NIV

'How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!' 1 John 3:1 NIV

#### 2. Remember who \_\_\_\_\_\_\_. (IDENTIFICATION)

'I am...the Light of the world...the Son of God...the Way, the Truth and the Life...the Bread of life...' Mark 14:62, John 6:35, 8:12, 14:6

'I testify on my own behalf.' John 8:18 TEV

'Jesus said, 'YOU are the salt of the earth! ...And YOU are the light of the world...don't hide your light!" Matthew 5:13-16 NIV

#### 3. Know who I'm trying to \_\_\_\_\_\_. (MOTIVATION)

'No one can serve two masters...' Luke 16:13 NIV

'I am not trying to do what I want, but only what my Father who sent me wants?' John 5:30 TEV

'I always do those things that are pleasing to Him.' John 8:29 NLT

Paul: 'I'm not trying to be a people pleaser! No, I am only trying to please God. If I were still trying to please people, I wouldn't be Christ's servant.' Galatians 1:10 NLT **4. I know my \_\_\_\_\_\_. (VOCATION)**'I know where I came from and I know where I'm going.' John 8:14 NIV 'A person who has doubts is thinking about two different things at the same time and can't make up his mind about anything.' James 1:8 GW 'I urge you to live a life worthy of the calling you have received.' Ephesians 4:1 NIV 5. \_\_\_\_\_ on what matters most. (CONCENTRATION)

'As the time drew near for his return to heaven, he moved steadily onward toward Jerusalem with an iron will.' Luke 9:51 LB

'Anyone who lets himself be distracted from the work I plan for him is not fit for the Kingdom of God.' Luke 9:62 LB

'We are free to do anything but not all things are helpful or profitable or wholesome or constructive to your character and spiritual life.' 1 Corinthians 10:23 Amp

## **6. Spend time** \_\_\_\_\_ with God. (MEDITATION) 'It was Jesus' habit to go out to the Mount of Olives to pray, and his disciples followed

him.' Luke 22:39 NIV

'Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.' Mark 1:35 NIV

'News about Jesus spread even more. Crowds came to hear him and to be healed...but Jesus often slipped away to be alone so he could pray.' Luke 5:15-16 NCV

'Plant your roots in Christ and let him be the foundation for your life.' Colossians 2:7 CEV

### 7. Join a \_\_\_\_\_ for support. (COLLABORATION)

'Jesus chose twelve -- designating them apostles -- that they might be with him...' Mark 3:14 NIV

'Jesus said to them, 'My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." Matthew 26:38 NIV



#### SMALL GROUP SERMON DISCUSSION

- 1. Read Hebrews 12:1-3. One of Jesus' secrets of endurance was his assurance that the Father loved him, as John 10:17 says. In the same way, one of the foundations for our endurance is remembering how much God loves us. How can we know we're secure in God's love according to Hebrews 12:1-3, John 15:9-10, and 1 John 3:1?
- 2. Another secret of Jesus' endurance was that he was sure who he really was; he didn't depend on others to validate himself as John 8:18 says. What did Jesus say in Mark 14:62, John 6:35, 8:12, and 14:6 with regard to his identity? Similarly, what did Jesus say with regard to our identity in Matthew 5:13-16?
- 3. Luke 16:13 says, "No one can serve two masters"; because it just leads to stress! A secret of Jesus' endurance was that he was only trying to please one person—God! In Galatians 1:10, what did Paul say with regard to being a "people pleaser"? Discuss practical ways to remember this principle and follow through with it.
- 4. In John 8:14, Jesus said, "I know where I came from and I know where I'm going." In Ephesians 4:1, Paul urged believers to live "worthy of the calling you have received." When we're following our calling, we're closer to God! How does walking with Christ increase our endurance?
- 5. Jesus focused on fulfilling his calling; see Luke 9:51. Discuss how focusing on what matters most, as in Luke 9:62 and 1 Corinthians 10:23, leads to fulfilling our calling.
- 6. Luke 22:39 says it was Jesus' "habit" to pray, and Luke 5:15-16 says Jesus "often" slipped away to pray. For many of us, it's difficult to maintain the habit of prayer. What can we learn from Colossians 2:7 about the importance of spending time alone with God? Discuss how prayer and meditation in Christ helps us to manage our stress.



Watch and listen to the message again, or an archived message by going to www.youtube.com/cowplainchurch.