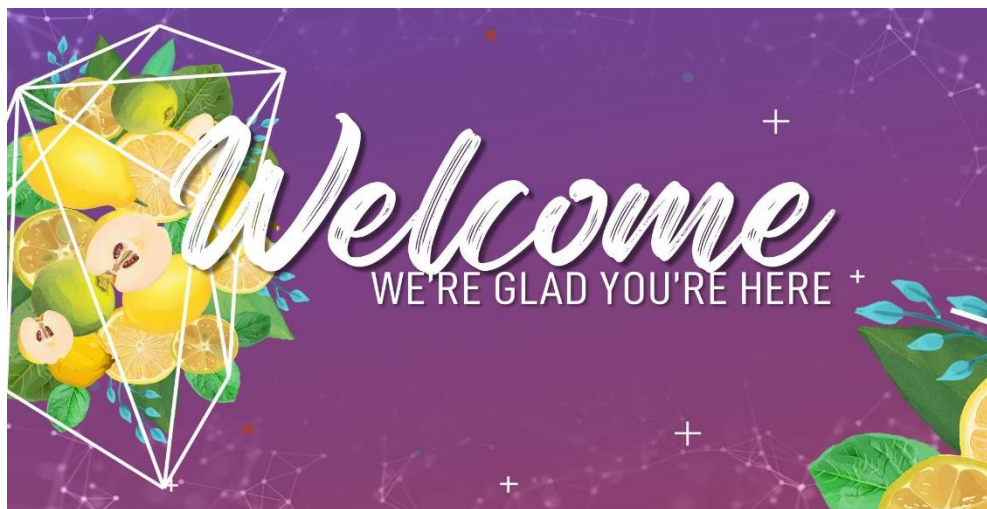
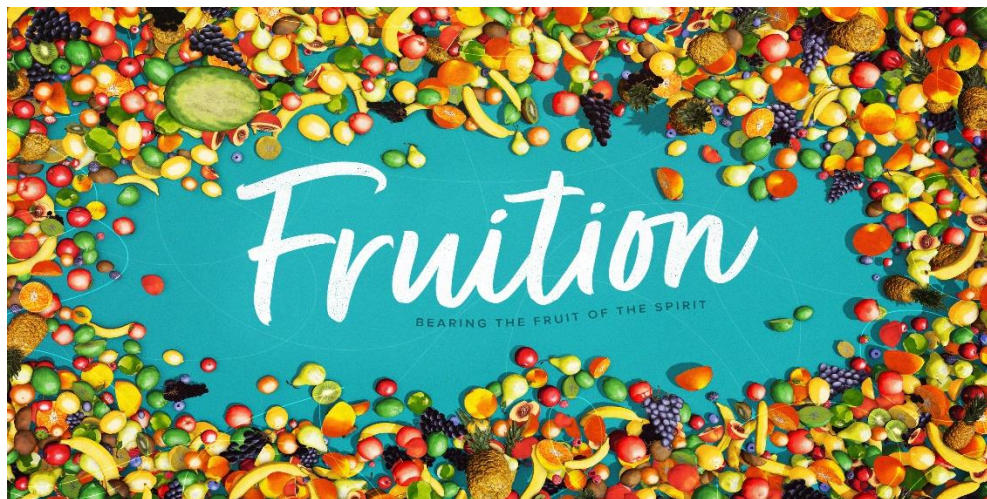


## Discovery Service Order and Message Outline



WELCOME TO CEC..... Pastor Phill  
SINGING TOGETHER ..... Happy day  
Blessed be Your Name

PRAYER  
SINGING TOGETHER ..... This is the Day  
UPDATES ..... Pastor Phill  
SINGING TOGETHER ..... 10,000 reasons  
BIBLE READING ..... Philippians 4:1-9 (Church Bible page 1232)  
MESSAGE ..... Taught by Pastor Phill  
SINGING TOGETHER ..... Come people of the risen King



## Fruition ~3

### How to always be happy. (The fruit of Joy) Philippians 4:1-9

*'Always be full of joy in the Lord. I say it again—rejoice!'* Philippians 4:4 NLT

#### 1. \_\_\_\_\_.

*'Where do all the fights and quarrels among you come from? They come from your desires... which are constantly fighting with your bodies... you strongly desire things but you cannot get them, so you quarrel and fight.'* James 4:1-2 GN

*'Wherever there is jealousy or selfish ambition, there will be disorder and every other kind of evil.'* James 3:16 GN

#### 2. \_\_\_\_\_.

*'Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble, hurting many in their spiritual lives.'* Hebrews 12:15 NIV

*'The fool who provokes his family to anger and resentment will finally have nothing worthwhile left.'* Proverbs 11:29 LB

#### 3. \_\_\_\_\_.

*'An anxious heart weights a man down.'* Proverbs 12:25 NIV

*'There is a time for everything... a time to weep and a time to laugh, a time to mourn and a time to dance.'* Ecclesiastes 3:1, 4 NIV

*'The Lord your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.'*  
Zephaniah 3:17 NIV

*'I have told you this so that you will be filled with my joy. Yes you're joy will overflow.'*  
John 15:11 NLT

*'When the Holy Spirit controls our lives, He will produce this kind of fruit in us love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.'*  
Galatians 5:22-23 NLT

### 1. Joyful people are \_\_\_\_\_ people.

*'I have loved you even as the Father has loved me. Remain in my love. You will be filled with my joy. Yes, your joy will overflow.'* John 15:9,11 NLT

*'(The Ethiopian) went on his way rejoicing.'* Acts 8:39 NIV

*'Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross.'* Hebrews 12:2 NIV

### 2. Joyful people are \_\_\_\_\_ people.

*'I command you to love each other in the same way that I love you.'* John 15:12 NLT

### 3. Joyful people are \_\_\_\_\_ people.

*'I know the Lord is always with me. I will not be shaken for He is right beside me. No wonder my heart is filled with joy and my mouth shouts His praises!'*

Psalms 16:8-9 NLT

*'Don't be dejected and sad, for the joy of the LORD is your strength!'*

Nehemiah 8:10 NLT

*'No one will take away your joy.'* John 16:22 NIV

*'All honour to the God and Father of our Lord Jesus Christ, for it is by his boundless mercy that God has given us the privilege of being born again. Now we live with a wonderful expectation because Jesus Christ rose again from the dead. For God has reserved a priceless inheritance for his children. It is kept in heaven for you, pure and undefiled, beyond the reach of change and decay. And God, in his mighty power, will protect you until you receive this salvation, because you are trusting him. It will be revealed on the last day for all to see. So be truly glad! There is wonderful joy ahead, even though it is necessary for you to endure many trials for a while. These trials are only to test your faith, to show that it is strong and pure. It is being tested as fire tests and purifies gold—and your faith is far more precious to God than mere gold. So if your faith remains strong after being tried by fiery trials, it will bring you much praise and glory and honour on the day when Jesus Christ is revealed to the whole world. You love him even though you have never seen him. Though you do not see him, you trust him; and even now you are happy with a glorious, inexpressible joy. Your reward for trusting him will be the salvation of your souls.'*

1 Peter 1:3-9 NLT



#### SMALL GROUP SERMON DISCUSSION

1. Discuss what you think is the difference between joy and happiness.
2. Look at the three killjoys. Which one affects you the most when it comes to losing joy in your relationships?
3. Read Philippians 4:4. Is it realistic to be full of joy all the time? Now read 2 Corinthians 11:23-31. This is written by the same person who wrote Philippians 4:4. Does this put a different light on your discussions?
4. Why do we have this image of God as a sombre, serious, dour, big, divine, cosmic killjoy? How has the church given people this perception when the Bible says that God is full of joy? How have you given people this perception of God?
5. Zephaniah 3:17. How does that make you feel that God rejoices over you with singing?
6. Joy is the presence of God. It's not the removal of suffering and pain and difficulty. It is the awareness that there is a God who is with you in the midst of the suffering and the difficulty. How does the presence of God in our lives help us to live with joy each day?
7. How does realising the extent that God loves you raise the level of joy in your life? See John 15:9&11.
8. How does our joy in the Lord affect how we love others? See John 15:9-12 and follow the flow of thought.
9. In what ways is the joy of the Lord our strength? See Nehemiah 8:10.
10. Read 1 Peter 1:6-8 to encourage each other before you pray together.



Watch and listen to the message again, or an archived message by going to [www.youtube.com/cowplainchurch](http://www.youtube.com/cowplainchurch).