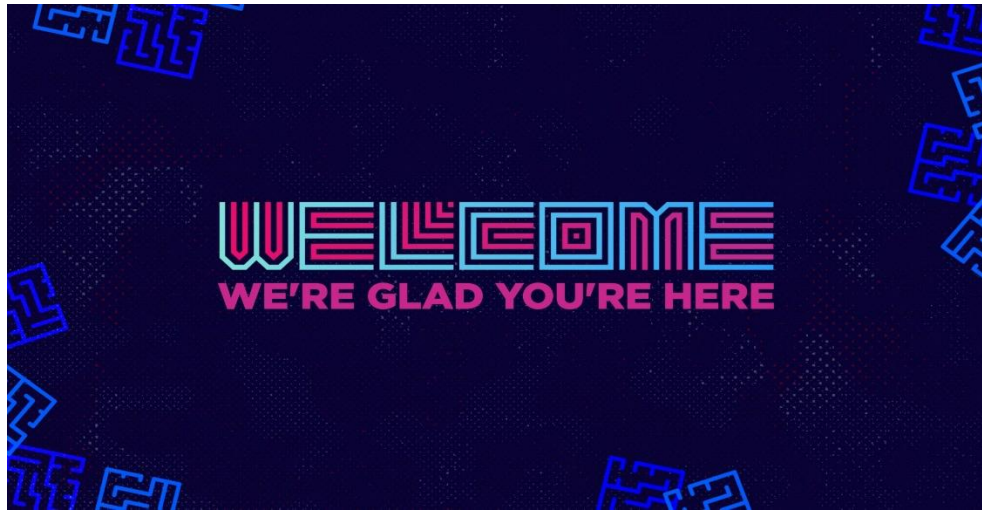


Discovery Service Order and Message Outline



WELCOME TO CEC..... Pastor Phill
SINGING TOGETHER My Saviour Redeemer
Goodness

PRAYER
SINGING TOGETHER Holy Overshadowing
UPDATES Pastor Phill
SINGING TOGETHER Come to me
BIBLE READING Matthew 11:1-6, 25-30 (Church Bible page 1028)
MESSAGE Taught by Pastor Phill
SINGING TOGETHER Just as I am (I come broken)



The Maze ~4 How to keep your soul full. Matthew 11:1-6, 25-30

Reasons that we run out of fuel:

1. Not starting out with a _____ tank.
2. Being _____ to stop and refuel.
3. Ignoring the owner's _____.
4. Being in a _____.
5. Not paying attention to my _____.
6. Being _____.
7. Not knowing where to find a _____ station.

'My eyes have no more tears, and I am sick to my stomach. I feel empty inside.' Lamentations 2:11 NCV

'I am given months that are empty, and nights of misery.' Job 7:3 NCV

'I have laboured in vain, I have spent my strength for nothing and in empty futility.' Isaiah 49:4 AMP

'Even though I am the appointed King, I feel empty.' 2 Samuel 3:39 NCV

'If you're tired from carrying heavy burdens, come to me and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.' Matthew 11:28-30 CEV/NIV

How to stay filled:

1. Get fed up with how I've been _____.

SOLOMON: *'The Lord gave us a mind and conscience so we cannot hide from ourselves... But sometimes it takes a painful experience to make us change our ways!'*
Proverbs 20:27, 30 GN

LOST SON: *'He went to a country far away, where he wasted his money in reckless living. He spent everything he had. Then a severe famine spread over that country, and he was left without a thing. So he went to work for one of the citizens of that country, who sent him out to his farm to take care of the pigs. He wished he could fill himself with the bean pods the pigs*

ate, but no one gave him anything to eat. At last he came to his senses and said, 'All my father's hired workers have more than they can eat, and here I am about to starve!' So he got up and started back to his father.' Luke 15:13-20 TEV

JONAH: 'When I had lost all hope, I turned my thoughts once again to the Lord.'
Jonah 2:7 NLT

2. Come to _____.

'Come to me, all of you who are tired from carrying heavy loads, and I will give you rest.'
Matthew 11:28 TEV

'Whoever comes to me, I will never reject.' John 6:37 LB

'He gives power to those who are tired and worn out; he offers strength to the weak.'
Isaiah 40:29 NLT

3. Give up _____.

'Take my yoke upon you.' Matthew 11:29 NIV

'For my yoke is easy and my burden is light.' Matthew 11:30 NIV 'My yoke fits perfectly.' NLT

'Pile your troubles on God's shoulders. He'll carry your load and help you out.'
Psalm 55:22 MSG

'Since we live by the Spirit, let us keep in step with the Spirit.' Galatians 5:25 NIV

'Our lives get in step with God by letting him set the pace.' Romans 3:28 MSG

4. Learn to _____.

'Learn from me; for I am gentle and humble in heart, and you will find rest for your souls.'
Matthew 11:29 NIV

'Since the Lord is directing our steps, why try to understand everything that happens along the way.' Proverbs 20:24 LB

'When I am ready to give up, he knows what I should do.' Psalm 142:3 GN

5. Start every day by _____ my tank.

'Find a quiet, secluded place so you won't be tempted to roleplay before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace.' Matthew 6:6 MSG

6. Stay connected to my spiritual _____.

'Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more.' Hebrews 10:25 GN

'The church is Christ's body and it is filled with Christ who completely fills everything else.'
Ephesians 1:23 CEV



1. Discuss the 7 reasons we run out of fuel. Which ones do you struggle with? What might you do to start to eliminate them to begin the process of refilling your tank?
2. Read Proverbs 20:27, 30. What are some things that it takes for a person to get fed up with a circumstance that has been draining their tank and make a change?
3. Read Matthew 11:28. Have you tried coming to Jesus when you needed rest for your soul and what was the result? If not, what's holding you back?
4. Read Psalm 55:22. What are some steps and advice you could give to someone to let go and let God have control?
5. Read Proverbs 20:24, Psalm 142:3. Are you the type of individual that trusts yourself rather than God, and if so, why? How can you learn to trust in God?
6. Read Matthew 6:6. What are some ways you can start your day by focusing on Jesus? What are some of the things you do that works well for you?
7. Read Hebrews 10:25. Why is it important to stay connected to your spiritual family? What does staying connected mean to you?

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The Teaching Ministry at Cowplain Evangelical Church