

WELCOME
WE ARE GLAD YOU'RE HERE

WELCOME TO CEC..... Robbie Matthews
SINGING TOGETHER All the glory
PRAYER
UPDATES Pastor Phill
SINGING TOGETHER You won't get to heaven on the back of a camel
I stand amazed in the presence
BIBLE READING 2 Samuel 12:1-25 (Church Bible page 367)
MESSAGE Taught by Pastor Phill
COMMUNION Turn your eyes upon Jesus
It is well with my soul
Come behold the wondrous mystery

Death, where is your sting? ~10
How to grieve with hope.
2 Samuel 12:1-25

WHAT THE BIBLE SAYS ABOUT GRIEF:

1. Grief is an important _____.

'Oh, that my eyes were a fountain of tears; I would weep forever! I would sob day and night for all my people who have been slaughtered.' Jeremiah 1:9 NIV

'Blessed are those who mourn, for they shall be comforted.' Matthew 5:4 NIV

2. Grief is _____.

'Jesus saw her weeping, [Lazarus' sister Mary] and he saw how the people with her were weeping also; his heart was touched, and he was deeply moved...Jesus wept. "See how much he loved him!" the people said.' John 11:33-36 TEV

'Get up, cry out in the night. Cry all through the night. Pour out your heart like water in prayer to the Lord. Lift up your hands in prayer to him.' Lamentations 2:19 GW

Psalms of Lament: Psalm 3-7,9,10,12-14,17,22,25-28,31,35,36,38,39,41-44,51-61,64,70,71,74,77,79,80,82,83,85,86,88,90,94,102,109,137,139-143,145

3. God grieves _____.

'The Lord is close to the broken-hearted and he saves those who are crushed in spirit.' Psalm 34:18 NIV

'The LORD is like a father to his children, tender and compassionate to those who fear him. For he understands how weak we are.' Psalm 103:13-14 NLT

4. Grief is healed in _____.

'Carry each other's burdens, and in this way you will fulfil the law of Christ.' Galatians 6:2 NIV

'When others are happy, be happy with them. If they're sad, share their sorrow.' Romans 12:15 NLT

5. Grief takes _____.

'There's a time for everything. There's a season for every activity under heaven...a time to weep and a time to laugh, a time to mourn and a time to dance.' Ecclesiastes 3:1, 4 NIV



STEPS TO MOVE ON IN SPITE OF THE LOSSES IN LIFE:

1. Accept what cannot be _____.

'David replied, "I fasted and wept while the child was alive, for I said, 'Perhaps the LORD will be gracious to me and let the child live.' But why should I fast when he is dead? Can I bring him back again?" 2 Samuel 12:22-23 NLT

2. Remember it's not the end of the _____.

'I will go to him one day, but he cannot return to me.' 2 Samuel 12:23 NLT

'To console those who mourn in Zion, To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness.' Isaiah 61:3 NKJV

3. Take care of _____.

'Then David got up from the ground, washed himself, put on lotions, and changed his clothes.' 2 Samuel 12:20 NLT

4. Refocus on God through _____.

'Then he went to the Tabernacle and worshiped the Lord.' 2 Samuel 12:20 NIV

5. Do something _____.

'After that, he returned to the palace and ate.' 2 Samuel 12:20 NIV

'We live by faith, not by sight.' 2 Corinthians 5:7 NIV

6. Keep on loving even in your _____.

'Then David comforted Bathsheba, his wife, and slept with her. She became pregnant and gave birth to a son, and they named him Solomon.' 2 Samuel 12:24 NLT

'We know what real love is because Christ gave up his life for us. And so we also ought to give up our lives for our Christian brothers and sisters.' 1 John 3:16 NLT

'Death has been swallowed up in victory. Where, O death, is your victory? Where, O death, is your sting? The sting of death is sin, and the power of sin is the law. But thanks be to God! He gives us the victory through our Lord Jesus Christ.'

1 Corinthians 15:54-57 NIV



1. We often refuse to grieve after we suffer a loss, even though the process of grieving is a healthy choice. Read John 11:33-36. When you reflect on these verses, what did Jesus teach Lazarus' sister and those around them?

2. We often think we are alone in our struggles, but what does the Lord promise in Psalm 34:18? Rather than trying to deal with our losses all by ourselves instead of accepting God's grace, how can a loss help you get closer to God.

3. Jesus says you will be comforted when you mourn in Matthew 5:4. Is it difficult to look to Jesus for comfort? Why or why not?

4. When others are grieving, we're often tempted to relate a story of how we've experienced a similar grief. However, comparing our grief with someone else's never comforts. Even if the loss was similar, we all experience loss differently. Describe how you would help someone in their grief if you followed Romans 12:15?

5. The first step David took in dealing with his deep pain and grief was to accept what couldn't be changed. Read the background story from 2 Samuel 12:16-24. What did David say in v23 to indicate he realized that this horrible tragedy was not the end of the story?

6. At some point in our grief we all need to say, *"Lord, I believe. Help my unbelief"* (Mark 9:24). What can help a person keep from being stuck in the present—to move from the past into the future?

7. David was a man who knew pain and loss. This became the basis for many of his Psalms. In 2 Samuel 12:20 David went to the temple to worship. What can we learn from David's example?

8. Another step in surrendering is to do something productive. In 2 Samuel 12:20, we read that after David took care of himself and began to worship the Lord, he returned to the palace, his place of work. Discuss the importance of productivity—start moving—even though you are still mourning loss.

9. Grief can cloud our view of God, but one thing that helps is getting outside or going to a place that reminds us of God's glory, greatness, and grace. Share a memory of a time that getting away with God helped you get through a hard time.

10. 1 Corinthians 15:54-57 has been our key verses all through the series. How has a better understanding of heaven helped you to believe these verses?

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