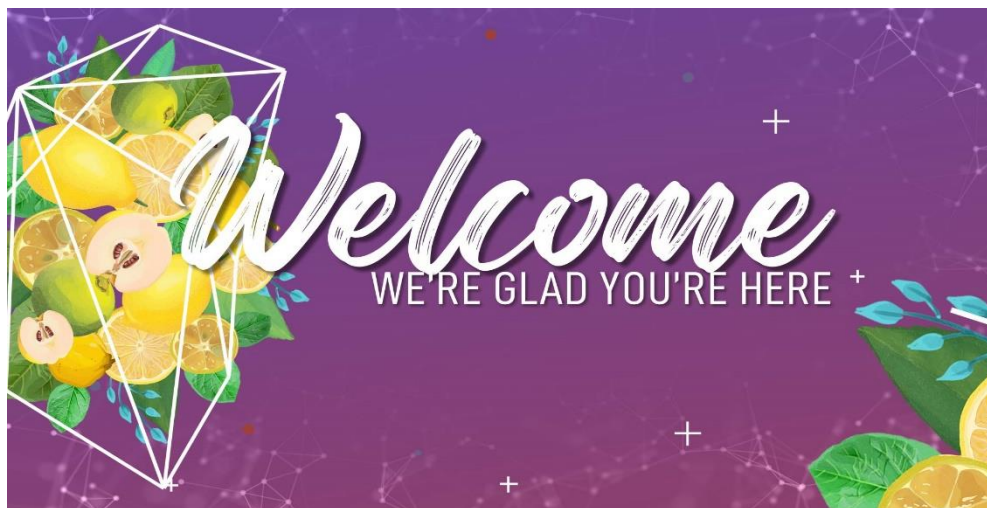
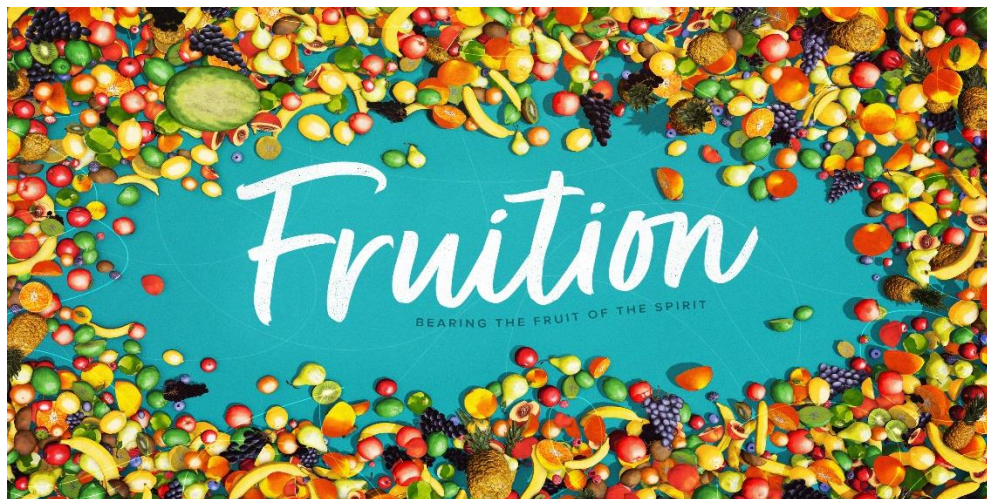


Discovery Service Order and Message Outline



WELCOME TO CEC..... Pastor Phill
SINGING TOGETHER This is amazing grace
PRAYER
SINGING TOGETHER Lion and the lamb
Living hope
UPDATES Pastor Phill
SINGING TOGETHER Our Father everlasting (This I believe)
BIBLE READING Ephesians 4:1-16 (Church Bible page 1227)
MESSAGE Taught by Pastor Phill
SINGING TOGETHER Strength will rise)



Fruition ~9

How to have strength in gentleness. (The fruit of gentleness) Ephesians 4:1-16

'Let your gentleness be evident to all.' Philippians 4:5 NIV

'God blesses those who are gentle. The whole earth will belong to them!'
Matthew 5:5 NLT

Gentleness is _____ under control.

'But when the Holy Spirit controls our lives, he will produce this kind of fruit in us-- love, joy, peace, patience, kindness, goodness, faithfulness, gentleness.'
Galatians 5:22 NLT

1. Gentle people have their _____ under God's control.

'As the time approached for him to be taken up to heaven, Jesus resolutely set out for Jerusalem. And he sent messengers on ahead, who went into a Samaritan village to get things ready for him; but the people there did not welcome him, because he was heading for Jerusalem. When the disciples James and John saw this, they asked, "Lord, do you want us to call fire down from heaven to destroy them?" But Jesus turned and rebuked them, and they went to another village.'
Luke 9:51-56 NIV

'God can do anything, you know—far more than you could ever imagine or guess or request in your wildest dreams! He does it not by pushing us around but by working within us, his Spirit deeply and gently within us.' Ephesians 3:20 MSG

'You must go on growing in me and I will grow in you. For just as the branch cannot bear fruit unless it shares the life of the vine, so you can produce nothing unless you go on growing in me.' John 15:4 LB

2. Gentle people have their _____ under God's control.

'Don't think only about your own affairs, but be interested in others, too, and what they are doing. Your attitude should be the same that Christ Jesus had.'
Philippians 2:4-5 NLT

'Learn to put aside your own desires so that you will become patient and godly. This will make possible the next step, which is for you to enjoy other people and to like them, and finally you will grow to love them deeply.' 2 Peter 1:6-7 LB

'Where do the fights and quarrels among you come from? They come from your desires which are constantly fighting within your bodies. You strongly desire things but you cannot get them so you quarrel and fight.' James 4:1-2 GN

'Wherever there is jealousy or selfish ambition, there will be disorder and every other kind of evil.' James 3:16 LB

3. Gentle people have their _____ under God's control.

'A gentle answer turns away wrath.' Proverbs 15:1 NIV

'The tongue is a flame of fire. It is full of wickedness, and poisons every part of the body. And the tongue is set on fire by hell itself and can turn our whole lives into a blazing flame of destruction and disaster. But no human being can tame the tongue. It is always ready to pour out its deadly poison.' James 3:6,8 LB

'Whatever is in the heart overflows into the speech.' Luke 6:45 LB

'Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift.' Ephesians 4:29 MSG

4. Gentle people have their _____ under God's control.

'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, broken down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too. The Lord said, "Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper.' 1 Kings 19:10-12 NIV

'Gentle words cause life and health.' Proverbs 15:4 NLT

'Be humble and gentle. Be patient with each other, making allowance for each others faults because of your love.' Ephesians 4:2 NIV

5. Gentle people have their _____ under God's control.

'He who is slow to anger is better than the mighty, and he who rules his own spirit, than he who captures a city.' Proverbs 16:32 NKJV

'The tongue of the wise commends knowledge, but the mouth of the fool gushes folly.' Proverbs 15:2 NIV



There are no *Talk It Over* discussion questions this week as all Life Groups are having a break over the summer.
Life Groups return on 11 September.



Watch and listen to the message again, or an archived message by going to www.youtube.com/cowplainchurch.