

ABOUT THE BOOK OF PSALMS



The Book of Psalms is a collection of songs and prayers that teach us how to talk to God and trust Him in every part of life.

PSALM 1:1-3 SUMMARY

Psalm 1 tells us there are two different paths in life. One path leads away from God and doesn't end well. The other path leads us closer to God and brings blessing. When we love God's Word and follow it, He helps us grow strong, bear good fruit, and do good things.

WHICH PATH WILL YOU CHOOSE?

THE WORLD'S PATH

PSALM 1:1

Oh, the joys of those who do not follow, stand, or join...

1 FOLLOW

Circle the picture that shows following the wrong voices.



2 STAND

Which picture shows a child who might be becoming too comfortable with sin? Circle one.



3 JOIN

Being comfortable to stand around sin is one thing, but joining in with sin is another thing. Circle the image that shows joining in with the wrong crowd.



GOD'S PATH

PSALM 1:2-3

But they...

1 DELIGHT

The Bible says you should delight in the law of the Lord. Which picture shows someone who delights in God's Word? Circle one.



2 MEDITATE

The Bible says we should meditate on His law day and night. Find and circle these words in the puzzle.

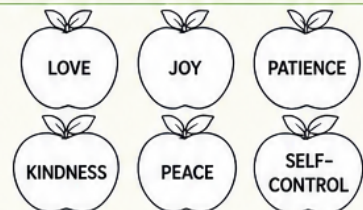
WORD LIST:

THINK DAY NIGHT WORD
HEART LIFE

T	H	I	N	K	G	D	A	Y	B	J
H	E	A	R	T	L	I	F	E	Q	Z
W	O	R	D	N	Q	H	G	M	K	L
D	A	Y	L	E	S	I	N	J	P	P
N	I	G	H	T	F	G	D	C	C	V
L	O	V	E	X	P	Q	R	T	W	Y
I	N	G	J	K	W	O	R	D	H	Z
Y	Z	X	C	V	B	N	M	Q	L	P

3 BEAR FRUIT (VERSE 3)

The Bible says a tree planted by streams of water bears fruit in season. What fruit do you want to grow in your life? Color the ones you want.



4 PROSPER (VERSE 3)

The Bible says whatever they do prospers. What happens when we follow God's path? Check all that apply.

- ☐ Gives us wisdom
- ☐ Makes us strong
- ☐ Helps us do good things
- ☐ Helps us share His love

LET'S TALK ABOUT IT!

1 Even though the world's path leads to destruction, why do you think people still follow wrong voices, stand around wrong things, join in with wrong crowds, make bad choices, or tease others?

2 Which step in this path is easiest to stop? Why?

PERSONAL REFLECTION

1 On a scale from 0-10, circle the number that shows how much you read your Bible.

0 1 2 3 4 5 6 7 8 9 10

I've never even opened it.

I read it every day, all the time!

2 Does reading God's Word make you happy? Do you delight in God's Word? Why or why not?