

WEEK 28: JULY 5 - JULY 11

DISCIPLESHIP GROUP LESSON

MEETING AGENDA



1. **OPENING PRAYER** - Ask one person to open the meeting in prayer.
2. **GROWTH QUESTIONS** - Ask everyone the Growth Questions.
3. **ATTENDANCE**- Take attendance through the DG Attendance System.
4. **TODAY'S LESSON** - Go over this week's DG lesson.
5. **GIVING** - Encourage everyone to give on the App.
6. **CLOSING PRAYER** - Ask for prayer requests and pray.



GROWTH QUESTION #1

Who would like to share a highlight, praise report, or testimony from this week?



GROWTH QUESTION #2

What did you learn from this week's sermon?



GROWTH QUESTION #3

What was your most important accomplishment this week?

FIX YOUR THINKING, FIX YOUR LIFE

INTRODUCTION:

Before we begin, we need to remember three facts about thoughts and life:

- **Fact#1**-You cannot fix life-problems until you fix your thinking!
○ Quote-"Men do not attract that which they want, but that which they are." - James Allen
- **Fact#2**- Who you are today is a result of your past thoughts.
○ Quote-"Change your thoughts, and you change your world."-Norman Vincent Peale
- **Fact#3**- Who you be come in the future will be a direct reflection of what your thinking about today.
○ Quote-"You become what you think about all day long."- Ralph Waldo Emerson



OPENING QUESTION

WHAT DOES THE BIBLE TEACH US ABOUT OUR THOUGHTS
AND LIFE?



TRUTH #1

GOD CAN GIVE YOU A NEW WAY OF
THINKING!

Ezekiel 36:26 (EXB) - *Also, I will give you a new heart, and I will put a new way of thinking (Spirit) inside you...*

- This is the greatest miracle of all- the miracle of God transforming a person into a new person!
- This miracle happens when God puts His Holy Spirit in us, which comes with a new way of thinking, God's way of thinking.
- The Holy Spirit makes us think like Jesus. When the Holy Spirit is in us, Jesus' thoughts begin to invade our minds.
- We can receive a new way of thinking today! We can trade in our hopeless, defeated and sinful thinking and receive God's faith-filled, victorious and holy way of thinking.



INTERACTIVE QUESTION

What is one old way of thinking that you want God to replace with His way of thinking?



TRUTH #2

CHANGING YOUR THINKING
CHANGES YOUR OUTCOMES!

Philippians 4:8b-9 (NLT) - 8 ... **Think** about things that are excellent and worthy of praise. 9 Keep putting into **practice** all you learned and received from me—everything you heard from me and saw me doing. **Then** the God of **peace** will be with you.

- The formula here is clear:
○ THINK+PRACTICE=PEACE
- Most people make the mistake of trying to change their experiences without focusing on changing their thinking.
- First, we think about it, then we act on it, and then we experience it.
- Applying the same mindset to the same challenges, relationships, and problems will produce the same outcomes.
- If we don't like what we are experiencing, then we just need to change what we think about and how we act.



INTERACTIVE QUESTION

What is one good thing God wants you to focus your mind on this week, and what action should come from it?



TRUTH #3

CHANGING YOUR THOUGHTS
CHANGES WHO YOU ARE!

Proverbs 23:7 (NKJV) - For as he thinks in his heart, so is he. . .

- You are what you think!
- Good news! God can transform you into a new person if you let him change your thinking.

- God changes us through teaching us His word, which is His will for our life.

Romans 12:2 (NLT) - ... Let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

- Once we learn what God's will is for our lives and live it, we will become good, pleasing and perfect in God's sight.



INTERACTIVE QUESTION

What kind of person are your current thoughts shaping you to become? Are your thoughts helping you become more like Jesus or pulling you away from Him?

CONCLUSION:

If you are ready to change your thinking and your life, you just need to take two steps:

- **Step#1-** Decide to change your thinking.
 - ☐ Nothing changes until you decide to change.
- **Step#2-** Develop the daily habit of studying the Bible.
 - ☐ The daily study of the Bible is the greatest success habit you can develop.
 - ☐ Studying the Bible continuously and obeying everything written in it guarantees success and prosperity in all you do.

Joshua 1:8 (NLT) - Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.



INTERACTIVE QUESTION

What usually gets in the way of you studying God's Word consistently?



CLOSING QUESTION

What is one thought you need to surrender to God today? What truth from His Word can you replace that thought with?

GIVING



Giving in proportion to what we've received acknowledges God's abundant provision in our lives and shows our trust in Him as the source of all our blessings.

Deuteronomy 16:17 (NLT)

All must give as they are able, according to the blessings given to them by the Lord your God.

Encourage everyone to give their tithes and offerings.

PRAYER



QUESTION #1

Who are you praying for to be saved?



QUESTION #2

Who can you invite to the next meeting?



QUESTION #3

What are your prayer requests?