



A Simple Guide of where to start and what to do when you are looking to grow in your personal walk with Jesus.

In the first 15 minutes of your day, connect with God to start the day on a great note with the “**First Fifteen**”

5 minutes of **Bible reading**, 5 minutes of **prayer**, and 5 minutes of **worship**

First 5

### Reading a Bible

Find a plan that is interesting and works for you to start reading!

*If you need a Bible, stop by the Welcome Desk*

This is how we learn more about what God has done for us, the wisdom he shared with us and how we hear what he is teaching us.

We believe that while the Bible was written by men, every word was of God. We can hear him speak because these are His words! 2 Timothy 3:16-17 says - *“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God[a] may be thoroughly equipped for every good work.”*



**We suggest reading through the plan in the QR Code or the Gospels**

### The Gospels: Where? Who? How?

- **Where?** Start in the books of Matthew, Mark, Luke, and John which are known as the Gospels
- **Author(s).** These are written by people who did life with Jesus while he was on earth. Some were even his disciples!
- **Model.** These are accounts of Jesus’s life and give us a model of how to live our lives honoring God. We read our Bible not just to be informed, but to be transformed by it.

Next 5

## Prayer

Prayer is just talking to God and giving to God what is important to you, to Him, and what you cannot control. How cool is it that the God of the universe wants to hear from us!

*Scan this QR Code to download the Pray First app for help!*

When learning to pray, a great place to start would be by following the **ACTS** method (see link below).

- **A** stands for Adoration and this means to lift God up in worship, acknowledging His wonderfulness, power and love.
- **C** stands for contrition which is basically asking for forgiveness of sins and being remorseful for the mistakes we have made.
- **T** stands for thankfulness where you thank him for the gifts and blessings He has given you.
- **S** stands for supplication which is a fancy way of asking God for things you are worried about or would like to have.

But let's not confuse God for a genie. It will not magically happen every single time without fail. We live in a broken world and sometimes hard things occur. That does not mean God is not with us, but those things help shape us into who we are.

**Don't fake it, be real, be genuine.** God knows what you are feeling, He wants you to express it to Him, to trust He can perform a miracle!



Last 5

## Worship

Singing a song of praise to God. He is worthy of our praise!

*Scan this QR Code for a playlist of songs we sing here at The River!*

Lift God up by praising His name through the words of the songs and acknowledging His goodness through singing out to Him! Praise is our weapon against the enemy and what God calls us to do, in the good and the bad. It may feel awkward to sing on your own but this honors God and fixes our eyes on him, rather than his circumstances.



Once you get used to these 15 minutes, try expanding it! Spend a few more minutes in each category. Worship to another song, Pray for someone you have not seen in a long time or read another chapter of the Bible! This is just a guideline of how to start growing in your personal walk with the Lord!