

The Hour That Changes the World

By dividing an hour into 12, five-minute segments, you can pray more effectively and intentionally for one full hour. Use this model to sustain prayer for the USA, the people in your personal sphere, and your own life. Then watch God work!

1. **PRAISE** Recognize God's Nature (*Ps. 63:3*)
2. **WAITING** Silent Soul Surrender (*Ps. 46:10*)
3. **CONFESSION** Temple Cleansing Time (*Ps. 139:23*)
4. **SCRIPTURE PRAYING** Word-Enriched Prayer (*Jer. 23:29*)
5. **WATCHING** Develop Holy Alertness (*Col. 4:2*)
6. **INTERCESSION** Remember the USA (*1 Tim. 2:1,2*)
7. **PETITION** Share Personal Needs (*Matt. 7:7*)
8. **THANKSGIVING** Confess My Blessings (*1 Thess. 5:18*)
9. **SINGING** Worship in Song (*Ps. 100:2*)
10. **MEDITATION** Ponder Spiritual Themes (*Josh. 1:8*)
11. **LISTENING** Receive Spiritual Instruction (*Eccl. 5:2*)
12. **PRAISE** Recognize God's Nature (*Ps. 52:9*)

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BEGIN AND END IN PRAISE

PRAISE
RECOGNIZE GOD'S NATURE
Psalms 63:3

WAITING
SILENT SOUL SURRENDER
Psalms 46:10

CONFESSION
TEMPLE CLEANSING TIME
Psalms 139:23

SCRIPTURE PRAYING
WORD-ENRICHED PRAYER
Jeremiah 23:29

WATCHING
DEVELOP HOLY ALERTNESS
Colossians 4:2

INTERCESSION
REMEMBER THE USA
1 Timothy 2:1,2

PETITION
SHARE PERSONAL NEEDS
Matthew 7:7

THANKSGIVING
CONFESS MY BLESSING
1 Thessalonians 5:18

SINGING
WORSHIP IN SONG
Psalms 100:2

MEDITATION
PONDER SPIRITUAL THEMES
Joshua 1:8

LISTENING
RECEIVE SPIRITUAL INSTRUCTION
Ecclesiastes 3:2

PRAISE
RECOGNIZE GOD'S NATURE
Psalms 52:9

*"What, could ye
not watch with
Me one hour?
Watch and pray."
Matt. 26:40,41*