

# discovering your passion

## part a: complete before the class

Some passions can be centered around a people group, a highly specialized topic (abilities which we will cover in the next session), or a theme that can apply to one or several activities or topics.

From the following lists, check off the ones that apply to you:

### Themes:

- Achieve:** to bring to a successful end; carry through; accomplish.
- Activate:** to set in motion; to make things happen.
- Administrate:** to operate by policies and procedures.
- Analyze:** to understand how certain patterns affect one another; examine methodically.
- Arrange:** to put (things) in a neat, attractive, or required order: to bring order out of chaos.
- Communicate:** to explain, to describe, to host, to speak in public, or to write.
- Develop:** to see potential; plan and help others experience success.
- Design:** to make something out of nothing; to start from scratch.
- Empathize:** to feel the world through other people's eyes.
- Help/Serve:** to assist others in their responsibilities.
- Influence:** to shape attitudes and behaviours; convert people to your way of thinking.
- Inquire:** to collect things because they interest you; inquisitive about the world around.
- Lead:** to be in charge; oversee and supervise; determine how things will be done.
- Learn:** to be energized by the steady and deliberate journey from ignorance to competence.
- Pioneer:** to test and try new concepts without fear of failure; to start things from scratch.
- Prevail:** to fight for what is right and oppose what is wrong.
- Problem Solve:** to analyze the symptoms, identify what is wrong and find the solution.
- Relate:** to be pulled toward people and relationships.
- Repair:** to fix what is broken or change what is out of date.
- Strategize:** to devise a course of action.
- Think:** to exercise the muscles of your brain, stretching them in multiple directions.

### People Groups:

- Infants
- Children
- Youth
- College Students
- Teen Moms
- Single Parents
- Divorced
- Widowed
- Singles
- Career Women
- Young Marrieds
- Refugees
- Parents
- Empty Nesters
- Homeless
- Unemployed
- Elderly
- Disabled
- Prisoners
- Impoverished
- Hospitalized
- Other: \_\_\_\_\_

### Social Issues/Causes:

- Addictions
- Environment
- Discipleship
- Violence
- Sex Trade
- Education
- Spiritual Lostness
- Poverty/Economics
- Hunger
- Injustice
- Technology
- Family
- Literacy
- Politics
- Racism
- Health Care
- Abortion
- Nutrition
- Mental Health
- War Children
- Other: \_\_\_\_\_

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## part b: complete after the class

### 1. The Past

List up to five things you've done or been involved in that were meaningful and positive. Why?

	Activity	Why was it meaningful?	Passion Identified (theme, people group, social cause)
1			
2			
3			
4			
5			

### 2. The Present: Your life right now!

- What are you doing when you feel most alive?
- What do you undertake most eagerly?
- Are you satisfied with your job or looking for a change?

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## part b: complete after the class

### **3. The Future**

*(Do not consider whether you could do it or how you could do it. All you need to do right now is name it!)*

- If you could snap your fingers, and just do it, what would you do for others?
- What do you repeatedly see that angers you and you just hate it when it happens?
- What problem in the world would you like to do something about?