

Questions for the Heart & Personality Sections

Heart

Past

1. Was there anything that surprised you?
2. Did you learn something new about yourself by doing this exercise?
3. Did this exercise confirm things you already knew about yourself?
4. Did you notice a theme that kept coming up again and again in the passions identified section in "the past".

Present

1. How often do you do things that make you feel alive?
2. If you weren't satisfied with your job, what are some things you'd like to change?
3. If you are satisfied, what are things you would add that could bring an even greater satisfaction?
4. Are you open to meeting this need through opportunities outside of the work you do?

Future

1. How would achieving your future dreams make you feel?
2. How would achieving these future dreams change your life?
3. How would achieving these future dreams change the world?
4. Is there someone you know that could help you achieve those dreams?