



**PLEASE CIRCLE ITEMS FOR WHICH YOU ARE WILLING TO
PERIODICALLY VOLUNTEER TO SERVE A ELDERLY OR SINGLE
PERSON FROM OUR ST. JOHN'S FAMILY**

Rides to Church

Ride to Medical Appts

Make or Deliver a Meal

Simple Home Repair

Minor Car Repairs

Moving Heavy Items

Change light bulbs or smoke

alarm batteries

Yard Work

Gutter Clearing

Leaf Raking

Grocery Shopping / Pick up

Assembly or Set-up

Phone / Computer Assistance

Light Cleaning

Vacuuming

Sewing Repairs

Limited Pet Care

Financial Direction

How else might you be willing to serve: _____

Would you like to be notified of a Saturday MOSES "workday"?

(circle one) Yes! / Not at this time

Name: _____

Phone: _____ Email: _____

Best way to contact? _____