



### Icebreaker

- When you think about the future, do you tend to be more of a planner or a worrier? Why?

### Read Psalm 90:10-12

- When you hear “teach us to number our days” (Psalm 90:12), what does that stir in you personally right now? Does it feel motivating, sobering, or something else?
- The message says we can’t control tomorrow, but we often live like we can. Where do you see that tendency show up most in your life?

### Read Matthew 6:27 and Matthew 6:34

- How has worry affected your ability to be present in what God is doing today? Do the “what ifs” keep you from moving forward?

### Read 1 Corinthians 16:5-9

- Have you ever walked through an “open door” that came with unexpected opposition? Looking back, do you think that opposition confirmed or challenged your sense of calling?
- What’s a current “open door” in your life right now—big or small? Is the work you're doing effective?
- “Just because you can doesn’t mean you should.” Where do you experience that tension? In what ways have you experienced it in the past?

### Read: Matthew 10:14

- Jesus tells His disciples to move on when they’re not received. Rejection redirects us to new opportunities. How do you handle rejection and opposition?

### Contemplate the four questions of discernment:

- Does it align with scripture? Did I seek wise counsel? Have I gone to the Lord in prayer? Do I feel peace?
- What is one decision or situation you’re currently facing where you need to trust God more with the outcome? How can you take a wise step and release control?