

# Helping a Friend or Family Member Through a Marriage Crisis

Every marriage is a **duet** in need of **great backup singers**.

Every spouse needs family and friends **advocating for both spouses** in the marriage.

Talking points for what to say and do when you hear, **"We're getting a divorce."** ↓ ↓



## 1st Phone Call: **Advocate and Validate**

Advocate for both spouses.

Focus on feelings, not issues.

Validate feelings, not choices.

The less you say the better.

The goal of the first phone call is to get a second phone call.

**We rejoice and delight in you;  
we will praise your love more than wine.**

Song of Songs 1:4



## 2nd Phone Call: **Answer Questions**

Wait for questions

Focus on what is true and avoid rewriting history

Keep in mind, you never know the whole story



## 3rd Phone Call: **Hope in Jesus**

Share the resurrection of Jesus from the dead.

...and his incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he raised Christ from the dead... Ephesians 1:19-20

Jesus breathes life into dead marriages.

The same power that raised Jesus from the dead can raise your dead marriage.

The happiness you are looking for outside of your marriage is more than possible (and even better) inside your marriage.