



## “Why Do Doubts Rise in Your Minds?”

April 5, 2026

### Read Luke 24:12-21

Jesus asks, “Why are you troubled, and why do doubts rise in your minds?” What kinds of doubts tend to rise in people’s minds about Jesus, and how does this passage answer them? Have you ever had a season of doubt? What helped you lean into the truth of who Christ is?

On the road to Emmaus, the two disciples said, “We had hoped that he was the one...” What does that reveal about their expectations of Jesus, and how do people still misunderstand Him today? Why do you think people can hear the truth about Jesus and still hesitate to believe?

Ted said some people want help from Jesus, but not salvation through Jesus. What is the difference between wanting Jesus to improve your circumstances and trusting Him as Savior and Lord? What would you say to someone who is struggling with the decision to put their trust in Jesus?

### Read Luke 24:30-49

Luke 24:31 says, “Then their eyes were opened.” What does this teach us about our need for God to open our eyes spiritually? Does this give you compassion for those who doubt?

The disciples said, “Were not our hearts burning within us while he talked with us... and opened the Scriptures to us?” How does God use His Word to strengthen faith and stir the heart? Share about a specific time when God used His Word to strengthen your heart.

Jesus showed His hands and feet and even ate fish in their presence. Why is the bodily resurrection of Jesus so important to the Christian faith?

Jesus opened their minds to understand that His suffering and resurrection were foretold in Scripture. Why does it matter that the resurrection was part of God’s plan all along? How can studying prophecy throughout scripture build your faith in day-to-day life?

### Read Philippians 3:10

The sermon emphasized that because Jesus lives, there is hope for dead souls, marriages, families, and fearful hearts. Where do you most need resurrection hope right now?

## DISCUSSION QUESTIONS

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