



Creating a space for men
to deepen their connection
with Christ and each other,
grow spiritually,
and be equipped to serve in unity.

“ **Invite
and connect seekers
to know, grow,
and serve Jesus
together.** ”

Activities include: fishing, gym sports, games, hiking, card games, gift shop, ping-pong tables, three pool tables, a bumper pool table, American shuffleboard, one standard shuffleboard court, a foosball game and two air hockey tables, two tennis courts, which are also lined for playing pickleball, plus a combination basketball/volleyball court all provide space for playing your favorite high-energy games!



First Presbyterian Church of Ambler
4 South Ridge Ave
Ambler PA 19002



Scan QR Code
to register



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fpcambler.org



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215-646-3030

fpcambler.org

FPCA Men's Retreat 2025

**April 4 - 6
Spruce Lake
Retreat Center**



Men's retreats offer a unique environment where you can:

- Reconnect with yourself on a deeper level
- Build meaningful friendships with like-minded men
- Step away from daily distractions and focus on personal growth
- Explore your purpose and potential



Spruce Lake Retreat
Approximate 2-hour drive
5389 Rte 447,
Canadensis, PA 18325

Full Retreat \$180
Friday/Saturday \$165
Saturday only \$75
[Scholarships Available]

Wander through God's creation on over 8 miles of woodland trails. Pass through rhododendron thickets, a quiet pine grove and scenic meadow. A favorite hike displays tumbling waterfalls and the vista atop Spruce Mountain. Distances per trail range from approximately ½ to 2 miles.



What to expect?

This isn't about "manning up" or hiding your emotions. Instead, it's about creating a supportive space where you can:

- Be vulnerable
- Share your authentic self
- Learn from other men's experiences
- Discover new perspectives on masculinity and personal development

Weekend Outline

Friday

- Check-in 5pm-8pm and enjoy a lite meal
- Session 1: Seeing Like Jesus Games and Fellowship

Saturday

- Breakfast
- Session 2: Giving Like Jesus
- Session 3: Leading Like Jesus
- Lunch
- Free-Time: Indoor & Outdoor Activities
- Dinner
- Session 4: Investing Like Jesus
- Session 5: Sending Like Jesus
- Games and Fellowship

Sunday

- Breakfast
- Praise Music & Sermon on Proverbs 27:17

Weekend is based on the Movie "The Forge" and Proverbs 27:17

1. In what ways do you want to grow in the next year?
2. What kind of man do you want to be?
3. What do you want people to think of when they see you coming?