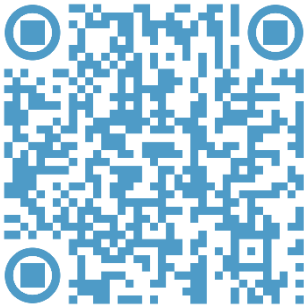


Prayer Links

In 2022, you are invited to start some new habits! The first habit you are invited to pick up is daily prayer. Through these QR codes, which you can access through your phone, there are several links for daily prayer resources. Some are daily scriptures and prayers, some are audio recordings, some are once per day, some are twice per day. This list is not exhaustive – there are many options for daily prayer. In any case, we invite you to start a new habit this year of daily prayer and hope that one of these resources will help you to start something new. Pastor Ryan.



<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer> -

This is a recording of evening prayer from the Book of Common Prayer. It includes music, scripture, and prayers from the Book of Common Prayer from the Church of England. It takes about 20 minutes.



<https://commonprayer.net>

This is a website that can also be downloaded as an app for your phone. It includes a daily prayer, plus options for morning, evening, and occasional prayers. To do the daily prayer alone will take about 5 minutes. It is a prayer that can be done individually, as a couple, or in a group.



<https://www.rethinkme.com/dailyprayer>

This is an app for your phone or tablet that is intended for individual prayer. It includes daily prayer and meditation time, Psalms and other scripture to read and pray through, and there are three times per day for prayer: Morning, Midday, Evening. Each prayer and scripture reading exercise will take between 5-10 minutes, depending on how much scripture you read. This app is free.



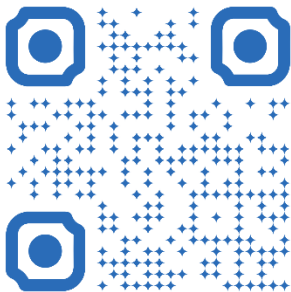
<https://apps.apple.com/us/app/daily-prayer-pc-usa/id568520697?ls=1>

This is the Presbyterian Daily Prayer App, it costs \$2.99. It takes the text from the Book of Daily Prayer and presents it daily for you in an app for your phone or tablet. These prayers are intended to be used with others, but can be used by individuals, too. Presbyterians, compared to Anglicans and Episcopalians, tend to use more scripture as part of Daily Prayer, so there are more lengthy scripture readings included in this resource. If you are reading through the Bible in a year, you could simply do your daily Bible reading sandwiched into the daily prayers. This resource includes morning and evening prayers.



<https://pray-as-you-go.org>

Pray As You Go is a daily prayer website, podcast and application that was created in 2006 by the Jesuits in the United Kingdom. Since its founding it has been adapted into nine other languages and as of 2020, it is used 30 million times a year. It is available as a free app for iPhone and Android. It includes songs, scripture, and prayers that you can read or listen to. Each daily prayer takes about 10-15 minutes.



<https://www.pauseapp.com>

This is an app developed by John Eldredge. Each day there are two one-minute pauses that lead you through a guided prayer. This app is free. It does not include scripture but is a simple way to begin a habit. The app will also let you schedule reminders each day, letting you know that it is time to pause for prayer.



<https://fpcambler.org/events/new-habits-devotional/>

This is a link to our New Habits Devotional. Paper copies of this devotional are available at the Welcome Desk. You can also find the link in our weekly ENews. If you have appreciated our sermon series companion devotionals and would like to contribute to future devotionals, please contact Debi Ferrarello (debi@fpcambler.org).