

Draw Draw a picture of you feeling joyful, or angry, or sad.

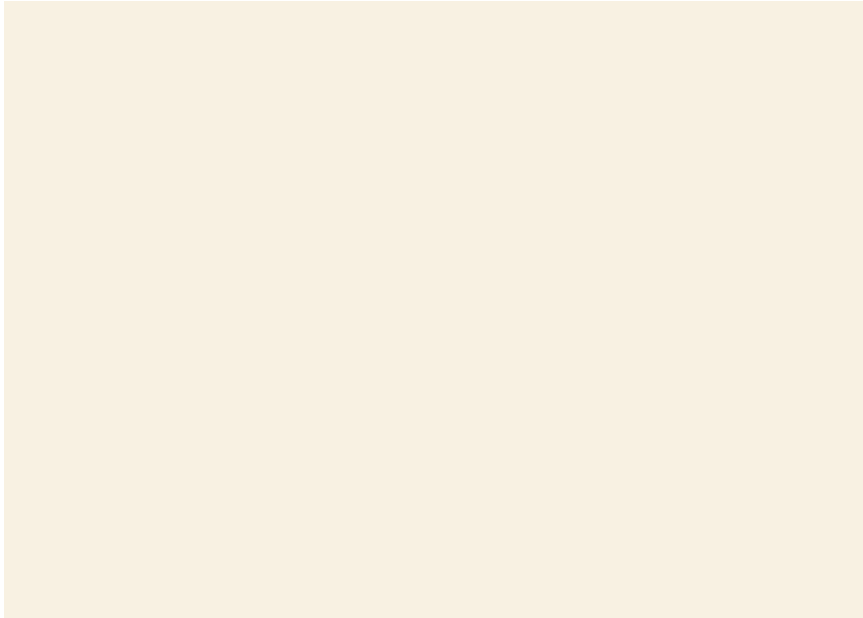


LUKE 24:1-12
Peter runs to the empty tomb.
MAIN IDEA: God made all our feelings.

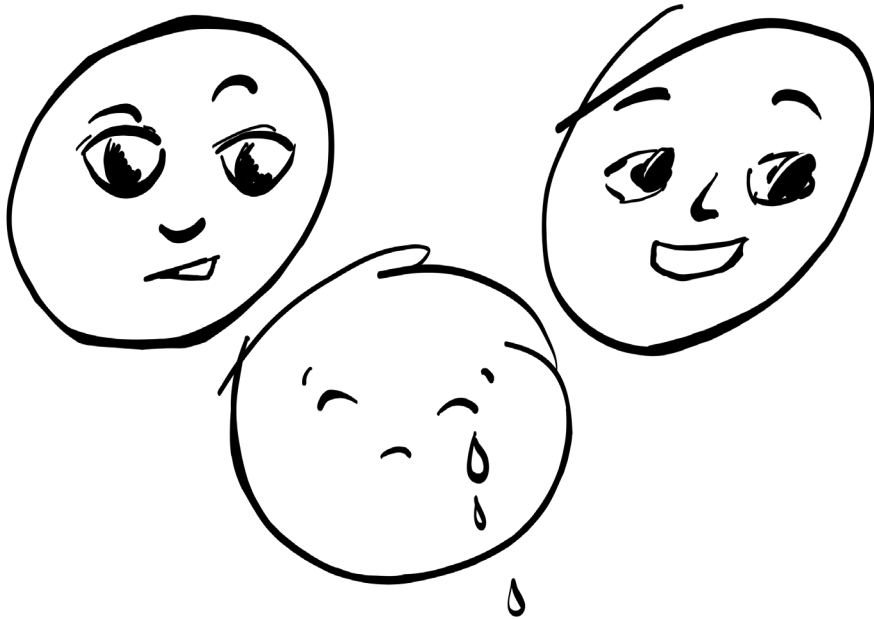


Color in the story of Peter and the empty tomb. | Illustration by Rev. Anna Strickland

Imagine *Imagine* you are one of the disciples who learns that Jesus is not in the tomb. Write or draw about how you would react.



Color *Color* the emotions that you felt today so far!



Find *Color* the words from scripture when you hear them spoken in worship.

TOMB WORDS MEN
MARY DAY TOLD
MOTHER WOMEN
DAWN AMAZED
FACES BELIEVED
CRUCIFIED LINS
RAN HAPPENED
LIVING PETER
SPICES RISEN
THIRD PERPLEXED
DAZZLING STONE
HANDS BOWED

Pray

Dear God, thank you for giving us hope when it feels like everything is going wrong. Help us to be gentle with ourselves, no matter what we're feeling, and to be there for others when they need us. In Jesus' name we pray, amen.