

The Gospel Of John

ICEBREAKER

What is your favorite meal, where do you get it from, and why is it your favorite?

CONTEXT

The crowd had just experienced a miracle when Jesus fed 5,000+ people from five loaves and two fishes. Now the crowd is seeking Jesus again, but He knows their hearts and motives behind looking for Him. Jesus gives them the key to true satisfaction in this life and the life to come.

PASSAGE

John 6:22-40

DISCUSS

When you hear that the people got into a boat and crossed the Sea of Galilee to follow Jesus, what do you assume about their motives? Why?

What did Jesus say their motives were?

How can we seek Jesus wrongly? Do you see this modeled in our world?

DISCUSS CONTINUED

What does it look like to seek Jesus rightly? Where do you see this modeled?

If Jesus, unlike bread, can satisfy us forever, what does that mean for our day-to-day living in the present?

How do we work for the food that doesn't perish?

How do Jesus's statements in verses 35-40 encourage you regarding your salvation?

NEXT STEPS

What can you do today to rely on God, rather than on things or people, to satisfy your needs?

Take it a step further at home. Write down 5-10 things that refresh you. Then, pray through your list. Where are you finding refreshment and satisfaction? What is the bread that is sustaining you? How might you need to change your routines or habits to seek the satisfaction that comes from knowing Jesus more regularly?