

THINK

WEEKLY STUDY GUIDE

ICEBREAKER

How does being praised in public make you feel?

CONTEXT

In our THINK series, we are exploring the connection between right thinking, right living, and right loving. We believe peace is possible by taking our thoughts captive and bringing them under the submission of Jesus. Today, we will talk about how thinking on what is excellent and praiseworthy will impact our lives in significant ways.

PASSAGE

Philippians 4:8-9

DISCUSS

- What are some examples of people in your life who exhibit praiseworthy qualities? How do they inspire you to live an excellent life?
- Read Philippians 3:17. How does this verse encourage us to emulate people who follow the Lord?
- Why is it important to surround ourselves with Christlike examples?
- How can you intentionally create opportunities to build relationships with those who are further along in their faith journey?
- How can gratitude help us in maintaining peace in our lives, even during difficult times?
- What are some specific ways you can practice gratitude in your daily life?

DISCUSS CONTINUED

- Based on Philippians 4:8, how can right-thinking help us love rightly and live peacefully?
- What steps have you taken over the last few weeks to focus your thoughts on what is true, honorable, just, pure, lovely, and commendable?

PRAYER

- Pray for the ability to recognize and imitate Christlike examples in our lives, and for the wisdom to know who to look to for guidance.
- Ask God to help us examine ourselves and see if we are living lives worth imitating in various areas, such as marriage, parenting, work, and dating.
- Pray for the discipline to practice what is true and live rightly, so that we may experience the presence of the God of Peace and true peace in our lives.

BLESS

- Share a BLESS person update



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