Engage • Equip • Experience

A 21-Day Family Devotional Journey with Jesus

Welcome to our 21-Day IpKids Devotional! We are so excited to walk with you and your family on this journey to grow closer to Jesus — not just knowing about Him, but truly engaging with Him as a friend, being equipped as His disciples, and experiencing Him in spirit, soul, and body.

This devotional was created for children Preschool through 5th grade, with two activity paths each day:

- **Preschool → 3rd grade: Simple, interactive, creative, and movement-based**
- **4th → 5th grade (Upper Elementary): Deeper reflection, Bible lookup, writing, leadership, and real-life application**

Each day includes:

1. **A scripture reference your child can look up**
2. **A short teaching message**
3. **A discussion point**
4. **Age-appropriate activities with clear parent guidance**
5. **A daily prayer to pray together as a family**

Our goal is to help every child:

- **ENGAGE → Take part in what Jesus is doing in the church and grow in friendship with Him**
- **EQUIP → Become a disciple and a better follower of Jesus**
- **EXPERIENCE → Go deeper with Jesus and walk in all He has for their spirit, mind, heart, health, and purpose**

No cost. No pressure. Just Jesus.
Let's take this step together — one day at a time!

DAY 1 — Jesus Wants to Be My Friend

- **Scripture:** John 15:15
- **Discussion:** “Jesus calls us His friends. What does a friend do?”
- **Prayer:** Jesus, thank You for being my friend. Help me talk to You every day. Amen.

PS–3rd Activity — “Friend Talk Time”
Parent Instructions: Sit face-to-face with your child. Explain: *“Friends talk and listen. Jesus is our friend, so we can talk to Him too!”*
Set a 30-second timer. Let them tell Jesus anything they want (you can help start if needed: “Thank you for…”, “Help me with…”, “I love You because…”).
When the timer ends, sit quietly for 10 seconds and say, *“We listen for our Friend Jesus now.”*
Then ask: *“What do you think Jesus would say back?”* Write their answer down.

4th–5th Activity — “Jesus Friend Interview”
Parent Instructions: Let your child pretend to interview Jesus like a talk show host. Ask 3 questions aloud such as:

1. *Jesus, what do You love about church?*
2. *How can I help You this week?*
3. *What do You want me to know today?*
   Encourage them to answer the questions themselves based on scripture and what they know about Jesus.

DAY 2 — I Can Talk to Jesus Anytime

- **Scripture:** Jeremiah 33:3
- **Discussion:** “When we call to Jesus, He answers!”
- **Prayer:** Jesus, thank You that I can talk to You anytime. Help me remember to pray. Amen.

PS–3rd Activity — “Prayer Popcorn”
Parent Instructions: Sit together. Take turns praying short “popcorn prayers” that *pop* out quickly like:

- *Thank You Jesus for my family!*

- *Help my friend today!*

- *Jesus, You are my joy!*
  Explain: *"We can pray fast, fun, loud, or quiet — He hears it all!"*

4th–5th Activity — "Verse Hunt + Prayer Build"
Parent Instructions: Have your child look up Jeremiah 33:3 themselves. Then say: *"Build a prayer using this verse."* Example:
Jesus, I'm calling to You. Show me things I don't know yet. Teach me. Amen.

DAY 3 — Jesus Gave Me a Church Family

- **Scripture:** Hebrews 10:25

- **Discussion:** "Why does Jesus want us to gather together?"

- **Prayer:** Jesus, thank You for my church family. Help me love church. Amen.

PS–3rd Activity — "Family Circle Prayer"
Parent Instructions: Hold hands in a circle. Say: *"This is our church family circle!"* Then pray for 2–3 people from church by name.

4th–5th Activity — "Text a Thank You (Parent sends it)"
Parent Instructions: Let your child tell you a message to send to one church leader or volunteer, thanking them for helping them follow Jesus.

DAY 4 — I Can Engage in What Jesus Is Doing

- **Scripture:** Ephesians 4:16

- **Discussion:** "Every part of the body works together — that includes YOU!"

- **Prayer:** Jesus, show me my part in the church. Help me engage. Amen.

PS–3rd Activity — "Body of Christ Puzzle"
Parent Instructions: Tear a piece of paper into 5–6 puzzle pieces. On each piece draw a simple symbol: a heart, a smile, praying hands, a Bible, a church, a stick-figure child.
Put it together and say: *"You are a piece of Jesus' church puzzle!"*

4th–5th Activity — "Where I Fit" List
Parent Instructions: Let your child write 3 ways they can engage in church (worship, serving, praying for others, inviting a friend, learning scripture).

DAY 5 — Jesus Helps Me Follow Him

- **Scripture:** John 14:26
- **Discussion:** "Who teaches us and reminds us of truth?"
- **Prayer:** Holy Spirit, help me follow Jesus and remember truth. Amen.

PS–3rd Activity — "Follow the Leader Jesus Edition"
Parent Instructions: Walk around the house and let Jesus be the leader! Call out actions: tiptoe, hands up, hands together to pray, jump, freeze and say "Jesus is my friend!"

4th–5th Activity — "Teacher Spirit Moment"
Parent Instructions: After reading John 14:26, pause and ask: *"What is the Holy Spirit teaching you right now?"*

DAY 6 — Jesus Gave Me Gifts to Use

- **Scripture:** 1 Peter 4:10
- **Discussion:** "We use our gifts to serve others."
- **Prayer:** Jesus, help me use my gifts to serve. Amen.

PS–3rd Activity — "Gift Guessing Game"
Parent Instructions: Give clues about your child's strengths and let them guess the gift!
Example: *"This gift helps others feel loved…"* (Kindness)

4th–5th Activity — "Serve With My Gift Challenge"
Parent Instructions: Pick 1 gift and choose 1 person to serve using it today.

DAY 7 — I Can Serve Jesus at Church

- **Scripture:** Colossians 3:23

- **Discussion:** “We serve like we’re serving Jesus Himself!”
- **Prayer:** Jesus, let me serve with my whole heart. Amen.

PS–3rd Activity — “Tiny Helper Job Chart”
Parent Instructions: Make a pretend job chart for church day: greeter smile, worship voice, helping hands, listening ears.

4th–5th Activity — “I Serve Jesus By…”
Parent Instructions: Have them write a sentence and read it aloud.

DAY 8 — I Can Worship With My Whole Heart

- **Scripture:** Psalm 95:1-2
- **Discussion:** “Worship is a way we engage Jesus!”
- **Prayer:** Jesus, I worship You with my whole heart. Amen.

PS–3rd Activity — “Living Room Worship Party”
Parent Instructions: Sing one worship song or make one up! Dance, clap, bow, raise hands.

4th–5th Activity — “Call Out Worship”
Parent Instructions: Let them call out 5 things about Jesus they love while worshipping.

DAY 9 — Jesus Wants My Heart, Not Just My Sunday

- **Scripture:** Proverbs 3:5
- **Discussion:** “We trust Him every day.”
- **Prayer:** Jesus, help me trust You every day. Amen.

PS–3rd Activity — “Trust Fall to Parent Arms”
Parent Instructions: Let your child gently fall backward into your arms and say: *“I trust Jesus like this!”*

4th–5th Activity — “Trust Swap Prayer”
Parent Instructions: Have them trade 1 worry for 1 truth from scripture.

DAY 10 — A Disciple Knows Jesus' Words

- **Scripture:** Psalm 119:11
- **Discussion:** "We hide His Word in our hearts."
- **Prayer:** Jesus, put Your Word in my heart. Amen.

PS–3rd Activity — "Treasure Verse Hide & Find"
Parent Instructions: Hide one verse around the room for them to find and read together.

4th–5th Activity — "Sword Drill Verse Find"
Parent Instructions: Call out Psalm 119:11 and time them looking it up!

DAY 11 — I Can Pray for My Church

- **Scripture:** 1 Timothy 2:1
- **Discussion:** "We pray for others first."
- **Prayer:** Jesus, bless my church. Help us follow You together. Amen.

PS–3rd Activity — "Sticker Prayer Board (draw if no stickers)"
Parent Instructions: Draw circles or stick shapes representing people at church and pray over each.

4th–5th Activity — "Big 3 Church Prayer"
Parent Instructions: Pray for 3 areas: leaders, kids, families.

DAY 12 — I Invite Others Into Jesus' Friendship

- **Scripture:** Luke 14:23
- **Discussion:** "Jesus wants His house full!"
- **Prayer:** Jesus, help me invite others to You. Amen.

PS–3rd Activity — "Practice Invite Role Play"
Parent Instructions: Pretend you are a friend and let them practice inviting you to church or to Jesus.

4th–5th Activity — "1 Real Invite Challenge"
Parent Instructions: Encourage them to invite 1 real friend this week.

DAY 13 — Disciples Grow in Wisdom

- **Scripture:** James 1:5
- **Discussion:** "Jesus gives wisdom when we ask."
- **Prayer:** Jesus, give me wisdom to follow You better. Amen.

PS–3rd Activity — "Wisdom Hat (paper crown or cap)"
Parent Instructions: Make a paper hat and say: *"Jesus gives me wisdom!"*

4th–5th Activity — "Wisdom for the Week Prayer"
Parent Instructions: Have them pray for wisdom in 1 specific situation.

DAY 14 — I Help Others Follow Jesus

- **Scripture:** Matthew 28:19-20
- **Discussion:** "What is the mission of every disciple?"
- **Prayer:** Jesus, help me make disciples by sharing You and showing You. Amen.

PS–3rd Activity — "Teach It Back with Props"
Parent Instructions: Let your child "be the teacher" for 1 minute. Give them fun items from around the house to use as teaching props — like a Bible (or any book), a flashlight, a small toy cross (or sticks taped like a cross), and a heart drawn on paper. Ask them to explain:

1. We follow Jesus
2. We learn His Word
3. We tell others about Him
   Celebrate them after by clapping and saying, *"You're a disciple who helps others follow Jesus!"*

4th–5th Activity — "Great Commission Tag Team Teach"
Parent Instructions: Split Matthew 28:19-20 into 3 parts and have your child teach it like a mini sermon:

- *Go tell people about Jesus*

- *Teach them to follow Him*

- *Jesus is with us always*
  They can teach to siblings, stuffed animals, or you! Encourage them to speak clearly and confidently, and end by asking their "class": *"Who is always with you?"* (Answer: Jesus!)

DAY 15 — My Spirit Belongs to Jesus

- **Scripture:** Romans 8:16

- **Discussion:** "Who tells your spirit you belong to God?"

- **Prayer:** Holy Spirit, help me experience Jesus deeper. Remind me I am God's child. Amen.

PS–3rd Activity — "Worship Whisper & Wonder"
Parent Instructions: Create a calm moment. Sit with your child and say, *"We're going to worship Jesus quietly in our spirit."* After 20–30 seconds, ask them: *"What do you think Jesus wants you to know today?"* Write their answer down — even if it's simple like *"He loves me."* Explain: *God speaks to our spirit!*

4th–5th Activity — "Spirit Journal"
Parent Instructions: Give your child 2–3 minutes to write: *"The Holy Spirit helps me experience Jesus by…"* Encourage answers like: guiding me, giving me courage, reminding me of scripture, helping me love others.

DAY 16 — Jesus Guards My Mind

- **Scripture:** Isaiah 26:3

- **Discussion:** "What brings perfect peace?"

- **Prayer:** Jesus, keep my mind stayed on You. Replace chaos with Your peace. Amen.

PS–3rd Activity — "Peace Breath + Truth Talk"
Parent Instructions: Breathe slowly together 6 times:

- Inhale and say **“Jesus”**

- Exhale and say **“Peace”**
  Then say: *“Jesus helps my mind stay peaceful.”* Ask them to name 1 worry and respond: *“Jesus guards that too.”*

4th–5th Activity — “Thought Shield Cards”
Parent Instructions: Make 3 small “shield cards” on scrap paper. On each write a truth:

- *Jesus is with me*

- *I can pray instead of worry*

- *God gives me peace*
  Hold the cards and declare them aloud together.

DAY 17 — Jesus Strengthens My Body

- **Scripture:** 1 Corinthians 6:19-20

- **Discussion:** “Who does your body belong to?”

- **Prayer:** Jesus, help me honor You with my strength, health, and choices. Amen.

PS–3rd Activity — “Thank You Jesus Movement Parade”
Parent Instructions: March around one room like a parade for 1–2 minutes. Say while moving: *“Thank You Jesus for my body! I honor You!”*

4th–5th Activity — “Body for the King Training Plan”
Parent Instructions: Let your child create a 2-minute workout like: 10 jumps, 10 toe touches, 10 seconds running in place, 10-second stretch. After say: *“My body belongs to Jesus!”*

DAY 18 — Jesus Gives Me Real Joy

- **Scripture:** Psalm 16:11

- **Discussion:** “Where is fullness of joy found?”

- **Prayer:** Jesus, let me find my deepest joy in Your presence, not things. Amen.

PS–3rd Activity — "Joy Freeze Dance + Joy Share"
Parent Instructions: Dance 60 seconds, freeze 6 times. Each freeze shout: *"Jesus is my joy!"* After ask where they feel Jesus' joy most.

4th–5th Activity — "Joy Charades + Debrief"
Parent Instructions: Act out joyful gifts Jesus gives (peace, worship, serving, friendship). After ask: *"How does joy help you follow Jesus?"*

DAY 19 — Jesus Gives Power for Hard Things

- **Scripture:** Philippians 4:13
- **Discussion:** "Whose strength helps you do all things?"
- **Prayer:** Jesus, be my strength when life is hard. Help me lean on You, not quit. Amen.

PS–3rd Activity — "Power Echo Mountain"
Parent Instructions: Pretend to echo off a mountain. Say 5x louder each time: *"I can do hard things with Jesus' power!"* Do strong poses after.

4th–5th Activity — "Hard Thing Power List"
Parent Instructions: List 3 hard things. Next to each write: *"Jesus gives me strength."* Pray over it.

DAY 20 — Jesus Expands My Heart to Love

- **Scripture:** 1 John 4:19
- **Discussion:** "Why can we love others?"
- **Prayer:** Jesus, grow my heart to love like You. Let Your love flow through me. Amen.

PS–3rd Activity — "Big Heart Prayer Names"
Parent Instructions: Draw a giant heart. Put 3 names inside. Pray for each. Encourage them to hug one today.

4th–5th Activity — "Love the Tough Ones Prayer"
Parent Instructions: Pray for 1 person they struggle to love. Coach them to pray blessing, not frustration.

DAY 21 — I Seek Jesus With My Whole Heart

- **Scripture:** Jeremiah 29:13
- **Discussion:** “What happens when we seek Jesus fully?”
- **Prayer:** Jesus, I choose to seek You fully. Let me experience You deeper. Amen.

PS–3rd Activity — “Engage Crown Commitment”
Parent Instructions: Make a paper crown. Write: *Engage • Equip • Experience.* Put it on and pray together.

4th–5th Activity — “Whole Heart Plan”
Parent Instructions: Help them write a 7-day plan to seek Jesus (pray 2 min daily, read 3 verses, serve 1 person, invite 1 friend this month).

✨ CLOSING ENCOURAGEMENT

You did it! 🎉 Over the last 21 days, you have:

- Talked to Jesus like a friend
- Learned what disciples do
- Prayed for your church
- Used your voice, heart, and body to honor Him
- Taken steps to go deeper with Him

Parents, thank you for discipling your children — you are helping shape lifelong followers of Jesus.

Kids, remember this truth forever: **Jesus is working in His church — and YOU are part of what He is doing!** Keep engaging, keep following, keep going deeper!

We love you and we’re praying for you

— With love,
IpKids 💛