



EL DIVINO
REDENTOR

21 DAYS

PRAYER + FASTING

JANUARY 4-25

Fasting is the voluntary abstinence from food with the intention of enriching one's spiritual life and removing distractions to draw closer to God. Fasting is done in conjunction with prayer and Bible reading.

Scan the following QR code to see a teaching about fasting:



The following activities will be part of our 21-day fast:

JANUARY 7 - 7PM

A NIGHT OF MIRACLES
WITH EVANGELIST
CARLOS PASCUAL

JANUARY 14 - 7PM

NIGHT OF
WORSHIP

JANUARY 21 - 7PM

NIGHT OF PRAYER
AND REVIVAL



I. Partial Fast (Daniel Fast)

Suggested meals:

Fruit: fresh, dried, juiced, canned. Apples, bananas, watermelon, papaya, kiwi, peaches, grapefruit, melon, grapes, strawberries, raisins, pineapple, guava, mango, tangerine, etc....

Vegetables: Fresh, canned, frozen. Pumpkin, carrot, asparagus, broccoli, cabbage, celery, corn, garlic, cucumbers, onion, spinach, tomato etc.....

Grains: brown rice, whole wheat pasta, whole wheat tortillas, quinoa, oats, beans, lentils, etc.

Nuts: peanuts, peanut butter, sunflower seeds, etc.

Liquids: Water, natural juices without sugar.

Television and internet: Replace your use of social media and television/movies with prayer and Bible reading.

TYPES OF FASTING

Matthew 6:16-18 "16 And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. 17 But when you fast, comb your hair and wash your face. 18 Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you."

II. Absolute Fasting

Eliminate all liquids and food. Esther 4:16; Deuteronomy 9:9, 18. It is not recommended for those who are not used to not eating for long periods of time.

III. Combined fasting (Absolute and partial):

Depending on your schedule and work, you can combine the two fasts. Some times and days can be absolute, and other days or times partial.

** If you have symptoms of a health problem or physical problems, you should consult your doctor before starting any type of fasting.*

PRAYER GUIDE

We will follow the approach to prayer that many Jews in the Bible, such as David, Daniel, and the apostles, had, and we will pray three times a day during our 21 days of fasting (Psalms 5:3, 55:17; Acts 3:1, 10:9; Daniel 6:10). Pray at least three times a day, morning, afternoon, and evening, following this rhythm:

MORNING

Pray over the daily theme. Start your day by asking God to speak to you through it.

AFTERNOON

Pray for salvation for the lost—your family, neighbors, friends, coworkers, classmates, and our city. Ask God to draw them to His Word, to Jesus, and into the EDR faith community.

EVENING

Give thanks and gather for a family altar. Read the daily passages, discuss the theme, and turn it into a simple Bible study and prayer time. Reflect on God's goodness, share insights, and encourage each other as you grow in faith together.

DAILY PRAYER TOPICS

DAY 1 — MON 5

FOR THE FAMILY

Unity, family restoration, peace and understanding

Exodus 20:12; Genesis 18:19; 1 Corinthians 13:4-7; Ephesians 4:3

DAY 2 — TUE 6

HEALTH

Physical, spiritual, emotional and mental health

Psalms 147:3; 30:2; 41:3; Isaiah 53:5; James 5:14-15

DAY 3 — WED 7

COMMUNITY

Unity to serve with a shared purpose, demonstrating grace, love, compassion, and empathy

Acts 2:42-47; Hebrews 10:24-25; 1 Corinthians 12:11-27

DAY 4 — THU 8

WOMEN

May each member discover and use their gifts in service to God in the church and community

1 Corinthians 12:1-11; 1:4-9; Romans 12:4-8

DAY 5 — FRI 9

LEADERSHIP

Wisdom for our ministry leaders, board of directors, local and national leaders

Matthew 20:26-28; Proverbs 11:14; Ephesians 4:1-4; Titus 1:6-9

DAY 6 — SAT 10

THE BIBLE

May God give us love for His word and strength to put it into practice

2 Timothy 3:16-17; Hebrews 4:12; Psalm 119:105

DAY 7 — SUN 11

MARRIAGES

Depth of love, clear communication, forgiveness, and perseverance

Genesis 2:24; Matthew 19:4-6; Ephesians 5:22-23

DAY 8 — MON 12

EVANGELISM

Open hearts and opportunities to share the gospel

Matthew 28:19-20; Romans 1:16; 2 Timothy 4:2; Luke 19:10

DAY 9 — MAR 13

CENTENNIAL

Gratitude for the last 100 years and thanks for the next 100.

Hebrews 12:1; Galatians 6:9; 2 Thessalonians 3:13; Proverbs 4:25-27

DAY 10 — WED 14

PRaise

Freedom and passion in the expression of our praise to God

Juan 4:23-24; Romans 12:1; Salmo 34:3, 100:4; Revelation 4:11

DAY 11 — THU 15

DISCIPLESHIP

May each believer grow and help others to grow.

Matthew 28:19-20; Acts 13:47; Luke 9:23-24

DAY 12 — FRI 16

PASTORS

For wisdom, discernment, clarity, conviction, and protection.

Hebrews 13:17; Jeremiah 3:15; 1 Pedro 5:1-5; Ephesians 4:11-12;

DAY 13 — SAT 17

MISSION BIBLE COLLEGE

Faculty, students and growth

Proverbs 1:7, 4:7; 2 Timothy 3:15-17; Joshua 1:8

DAY 14 — SUN 18

MISSIONS

Effectiveness, strength of missionaries and salvation of souls

Matthew 28:19-20; Mark 16:15-16; John 20:21

DAY 15 — MON 19

MIRACLES

Faith to believe and see miracles in every EDR meeting, program, and event

Mateo 17:20; 19:26; Salmo 77:14; Marcos 9:23; Lucas 8:45

DAY 16 — MAR 20

PROVISION

Provision for every spiritual and economic need

Philippians 4:19; Psalm 23:1; 2 Corinthians 9:6-10

DAY 17 — WED 21

ENGLISH SERVICE

God's favor, new souls, resources, equipment, and supernatural growth

1 Chronicles 4:9-10; 2 Chronicles 5:13-15; Psalm 90:17

DAY 18 — THU 22

LIFE GROUPS

Groups throughout the city that take the word to every home

Acts 2:46; 5:42; 12:12; 20:20

DAY 19 — FRI 23

KIDS AND YOUTH

Protection at school, good friendships, and the return of the prodigals

1 Timothy 4:12; Proverbs 22:6; Ecclesiastes 12:1

DAY 20 — SAT 24

THE VOICE OF GOD

Sensitivity to the voice and guidance of the Holy Spirit

John 10:27; 1 Kings 19:11-12; Psalm 46:10

DAY 21 — SUN 25

REVIVAL

Genuine repentance and manifestation of the power of the Holy Spirit

James 4:8; Psalm 85:6; Acts 1:8; Juan 16:8

1. Before the Fast: Set Your Commitment

Before starting the 21 days, decide what type of fast you will do. Be intentional and prayerful.

Question: What type of fast will I do? (Daniel Fast, Absolute, Partial)

2. During the Fast: Stay Rooted in the Word

As you read Scripture throughout the 21 days, keep track of what you've completed.

Question: What Bible chapters and books did I read?

3. After the Fast: Reflect on God's Work

When the 21 days are finished, pause and record what God taught you, showed you, or changed in you.

Question: What did God speak to me during these 21 days?

Our Vision

Know God. Discovering community, identity, and purpose.

Our Mission

We exist to reach those who are far from God, to make disciples, to serve locally and globally.

Our Values

To create community, to grow spiritually and in numbers, to serve with enthusiasm, to give generously, to worship without reservation, to pray fervently

10 PRACTICAL TIPS FOR FASTING

1. Define your purpose before you begin.

Don't fast just out of discipline; fast with intention. Follow the daily prayer themes guide.

2. Begin with a surrendered heart.

Fasting is not to impress God, but to draw closer to Him with humility and dependence.

3. Avoid replacing food with distractions.

If you skip meals but spend time on social media, Netflix, or video games, it's not fasting; it's dieting. Replace that time with prayer.

4. Make a plan for your diet (if it is a partial fast).

Preparing your meals in advance prevents you from making impulsive decisions when you're hungry.

5. Increase your hydration.

Drink more water than usual. Dehydration can make you feel weak or dizzy.

6. Fill your mind with the Word every day.

Fasting without the Bible is just hunger. Read, memorize, and meditate on Scripture daily.

7. Be consistent, not perfect.

If you miss a day, don't give up. The purpose of fasting is your growth, not your perfection.

8. Maintain a spirit of grace, not complaint.

Don't complain about fasting or seek recognition. Jesus said to keep it secret and joyful.

9. Evaluate your heart while fasting.

Allow the Holy Spirit to reveal attitudes, habits, and areas that need to be corrected.

10. End your fast with gratitude and testimony.

Before returning to your routine, take some time to thank God for what He has done and share your testimony with others.

2026 CALENDAR

JANUARY / JANUARY

4 Bilingual Service
4–25 21 Days of Prayer
7 Night of Miracles – Carlos Pascual
14 Worship Night / Night of Praise
15 Team Night (Leaders)
24 Citrus Parade
25 Baptisms and Holy Communion
31 Junta Anual / Annual Business Meeting

FEBRUARY

13 Couples Night
21 Life Groups Training / Life Groups Workshop

MARCH

2 Season 2 of Life Groups Begins
13–14 Heart Conference
15. Baby Dedications

APRIL / APRIL — Holy Week

3 Good Friday Service + Holy Communion
5 Easter Sunday / Easter Family Service +
Baptisms
17–19 Centenary Celebration / 100th
Anniversary Celebration

MAY / MAY

3 Welcome Party
10 Mother's Day / Mother's Day Service
25 Convivio de Memorial Day / Church Wide
Picnic

JUNE

4 Night Team (Volunteers)
7 Graduation Service
14. Baby Dedications
21 Father's Day / Father's Day Service

JULY

5 Santa Cena / Communion
15–17 Vacation Bible School / VBS

AUGUST

10 Mission Bible College / MBC Launch
22 Life Groups Workshop
23 Welcome Party
30 Baptisms

SEPTEMBER / SEPTEMBER

7 Season 3 of Life Groups Begins
18th Cultural Festival

OCTOBER

1 Night Team (Volunteers)
3 Radio Maranatha 97.9 Collection
4 Santa Cena / Communion
11 Pastoral Appreciation Day
30 Family Movie Night

NOVEMBER / NOVEMBER

1st Volunteer Fair / Ministry Fair
13. Volunteer Appreciation Banquet
15 Welcome Party
22 Baptisms

DECEMBER

18 Musical Work – First Performance / Christmas
Play (1st Showing)
20 Musical Work – Finale / Christmas Play Finale

Note: All dates are subject to change.

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WE'LL BE POSTING EVERYDAY!

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