

Bethel Lutheran Church

Mentor Ministry

I'm a mentee... now what?

Here are a couple of thoughts about being a mentee:

- 1.** Have a good attitude about being in the program! You've heard it said, "Attitude is everything", most of the time it is true! If you are looking at this mentorship process as something to "just get out of the way" your experience will probably be pretty dull. Have a good attitude about looking deeper into your faith as a teenager and thinking about what you believe! You will come out of this experience with more than "being done"; you'll have a stronger faith!
- 2.** "Getting through the questions" is not as important as having a meaningful conversation. If you spend a lot of time during a meeting talking about one subject, that is okay. The questions are tools to get a conversation going. With that in mind, it is still a good idea to talk about as many of the questions as you can.
- 3.** Simply answering all the questions to be done and to move on is not the point of being a mentee. Be sure to try and answer the questions with more than just a "yes" or "no"! Expand on what you really feel or think about the question. Also, be careful not to give the "Sunday School" answer just to move on to the next question, especially if you have questions about the "Sunday School" answer.
- 4.** All conversations that you have with your mentor will remain confidential. They understand the need for you to trust them and not say anything about your conversations with you. The only time when confidence will be broken is when someone talks about hurting him/herself or someone else.
- 5.** Remember, mentors are not adults who have all the answers. Your mentor is not there to answer all of your questions, but to help walk through the questions you have. They will likely have some of the same questions you have, and talking about these will help you both grow in your faith!
- 6.** Responding to communication from your mentor is very important in a mentor/mentee relationship! If your mentee calls, call them back! If they send you an e-mail, send a quick e-mail back! Always be willing to respond, even if you are busy, to your mentee! They are here to help you learn about your faith.
- 7.** Be willing to meet. Part of being a mentee is discussing your faith with your mentor. You need to be willing to meet when it works for the two of you.
- 8.** Be excited! This should be a great time as you learn and explore your faith! The more you give to the mentorship program the more you will get out of it!
- 9.** Always think of ways to say thank you to your mentor! They will appreciate it!