

PRAYER BRACELET

Thank you so much for helping with this project! These bracelets are going to be beautiful reminders for people to pray for countries where Christians are persecuted. Please pray over each bracelet as you make them. Pray for windows of opportunity to share the love of Jesus with people in each of these countries! Thank you for making a Kingdom difference!

VIDEO TUTORIAL

A video tutorial to assemble the prayer bracelet is available at <https://firstnlr.com/missions-bracelet-guide> or just scan the QR code below.



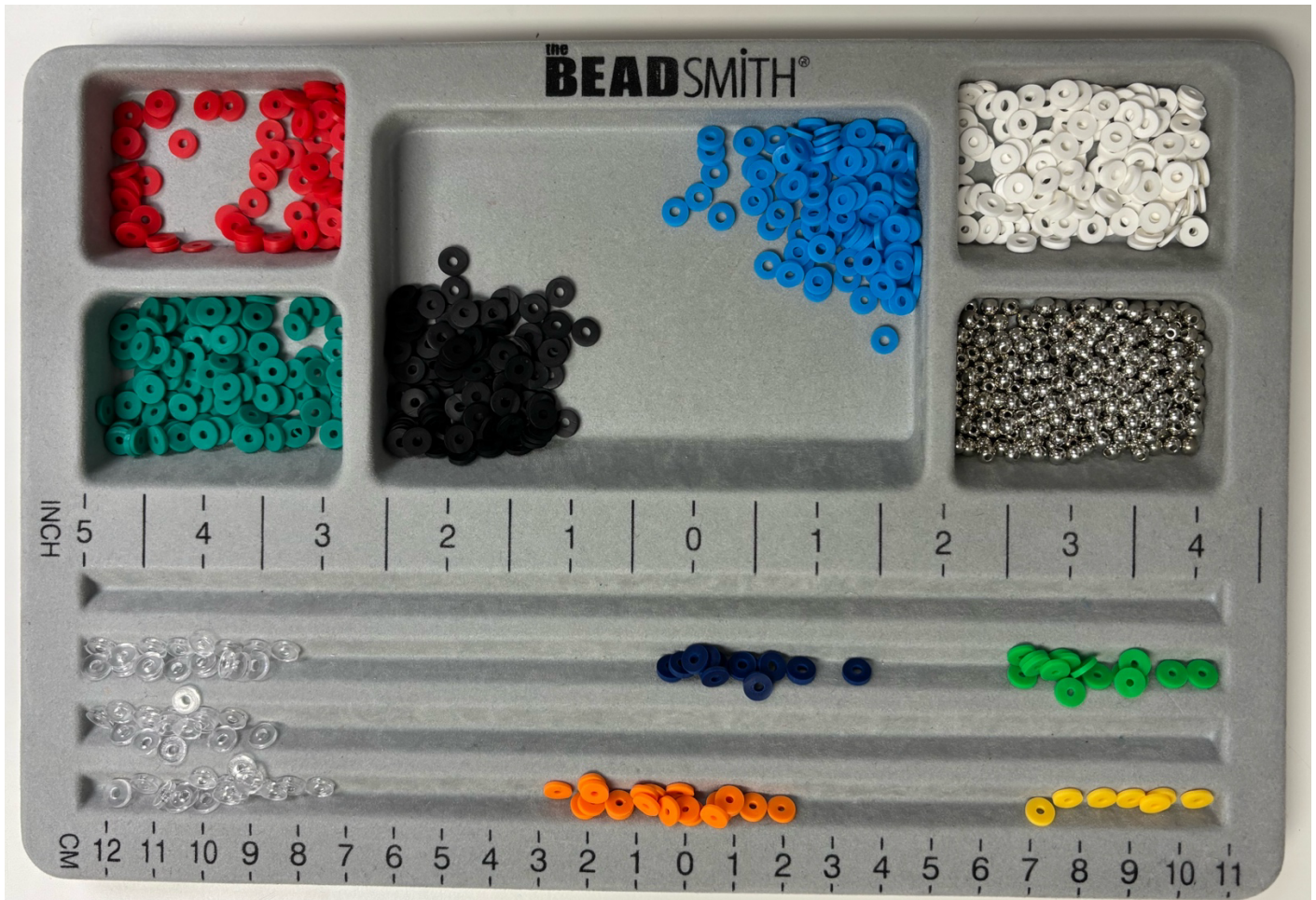
If you have questions, please contact Danielle Smith at (501) 712-6950 or dsmith@firstnlr.com.

Please return your completed bracelets and remaining kit supplies to The Hub in the First NLR Main Lobby by Sunday, October 13.

INSTRUCTIONS

GETTING STARTED

- Sort your beads by color in the tray provided so you can easily find what you need.



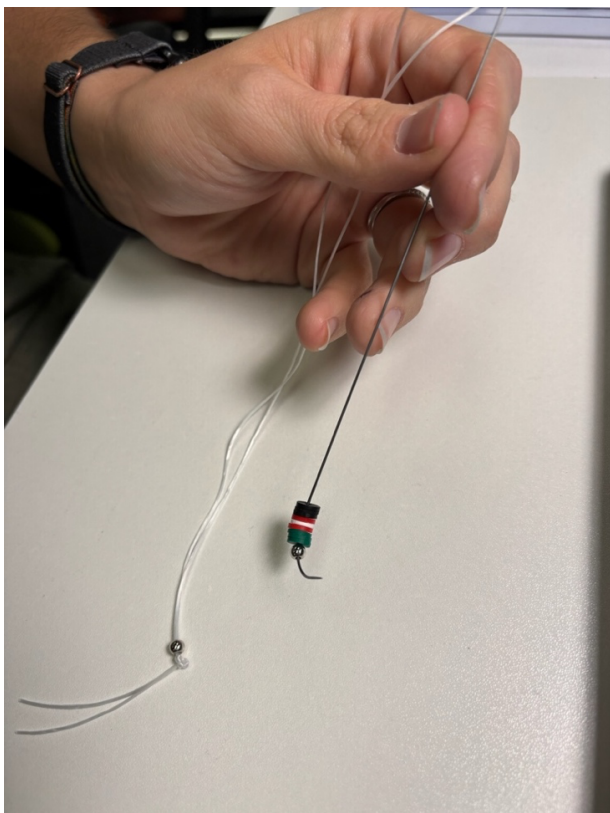
- You don't need to count them, but for each bracelet, you will use:
 - 27 dark green beads
 - 2 light green beads
 - 2 dark blue beads
 - 10 light blue beads
 - 24 white beads
 - 23 red beads
 - 3 orange beads
 - 1 yellow bead
 - 15 black beads
 - 16 round silver beads
 - 8 clear beads
- Put the Flag Bead Key where you can see it while you are working. It shows the order you will assemble the beads.

ASSEMBLING THE BRACELET

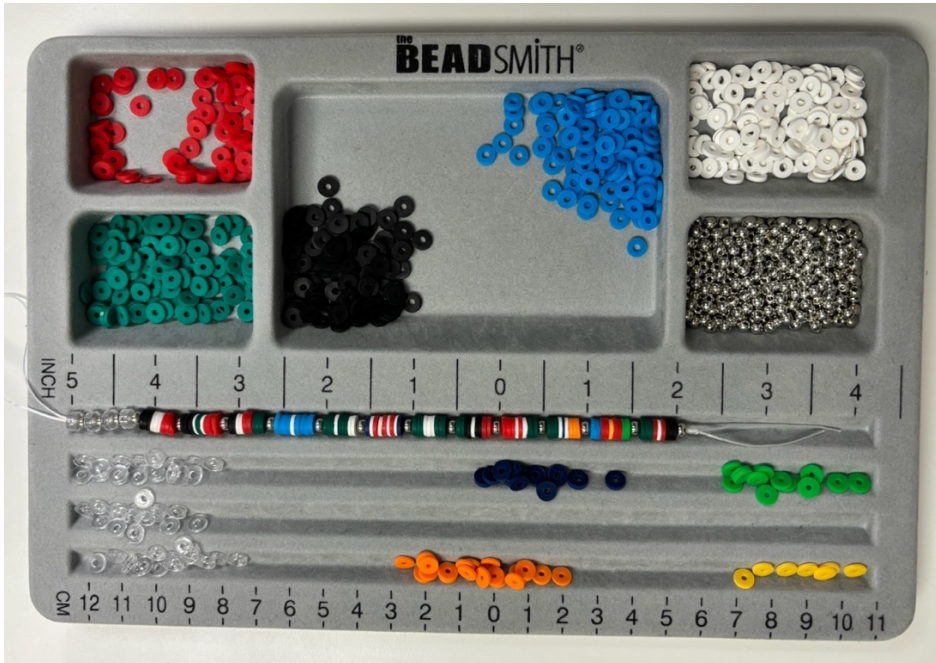
- Put the looped end of the elastic onto the small hook on the back side of the beading needle.



- Hold the beading needle in your non-dominant hand and bead with your dominant hand.
- As shown on the Flag Bead Key, the bracelet starts with a silver bead placed on the beading needle and pulled all the way down to the knot at the bottom of the elastic.
- For each flag section, you're going to thread 9 color beads followed by a round silver bead. Once you have a section of the color beads and one round silver bead on the hook, slide them all the way to the bottom, then add the next section. Repeat the process until you get the end where you'll add clear spacer beads and more silver beads. Just follow the Flag Bead Key for the exact order and colors of beads.



- When the bracelet is complete, it should be about 7 inches in length. Use the board the measure.



- Once all the beads have been placed on the elastic, unhook the elastic from the beading needle.



- If you're not tying the bracelet right now, get a safety pin, open it, hook it onto the looped end of the elastic, and close it. This will keep your beads from sliding off until you are ready to tie the two ends together.



TYING THE BRACELET

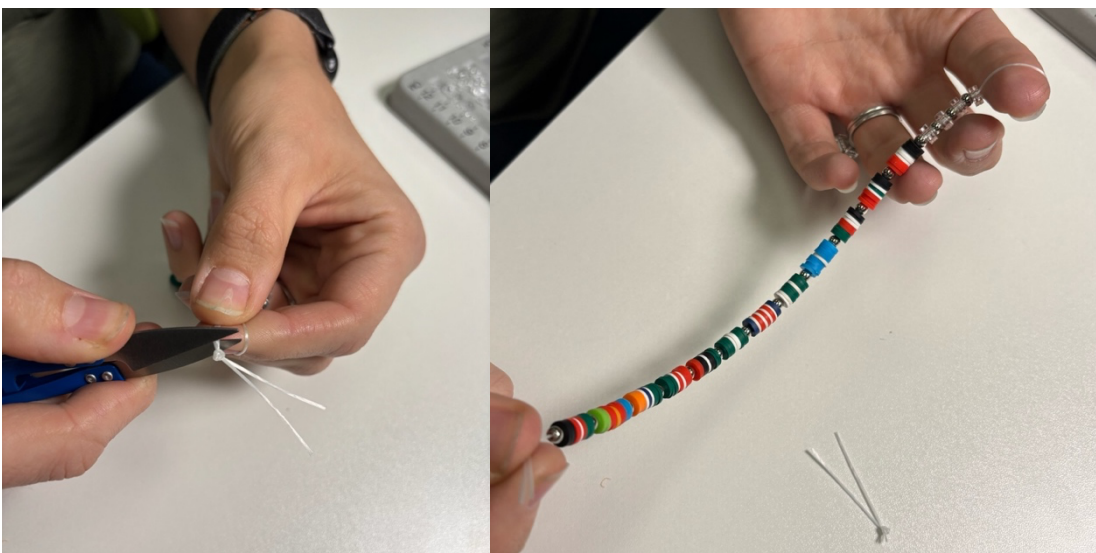
- If you had inserted a safety pin, remove it while holding onto the looped end of the bracelet.



- Put the looped end of the bracelet on the pointer finger of your non-dominant hand.



- Slide the beads on the elastic down towards the pointer finger of your non-dominant hand.
- Cut off the knot that's at the end of the elastic and hold the cut ends in your dominant hand. You should have the looped elastic on the pointer finger of your non-dominant hand and two pieces of elastic held in the fingers of your dominant hand.



- Take one of the pieces of elastic from your dominant hand and feed it through the loop on the pointer finger of your non-dominant hand.



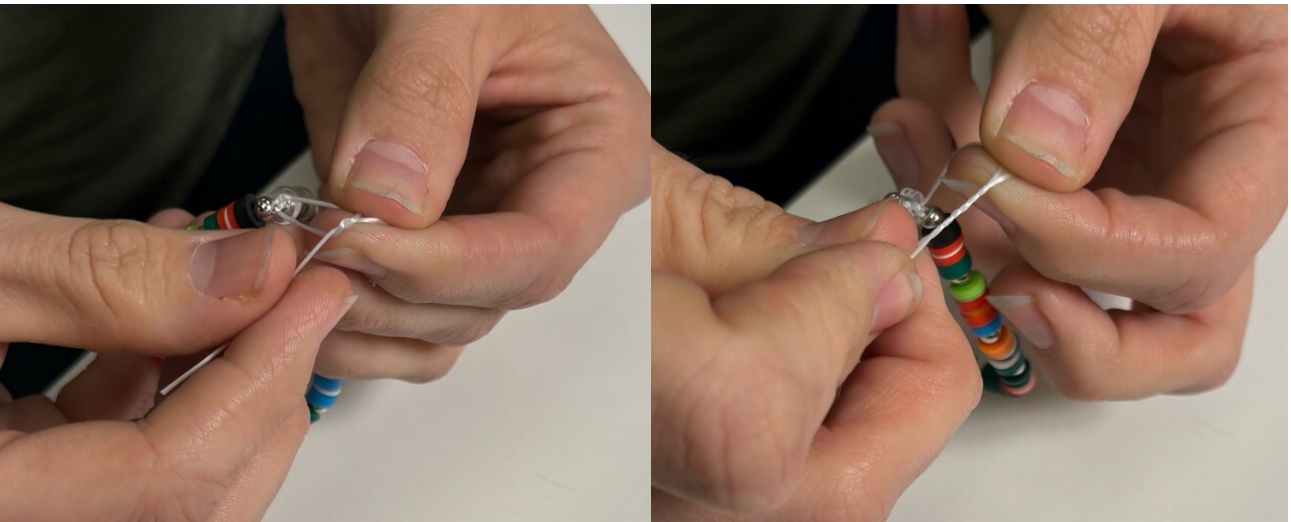
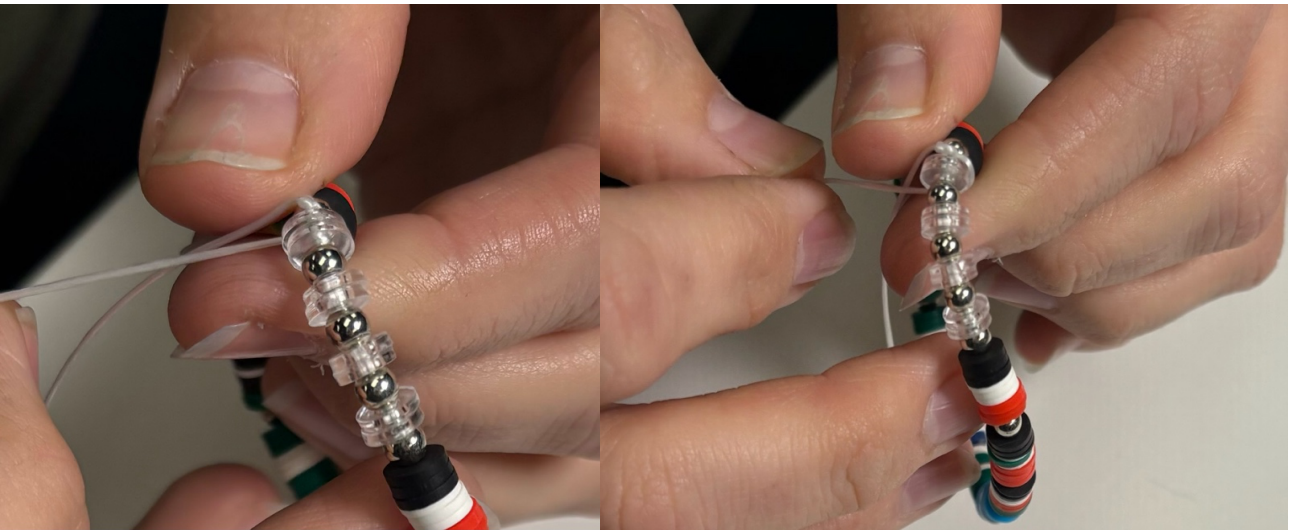
- Pull it tight, but not too tight. Pulling it too tight can make the bracelet look triangular instead of round.



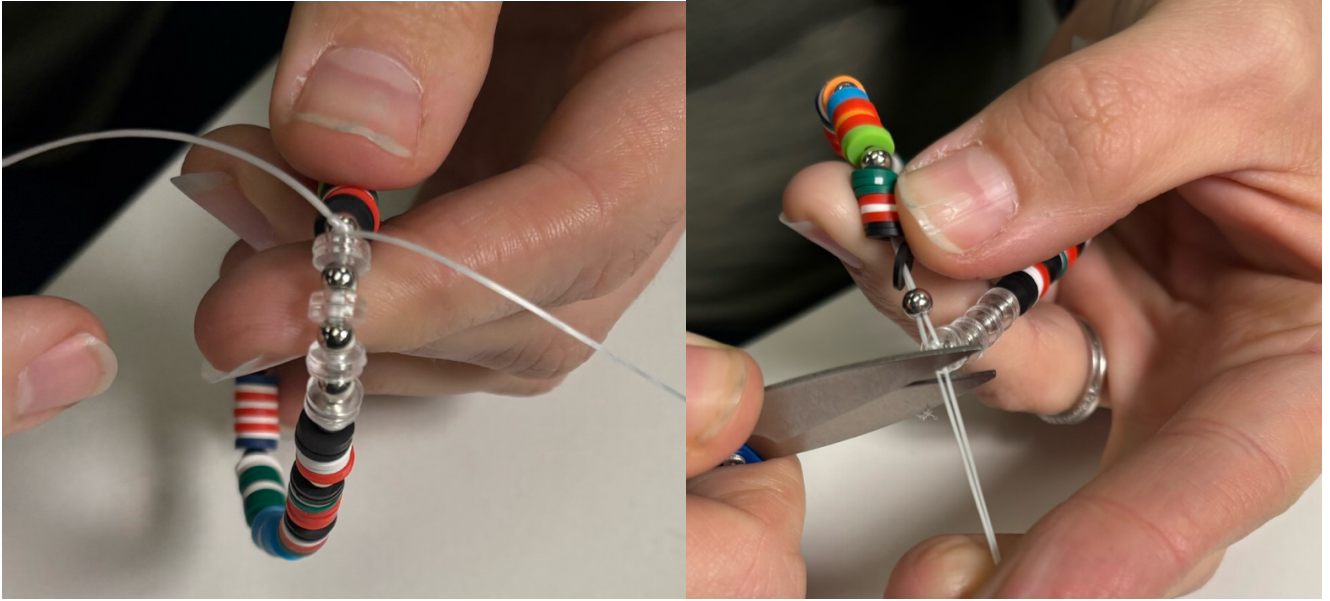
- Tie a single overhand knot, followed by a surgeon's knot. (Surgeon's knot is looped through 3 times before pulling it snug.) These knots should be snug but not overly tight.



- Loop one of the loose ends of elastic through the bracelet (to secure both pieces of elastics in the final knot) and do the knots again, single overhand followed by a surgeon's knot. These final knots should be very tight.



- The final step is to trim off the excess elastic and hide the knot underneath some of the clear spacer beads.



- Now your bracelet is complete!

