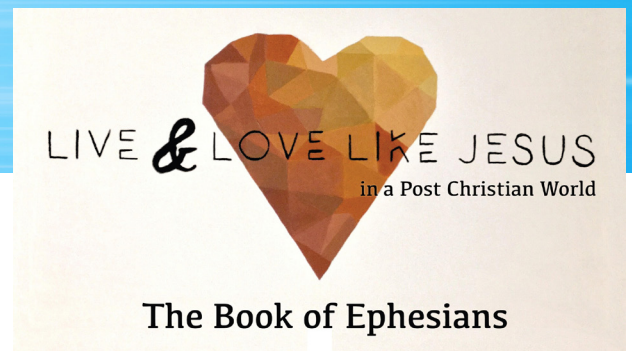


Discussion Questions

February 12, 2023

Ephesians 4:17-24

Put Off the Old and Put On the New - Part 1



1. Read Ephesians 4:17-24

- In your own words, how does Paul describe the way of the gentiles?
- Why do you think Paul is so harsh in his descriptions of the old way of life?

2. Read Ephesians 4:20-21. Discuss what it means to "learn Christ."

3. Read Ephesians 4:22. Paul refers to the deceitfulness of lust. Discuss ways in which lust is deceitful and how it can numb us as Paul describes in verse 19.

4. What does it look like to "Put off the old self" in verse 22?

5. Paul says that they are not to walk like Gentiles any longer, to not walk in the ways of the prevailing culture. In what ways does the body of Christ today live like the culture around us rather than being set apart?

6. Spend some time in prayer, either privately or publicly, whichever is more appropriate. Acknowledge where you are living a life indistinguishable from the prevailing culture. Ask the Lord to reveal to you where you are putting back on the clothes of the old self.



Ephesians 4:17-24

Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. But that is not the way you learned Christ! - assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

Ecclesiastes 1:2 (NASB 2020)

"Futility of futilities," says the Preacher [King Solomon], "Futility of futilities! All is futility."

Ecclesiastes 1:14 (NASB 2020)

I have seen all the works which have been done under the sun, and behold, all is futility and striving after wind.

Ecclesiastes 12:13 (NLT)

...Here now is my final conclusion: Fear God and obey his commands, for this is everyone's duty.

Ephesians 4:20 Nasb 2020

That, in reference to your former way of life, you are to rid yourselves of the old self, which is being corrupted in accordance with the lusts of deceit,

1 Corinthians 6:18

Flee from sexual immorality

Statistics on pornography consumption in America

- 91.5% of men and 60.2% of women reported having consumed pornography in the past month
- Pornography use increases the marital infidelity rate by more than 300%
- 68% of church-going men and over 50% of pastors view porn on a regular basis.
- Of young Christian adults 18-24 years old, 76% actively search for porn
- 33% of women aged 25 and under search for porn at least once per month

Isaiah 5:20-22 (NLT)

What sorrow for those who say that evil is good and good is evil, that dark is light and light is dark, that bitter is sweet and sweet is bitter. What sorrow for those who are wise in their own eyes and think themselves so clever. What sorrow for those who are heroes at drinking wine and boast about all the alcohol they can hold.

John 10:16

My sheep hear my voice and I know them, and they follow me; and I give them eternal life.