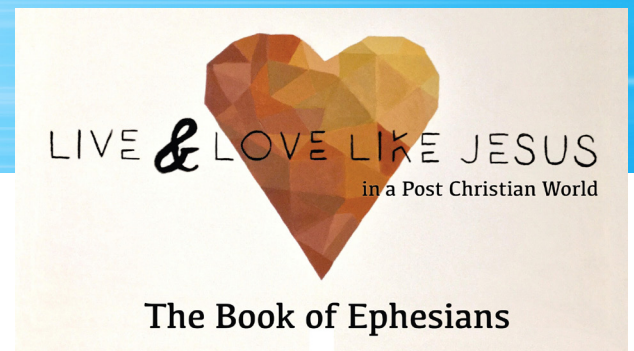


Discussion Questions

February 26, 2023

Ephesians 4:25-32 Putting on the New Self



1. How do you relate to the idea of putting of the Old Man and putting on the New Man?

What has this looked like in your life?

2. In the message, Steve talked about a teacher who documented the ways in which she saw students lying. Which ones do you identify with?

Defensive	Control	Indifference	Vindictive
Procrastinate	Perception	Disappointment	Bored
Elevate	Manipulative	Protect	Impress
Intimidated	Habit	Covet	Fun
Attention-seeking	Minimize	Curiosity	Desire
Maximize	Superior	Harm	Suppress
Avoid	Sympathy	Deny	Cover
Lazy	Hide		

3. Which of the 7 ways of "Putting Off the Old/Putting On the New" have been the easiest for you?

Which has been the most difficult?

4. Is the idea of the Holy Spirit as a coach helpful to you? How?

5. In what ways could you cooperate with the Holy Spirit in this process of putting off/putting on?



The Old Pattern**Ephesians 4:17 - 19**

Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.

The New Pattern**Ephesians 4:20 - 24**

But that is not the way you learned Christ! - assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

Ephesians 4:25 - 32

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Daniel 9:13

As it is written in the Law of Moses, all this calamity has come upon us; yet we have not entreated the favor of the LORD our God, turning from our iniquities and gaining insight by your truth.

- 1) Recognize that anger is an indicator, much like the temperature gauge on your car.
- 2) Deal with it quickly