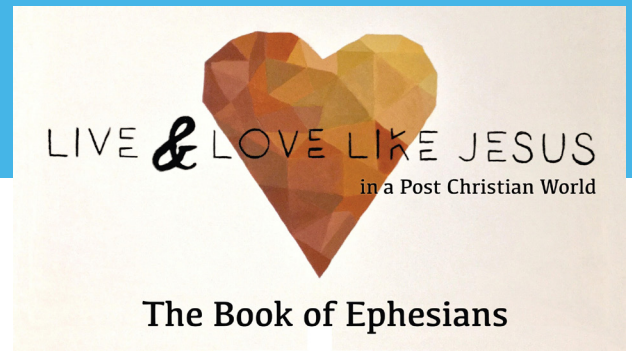


Discussion Questions

May 14, 2023

Ephesians 6:10-29 Spiritually Prepared for Life's Battles



1. Read Ephesians 6:10-20
List and summarize the pieces of armor. What does it mean to "take up the armor of God"?
3. Re-read Ephesians 6:14-17. In what ways do these explanations of the armor of God summarize what Paul has already explained in this letter?
4. Paul's repeats the word "stand" multiple times, what does that mean in the context of spiritual warfare?
5. Based on this passage, explain the nature and work of the enemy.
6. Share an example of when you have experienced "Spiritual Warfare."

In what ways is this passage relevant to addressing that experience?

7. Read Ephesians 6:18-20 on Prayer. In what ways does this passage challenge you today?

Ephesians 6:10-20 ESV

Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication.

To that end, keep alert with all perseverance, making supplication for all the saints, and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

1. Find your strength in the Lord and put on the whole armor of God.

- “Finally,” means in connection with and conclusion to what has already been said in the letter.
- Be strong in the Lord and His might.
- Put on the full armor.

2. We are not in a physical or cultural war with sinners, we are in a spiritual war with evil spiritual forces.**3. The whole armor is given so we can stand firm and withstand the evil day.**

- **Belt of Truth** - Truth is a friend of kindness. We should love truth and kindness.
- **Breastplate of Righteousness** - Righteousness given by Christ

2 Corinthians 5:21 ESV

For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Philippians 2:12-13 ESV

Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, for it is God who works in you, both to will and to work for his good pleasure.

Ephesians 5:1-18 ESV

Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints. Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving. For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God.

Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience. Therefore do not become partners with them; for at one time you were darkness, but now you are light in the Lord. Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to speak of the things that they do in secret.

But when anything is exposed by the light, it becomes visible, for anything that becomes visible is light. Therefore it says, "Awake, O sleeper, and arise from the dead, and Christ will shine on you." Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery, but be filled with the Spirit.

- **Shoes for your feet** - the readiness of the Gospel of Peace

Romans 1:16 ESV

For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek.

- **Shield of Faith** - To extinguish all the flaming darts of the evil one
- **Helmet of Salvation** - We are saved by Grace through faith for good works

Ephesians 2:8-10 ESV

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

- **The Sword of the Spirit, which is the Word of God**

4. Stay alert and pray in the Spirit.

Possible next steps

1. Explore more about Christianity and what it means to be a follower of Jesus.
2. Find forgiveness and new life in Jesus by turning from your sins and trusting him as your Lord and Savior.
3. Daily put on the full armor of God and pray for the Holy spirit's power to live and love like Jesus.
4. Stop using the Bible and your Christian faith to attack others and start using it to lead people to Jesus. Understanding that "we are not against people because they sin, we are for them against their sins." Just as we should be against our own sin but not against ourselves.
5. Maybe God is saying something else or more to you through His word. Will you ask Him what He wants you to do with today's passage?