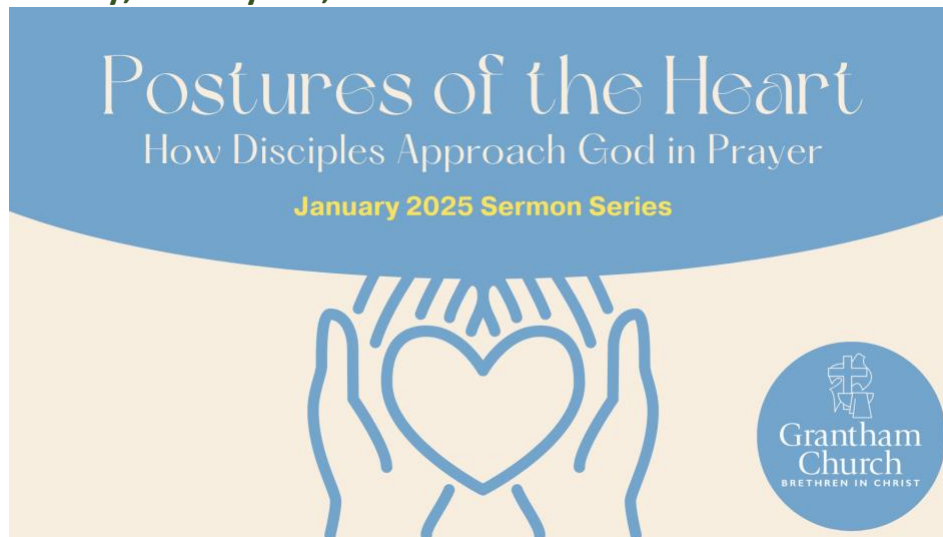


**Postures of the Heart (1 of 3)**  
Small Group Discussion Questions

Join our congregation for worship in-person or online at 10:30 am each Sunday via our [Grantham Church YouTube Channel](#). If you ever miss a message, the sermons are always posted to the [recent sermons page](#) at our website and at the [Grantham Church Podcast](#) the following day, along with the sermon slides and small group discussion questions under Worship Resources. Thank you for staying connected with us!

**Sunday, January 5th, 2025**



**Series Focus:** The Bible reveals that there are postures of the heart that are naturally conducive to a healthy prayer life. We can see these emotional postures in various biblical characters. We can also see that these emotional postures are often accompanied by physical postures which help us embody how we're feeling and experiencing God. Join us for our January sermon series—*Postures of the Heart: How Disciples Approach God in Prayer*—as we explore what it looks like to engage with a holy and loving God through spiritual conversation and seek to make practical application to our walk with Jesus.

**Sermon Title:** The Posture of Reverence: Praying with Humility

**Scripture Reading:** Isaiah 6:1-8; Luke 18:9-14

**Sermon Focus:** Often in prayer, we don't feel as though we're connecting with God. We desire a meaningful spiritual experience, but come away from prayer feeling empty. The prophet Isaiah was participating in his religious routines when he had a life-changing encounter with God. In the first message of our series, Pastor Melissa helps us consider the importance of approaching God with reverence and humility so that we can see ourselves rightly before a holy God, receive his grace, and respond with repentance and submission to his will.

Thank you for going deeper in conversation with your small group. Use the following questions to help *guide* your small group discussion:

1. What are attitudes people can have when they approach God in prayer? What are expectations you tend to have of God when you pray?

2. Read Isaiah 6:1-8. Imagine yourself in the shoes of Isaiah. What do you see, hear, feel, smell? What emotions might you have? What does the text show us about God's character and attributes?
3. Pastor Melissa described holiness as being set apart and as the perfection of all God's other attributes (e.g. love, goodness, justice, wisdom, etc.). When you think of God as holy, what comes to mind? How do you see yourself in comparison to a holy God? Is there an area of your life that is coming to mind this week that does not meet God's standard?
4. When we come before God with reverence, God reveals himself to us and helps us see our lack of holiness. But through Jesus Christ, he forgives us. What might it look like to receive God's forgiveness in that area (from question #3) and allow him to make you holy?
5. Isaiah's vision reminds him that God is reigning over all things. Where do you need to remember today that God is on the throne? What might it look like to surrender to God and respond to him with humble obedience?
6. When we approach God with humility, he makes us holy so we can extend his holiness to others. How is God calling you to point others to him (think about where he has placed you and who is in your life)? Are there concerns getting in the way of you responding to God's invitation (like uncertainty about the future, fear of others, desire for comfort, etc.)? What would help you give those concerns to God? What's a next step in responding to God's invitation this week?
7. Spend time in prayer, perhaps breaking up into groups of 2-3. Take a few moments to praise God for his holiness. Then spend a few moments in silence to watch and listen for what God wants to show/tell you. Receive God's grace and ask him to strengthen you to respond to him.