

# ANCHORED | UNDERSTANDING GOODNESS

## *Lesson 3: Understanding Absolute and Personal Truth*



Dear Parents,

Hello! I wanted to remind you about the study we're doing that focuses on helping students remain steady in the face of adversity, and encourage them grow deeper in their relationship with God. This Bible study is called *Anchored: Sure and Steadfast*, and this week is the last of a three-lesson unit called *Understanding Goodness*. The lesson was entitled "Understanding Absolute and Personal Truth" and it helped students understand the importance of relying on God's absolute truth over their own personal subjective truth.

**LESSON OVERVIEW:** There are many who want to develop personal truth based on their experiences, feelings, personal preferences, and human wisdom. This lesson will challenge students to lean into God's Word as the source of absolute truth, knowing this means that they might live in contrast to the rest of the world. Our personal truths do not become absolute truths, but rather, we are meant to take God's absolute truth and let it become our personal truth. Personal or subjective truths are not always the enemy- unless they directly oppose, twist, or contradict the truth of God. The goal of this lesson is for students to understand how limited personal truth is in the context of God's absolute truth. And through this recognition, students will grow in their desire to lean into God's wisdom rather than their own.

**WHAT WE WANT YOUR STUDENT TO LEARN:** To understand the difference between absolute truth and personal truth, recognizing that absolute truth is defined by God and found in His Word.

**WHAT WE WANT YOUR STUDENT TO DO WITH WHAT THEY'VE LEARNED:** Deepen their relationship with God so that they may deepen their knowledge of absolute truth. Ultimately, we want students to lean on the wisdom of God (absolute truth) rather than their own understanding.

**SCRIPTURE PASSAGES WE STUDIED:** Ecclesiastes 11:1-6, Proverbs 4:7, 1 John 5:20, 1 Corinthians 2:14-16, John 14:6

*Please Take A Few Minutes This Week To Read These Passages.*

*Next Steps . . .*

During the next week, as you engage in conversations with your student, remember that one way that will help them to understand and apply what they have learned is to explain it to someone else. Use the following questions to guide your conversation:

- What was your Anchor Statement for this week? (Answer: God is the sole source of absolute truth. As a believer, I rely on His Word to understand good or bad, right or wrong.)
- Why is it sometimes hard to let go of our own personal truth and embrace God's absolute truth? Is there anything you are struggling to let go of?
- How can our family practice living out the truth of Scripture rather than the ways of the world?

Thank you for all you do. As a parent, you are the primary spiritual influence in the life of your teenager, and they desperately need you. I'm praying for you! If you have any questions or if I can help with anything, please don't hesitate to let me know.