



SGFITNESS

SCHEDULE

MONDAY	Zumba	9:30AM
TUESDAY	Fit 'N Firm	9:00AM
WEDNESDAY	Zumba	9:30AM
THURSDAY	Fit 'N Firm	9:00AM

All classes meet in Building E
Classes do not meet on Holidays

Instructors:

Zumba: Kendall

Fit 'N Firm: Melinda