

Gospel Lighthouse Church
Saturday, June 20, 2026
9:00 am
Excavation Manhood-Identity
Session 6 Manhood: The Ability to Trust God—Genesis 2:21.

Focused scripture: “And the LORD God caused a deep sleep to fall on Adam, and he slept; and He took one of his ribs, and closed up the flesh in its place.”—Genesis 2:21 NKJV.

Introduction: Throughout *Excavation Manhood–Identity*, each session has uncovered another dimension of authentic manhood according to God’s design. The progression has been intentional and developmental:

Creativity → Productivity → Responsibility → Supervision → Intelligent Choices → Trusting God.

Creativity gave man vision. Productivity taught him how to produce. Responsibility trained him to manage what was entrusted to him. Supervision aligned and sustained his growth under divine order. Intelligent choices revealed the necessity of wisdom, discernment, and obedience in shaping destiny.

In Genesis 2:21 God placed Adam into a deep sleep, He was preparing to reveal something greater. Adam rested; God worked. Trust is not passive—it is the posture of faith that invites divine activity. When a man trusts God, he relinquishes control and discovers that rest precedes revelation.

A. Identity progression

Creativity → Productivity → Responsibility → Supervision → Intelligent Choices → Trusting God.

1. **Session 1: Creativity gives vision:** God created man with the capacity to imagine, build, and reflect divine purpose.
2. **Session 2: Productivity produces results:** Man was designed to cultivate, develop, and bring forth increase.
3. **Session 3: Responsibility manages:** True manhood accepts stewardship and faithfully handles what God entrusts.
4. **Session 4: Supervision aligns and sustains:** Spiritual alignment and accountability preserve growth and direction.
5. **Session 5: Intelligent choices determine direction and destiny.**
6. **Session 6: Trusting God releases control and invites divine activity.**

Session 6 brings us to a deeper and often more difficult dimension of mature manhood: **the ability to trust God.**

B. Trusting God **releases control and invites divine activity** —Genesis 2:21-22.

1. Trusting God means believing that God is working even when you cannot see the process.
 - a. Adam rested in surrender while God worked.
 - b. Trust is the spiritual confidence that God can accomplish what you cannot produce through your own strength.
2. Trust is the foundation of something new from and for you.
 - a. It allowed God to take something from Adam and add to his life.
 - b. Adam received what was necessary for his future.
3. Trust is the birthplace of:
 - a. Rest: true trust quiets anxiety, striving, and fear.
 - b. Revelation: when man ceases striving, God often reveals purpose, direction, identity, and provision

C. Trust admonition

1. Original identity revealed that man was comfortable with surrender and brief inactivity.
 - a. Today, many men are comfortable with activity but uncomfortable with surrender.
 - b. Modern culture often teaches men to always move, fix, build, and control. Yet biblical manhood also requires the strength to trust God enough to be still.
2. Some of God’s greatest works occur when man ceases striving to control and allows God to move.
3. Adam’s sleep demonstrates that trust is not weakness; it is faith expressed through surrender. It is the willingness to rest in God’s wisdom, timing, process, and provision.

Assignment: Review and discuss Genesis 2:21-22. Write down or Identify several ways God reveals you can deepen your trust.

JDF