



Five-Day Devotional 28
Devotional: Greater In You
July 13-17, 2026

From the Pastor's Desk
Devotional Inspiration
Greater In You

Key scripture: “But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.”—1 Jn. 4:4 NLT.

Introduction: The Apostle John wrote to believers living in a world like now, filled with competing voices, false teachings, and spiritual deception. In 1 John 4, he urges Christians to test the spirits and discern whether a message truly comes from God. John reminds his readers that they do not face these challenges alone. God's presence dwells within them, empowering them to recognize truth, reject deception, and remain faithful.

The phrase "greater is He that is in you" points to the indwelling presence of God through the Holy Spirit. The phrase "he that is in the world" refers to the spiritual opposition that seeks to draw people away from God. John's message is not a promise of a trouble-free life, but a declaration that God's power is greater than any force that opposes His truth.

As believers, we can walk with confidence, knowing that the One who lives within us is greater than every lie, temptation, fear, and challenge we encounter. This devotional journey explores what it means to live daily from the reality of God's greater power within us.

Blessings,

Pastor Fryar

***Note to reader:** This five-day devotional is designed to encourage and reaffirm that when you pray, you are deepening your walk with God. This is highlighted through use of scripture references from the New King James Version unless otherwise indicated.*



Day 1: You Belong to God.

Scripture: 1 John 4:4a: " But you belong to God, my dear children ..."—NLT.

Devotional thought: Before John speaks about overcoming, he first reminds believers whose they are. Our victory begins with our identity. We belong to God. We are His children, redeemed by Christ and kept by His Spirit.

The enemy often attacks our identity before he attacks anything else. If he can make us doubt who we are, he can weaken our confidence in God's promises. John combats this by affirming a foundational truth: believers are of God. Our relationship with Him is not based on our performance but on His grace.

When you know you belong to God, fear loses its grip, insecurity begins to fade, and confidence in His care grows stronger.

Reflection: Are there areas where you have forgotten your identity as God's child? How would your perspective change if you began remembering that you belonged to Him each day?

Prayer: Heavenly Father, thank You for making me Your child through Jesus Christ. Help me to hold to my identity in You rather than in circumstances, opinions, or achievements. Remind me daily that I belong to You and am loved by You.



Day 2: You Have Already Overcome.

Scripture: 1 John 4:4b: *"And have overcome them..."*

Devotional thought: Notice the tense John uses: "have overcome." He speaks from a position of victory rather than defeat. Through Christ's death and resurrection, believers have already been given victory over the power of sin, deception, and spiritual darkness.

This does not mean we never face battles. It means the outcome has already been secured through Christ. Every day we stand in the victory He has won.

Many believers live as though they are trying to earn victory, when scripture teaches that we fight from victory. Our confidence is not in our strength but in Christ's finished work.

Reflection: What battle are you currently facing? How does knowing Christ has already secured victory affect your outlook?

Prayer: Heavenly Father, thank You for overcoming sin, death, and every work of darkness. Teach me to live from the victory You have already won. Strengthen my faith and help me trust Your power in every situation.



Day 3: Greater Is He That Is In You.

Scripture: 1 John 4:4c: *"Because He who is you is greater."*

Devotional thought: The Christian life is not lived through human effort alone. God has placed His Spirit within every believer. The same God who created the universe, raised Christ from the dead, and empowers His church lives within His people.

When we face temptation, confusion, fear, or discouragement, we are not left to rely on ourselves. The Holy Spirit guides, strengthens, comforts, and equips us to stand firm.

The power within us is not self-generated determination; it is God's presence actively at work in our lives.

Reflection: In what area of your life do you need to depend more on God's power rather than your own strength?

Prayer: Heavenly Father, thank You for the indwelling Holy Spirit. Teach me to rely on Your wisdom, strength, and guidance. Help me to trust that Your power is sufficient for every challenge I face today.



Day 4: Greater Than Every Opposition.

Scripture: 1 John 4:4d: “Than he who is the world.”

Devotional thought: John acknowledges that opposition exists. There are influences in the world that resist God's truth and seek to lead people astray. Yet John's focus is not on the power of the opposition but on the superiority of God.

Believers do not need to live intimidated by darkness because darkness cannot overcome God's light. Fear often magnifies problems and minimizes God's power. Faith does the opposite—it magnifies God's greatness.

Whatever opposition you face today, God's authority remains supreme. No challenge is greater than His ability to sustain you.

Reflection: What fears or pressures seem larger than life right now? How can you intentionally focus on God's greatness instead?

Prayer: Heavenly Father, help me keep my eyes on You rather than on the challenges around me. Remind me that Your power is greater than every obstacle, fear, and opposition. Strengthen my faith as I trust in You and Your power indwelling me.



Day 5: Living Confidently in God's Truth.

Scripture: 1 John 4:1: *"Beloved, believe not every spirit, but test the spirits whether they are of God."*

Devotional thought: The context of 1 John 4:4 teaches believers to exercise discernment. Because God lives within us, we can recognize truth and reject deception. The Holy Spirit leads us into truth through God's Word.

In a world filled with conflicting messages, believers must continually measure every teaching, philosophy, and influence against scripture. Discernment is not suspicion; it is spiritual wisdom rooted in God's truth.

As we remain grounded in God's Word and sensitive to His Spirit, we can walk confidently, knowing He will guide us faithfully.

Reflection: Are there voices or influences in your life that need to be evaluated through the lens of God's Word?

Prayer: Heavenly Father, give me discernment to recognize truth and reject deception. Help me remain grounded in Your Word and sensitive to Your Spirit. May my life reflect confidence in Your truth and faithfulness. .

Closing encouragement: The message of 1 John 4:4 is clear: believers can stand firm because God is greater than every opposing influence in the world. This verse is not a promise that life will be easy, but it is a powerful assurance that God's presence and power are sufficient for every challenge we face. As you continue to walk with Christ, remember that the One who lives within you is greater, stronger, and more faithful than anything that stands against you.