



Five-Day Devotional 21  
Devotional series: Don't let the challenge speak alone.  
May 25-29, 2026  
Guarding Your Ear & Walking in Authority

From the Pastor's Desk  
Devotional Inspiration  
Guarding Your Ear & Walking in Authority

Introduction: Devotional 21 is the third devotional in the series: “Don’t let the challenge speak alone” with emphasis on “Guarding Your Ear & Walking in Authority. Every challenge comes with a voice, and whatever you give your attention to will eventually shape your thoughts, emotions, and decisions. Scripture makes it clear that not every thought deserves agreement, and not every voice should be trusted. The failure of the ten spies was not just fear—it was unfiltered attention that created a cycle of exaggeration and doubt. This devotional calls you into a deeper level of spiritual maturity by teaching how to guard your mind, filter your thoughts, and walk in the authority God has given you. You will learn how to refuse “private meetings” with fear and instead anchor your thinking in truth.

Blessings,

Pastor Fryar

**Note to reader:** *This five-day devotional is designed to encourage and reaffirm that when you pray, you are deepening your walk with God. This is highlighted through use of scripture references from the New King James Version unless otherwise indicated.*



### **Day 11 — Who has your attention?**

**Scripture:** Proverbs 4:23: “Keep your heart with all diligence, For out of it *spring* the issues of life.”

- “So pay attention to how you hear...”—Lk.8:18 NLT.

What you listen to shapes how you live.

Attention determines direction.

**Reflection:** What voices are shaping your thinking right now?

**Prayer:** Heavenly Father, help me guard what I allow into my heart and ears.



**Day 12 — No more private meetings.**

**Scripture:** 2 Corinthians 10:5: “casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.”

- “nor give place to the devil.”—Eph.4:27.

Not every thought deserves access.

You have authority over your mental environment.

**Reflection:** What thoughts have you been entertaining without challenge?

**Prayer:** Heavenly Father, help me take authority over my thoughts. I choose truth over fear.



**Day 13 — Bring your history into the room.**

**Scripture:** 1 Samuel 17:37: “Moreover David said, "The LORD, who delivered me from the paw of the lion and from the paw of the bear, He will deliver me from the hand of this Philistine."

David faced Goliath with history in mind.

Past victories fuel present courage.

**Reflection:** What past victory do you need to bring into your current situation?

**Prayer:** Heavenly Father, help remind me of every time You brought me through.”



**Day 14 — Speak back to the narrative.**

**Scripture:** Romans 4:20–21.

Faith speaks differently.

Silence allows fear to grow, truth confronts it.

**Reflection:** What truth do you need to declare over your situation?

**Prayer:** Heavenly Father, I will speak what aligns with Your character, not my challenges.



**Day 15 — Living anchored.**

**Scripture:** Hebrews 13:8: “Jesus Christ *is* the same yesterday, today, and forever.”

God does not change—so your confidence doesn’t have to either.

This is where maturity forms: steady trust regardless of circumstance.

**Reflection:** Are you anchored in outcomes—or in God’s character?

**Prayer:** Heavenly Father, anchor my life in who You are, not what I see.

**Devotional closing — Guarding Your Ear and Walking in Authority:**

You are not powerless in your thought life—you have authority over what you entertain. The voices you allow, the thoughts you rehearse, and the narratives you agree with will shape your reality. As you leave this section, carry a new awareness: your mind is not a passive space, but a guarded one. Refuse access to anything that contradicts God’s character, and actively reinforce what is true. This is how you move from being influenced by circumstances to governing your response to them.