



First Methodist Church

OF CONOVER

A GLOBAL METHODIST COMMUNITY

January 21, 2026

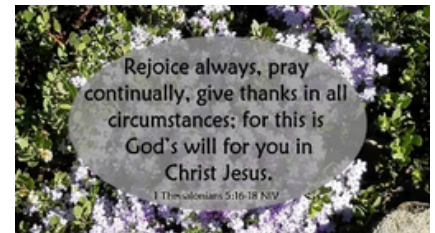
An efficiency expert concluded his lecture with a note of caution: “You need to be careful about trying these techniques at home with your wife.”

“Why?” asked somebody from the audience.

“Well,” the expert explained, “I watched my wife’s routine at dinner for years.” She made lots of trips between the refrigerator, stove, table, and the cabinets, often carrying a single item at a time.

One day I told her, “Honey, you’re wasting too much time and energy. Why don’t you try carrying several things at once?”

“Did it save time?” the guy in the audience asked. “Actually, yes,” replied the expert. “It used to take her 45 minutes to make dinner. Now I can do it in 25 minutes!”



Yikes! Rather than expressing appreciation to his wife for having made (and served) dinner, the guy in the joke critiqued her efficiency. You can imagine how that made her feel – which brings me to a very basic lesson: Don’t forget to say, “Thank you.”

By the way, this isn’t **just** a lesson to hear in November during the Thanksgiving season. It’s an attitude that should constantly define and pour out of God’s people all year long. That’s why I’m reminding us again here in this cold middle of January.

Studies show that thanking someone is a powerful way to connect with others. It’s fast, it’s easy, and most of all, it is the Biblical model for us. Over and over we are reminded to “give thanks.”

We read this instruction throughout the book of Psalms. I’ll bet you’re familiar with that passage from Psalm 100: “Enter into His gates with thanksgiving, and into His courts with praise!” (Psalm 100:4). The apostle Paul reminds the Colossian Christians (and us too): “And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.” (Col. 3:17).

As God’s children, He expects our words, our attitude, our hearts to be full of joyful gratitude for all the ways we have been blessed. I hope you’ll take the time this week to purposefully stop and give thanks to our Lord...maybe make a brief list of what He’s done for you just this week. I’ll bet you’ll have a hard time keeping that list short. What a wonderful, gracious and generous Lord we have!

Grace and Peace!

Pastor John

P.S. – Thank you (yes, you!) for being such an important part of our First family. What a blessing and honor to be your pastor and be allowed to serve the Lord and His Kingdom with you.



Planning Meeting

Feb 1 at 2:00
Crossroads Classroom

This is a very important meeting for anyone interested in helping with this event.

Please contact Beth Woods with questions.
(336) 480-4551.

ARE YOU IN OUR DIRECTORY?



If you need to add or update a picture, update or complete your information, or if you would like to be added, please contact Beth Woods.
(336-480-4551 or woods777@aol.com)

Beth can also help access the directory online.

Sisters in Christ

Ladies' lunch out
Feb 6 at 11:30
Boxcar Grill

Sign up at Beth's office door (downstairs).



VALENTINE BLESSING BAGS

are in the
Commons
Area now!

Bring cards and
goodies for our
shut-ins.




L.I.T
LIVING IN TRUTH

Sunday
School
OR
Tuesday
at 10:30



Meeting
Wednesdays at noon

Join us as we pray for our church, community, and world!



Ash
WEDNESDAY
SERVICE

February 18
7 pm

Joint service with Abernethy Memorial GMC,
hosted at First Methodist, Conover.

Lenten Devotional Study

Beth Woods will be leading a study during Lent using the book, *Journey to the Cross* by Paul David Tripp. Books will be provided if you register by Feb 5. (Contact Beth or call the church office.)

There will be two options for meeting times:
Tuesday evenings at 7:00 or Thursdays at noon.
The noon class is invited to bring a lunch and eat together at 11:30.

There will also be a Facebook group, which you are welcome to join even if you cannot attend either in-person meeting. The Facebook group will be for sharing your thoughts on each day's readings.

Orientation for BOTH groups will be on Thursday, Feb 12 (noon and 7 pm.) The first study meetings will be the following week (Tuesday, Feb 17 at 7 and Thursday, Feb 19 at noon. The last study meetings will be March 24 & 26.)



Ashure Ministry is always in need of plastic grocery bags and non-perishible food. See checklist to the right for monthly food collection requests.

Thank you for all the Advent Boxes you packed in December! Many of your brothers and sisters in Catawba County benefitted from your generosity.

Once again, FMCC gave the most volunteer hours last year, with a total of 2094.2 hours! Thank you for your service.

Our church's next volunteer day at Ashure Ministries is Monday, Feb. 2. They would love to see you anytime between 8:30 and 4:30 that day. Check out

<https://ashureministry.org/volunteer>
to see the ways you can lend a hand.



2026



Monthly
Food Suggestion

January	<input type="checkbox"/>	Soup or broth
February	<input type="checkbox"/>	Macaroni, pasta, or canned sauce
March	<input type="checkbox"/>	March Madness Challenge
April	<input type="checkbox"/>	Canned or dried beans
May	<input type="checkbox"/>	Pet food (National Pet Month)
June	<input type="checkbox"/>	Cereal
July	<input type="checkbox"/>	Snacks for kids
August	<input type="checkbox"/>	Canned food with pop-tops
September	<input type="checkbox"/>	Peanut butter or jelly
October	<input type="checkbox"/>	Hygiene items (National Hygiene Month)
November	<input type="checkbox"/>	Flour, cornmeal, or sugar
December	<input type="checkbox"/>	Reverse advent boxes

... Whatever you did for one of the least of these
brothers and sisters of mine, you did for me ...
Matthew 25:35-40





First Methodist Church
OF CONOVER

410 First Avenue North
Conover, NC 28613

Return Service Requested

Church Staff



Greeters

- Jan 25: 8:45 - Kim & Stan Reed
11:00 - Donna & Lisa Rudisill
- Feb 1: 8:45 - Connie & Jeff Hendren
11:00 - Joe & Tamara Hite
- Feb 8: 8:45 - Chip & Mary Beth Hennessee
11:00 - Don & Vata Shook
- Feb 15: 8:45 - Melissa Hunsucker & Jeanne Abernathy
11:00 - Adam & Melissa Johnson
- Feb 22: 8:45 - Joyce Lagunas & Andrea Beatty
11:00 - Scott & Becky Ross
- Mar 1: 8:45 - JoEllen Knecht
11:00 - Greg & Joy Flynn

Nursery Volunteers

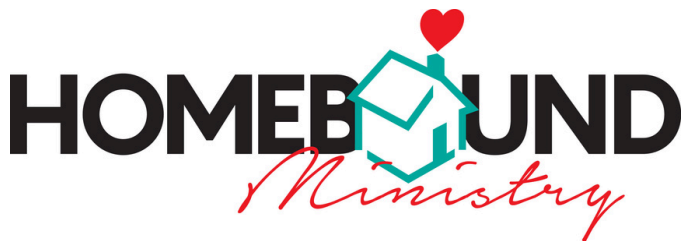


- Jan 25: 8:45 - Edie Connor
11:00 - Kim Reed

Feb 1:
Feb 8: *Can you help?*
Feb 15: *Call church*
Feb 22: *office to sign up.*
Mar 1:

We need volunteers to be a second set of hands for our church nursery! Our staff nursery worker is present every week, but there needs to be a second adult for safety and practical purposes.

There is a monitor in the nursery, so you can still watch the worship service!



Members at Home

Elaine Biles - Send mail to her son, Jim at:
1401 NE Santee Drive; Greensburg IN 47240

Armando Lagunas - 1515 28th St Lane SE,
Hickory NC 28602

Lee Moritz, Sr. - 103 County Home Road,
Conover NC 28613 (828) 464-3383

If you know of any members that should be added to our list, please contact the church office at (828) 464-4635.

Members in Nursing Facilities

Rev. Dixon Adams - TerraBella Newton
(Room B7) 1088 Radio Station Road,
Newton NC 28658

Dottie Aycock-Harris - TerraBella Newton,
(Room B1) 1088 Radio Station Road, Newton
NC 28658
Her husband, Ron's cell - (704) 460-4919

Margaret Kilpatrick - Abernethy Laurels
(Memory Care) (Room 2027) 102 Leonard
Avenue, Newton NC 28658

Robert Matthews - Heritage Care (Room 16)
3430 Lester Street, Conover NC 28613

Mary Ann Simpson - Solista (Room 214)
915 29th Ave NE, Hickory NC 28602

Sybil Windsor - TerraBella Newton (Room C1)
1088 Radio Station Road, Newton NC 28658

Thank You

Thank you for all the goodies, cards and gifts you blessed us with over the Christmas season! We are so grateful to be serving the Lord with the wonderful people of First Methodist Church!

Pastor John, Pastor Jason, Beth, Jon, Shannon, and Robin

Thank you for all the lovely cards and messages as well as the goodies. They brighten my day and lift my spirits. To the ladies that bring communion to me, I thank you for your service and kindness. Also, thank you to the carolers for sharing a fun-filled sing-along!

Mary Ann Simpson

Stewardship Report

LET'S GLOW!

*Let your
Light
Shine*

KIDS & YOUTH

GLOW PARTY

SUNDAY, FEB 1ST
4PM - 5:30

3 YRS - YOUTH

Bible Study
Snacks
& Glow Party

*Let your light shine
before others that they
may see your good deeds
and glorify your Father
in Heaven.*