

Back Creek Students Swimwear Policy

We believe that modesty is an expression of respect—toward God, toward others, and toward oneself. In keeping with our Christian values and our desire to honor Christ in every area of life, we ask all campers, staff, and volunteers to follow a conservative swimming dress code. This standard applies to all swim times, whether at the lake, beach, pool, or other water activities.

Purpose of This Policy

To promote an atmosphere of Christ-centered respect and dignity.

- To minimize distractions and maintain a safe, family-friendly environment.
- To teach and model biblical modesty and self-respect.

General Guidelines for All Students and Staff

- All swimwear must be modest, well-fitting, and provide appropriate coverage.
- Swimwear should not be see-through when wet.
- No words or images on swimsuits that are inappropriate, suggestive, or offensive.
- If staff determines your swimwear to be immodest, we will ask that you wear a dark t-shirt over it

For Girls/Women

Acceptable Options:

- One-piece swimsuits that provide full coverage (no plunging necklines or high-cut legs).
- Tankinis that provide full coverage of the midriff.
- Swim shorts or board shorts with a modest top.
- A dark, non-transparent t-shirt or swim shirt may be worn over a swimsuit for added modesty.

Not Permitted:

- Bikinis, unless fully covered by a dark t-shirt.
- Low-cut tops, mesh or see-through materials.

For Boys/Men

Acceptable Options:

- Swim trunks or board shorts that extend to at least mid-thigh.
- Rash guards, t-shirts, or swim shirts are encouraged.

Not Permitted:

- Brief-style swimwear (e.g., Speedos).
- Sagging swim shorts that expose undergarments.
- See-through or excessively tight swimwear.

Additional Notes

- If a camper or staff member arrives at the swim area in inappropriate swimwear, they will be asked to change or wear an additional cover-up.
- Lifeguards and leadership staff have the authority to enforce these dress code standards.
- If you are unsure whether a swimsuit is appropriate, please err on the side of modesty or contact church leadership before arrival. (If you have to ask, the answer is probably “no”)

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Biblical Basis

We believe modesty is an act of worship and a reflection of our hearts. Scripture encourages believers to dress in a way that honors God and respects others:

- *“Do not let your adorning be external... but let your adorning be the hidden person of the heart...” (1 Peter 3:3–4)*
- *“So whether you eat or drink, or whatever you do, do all to the glory of God.” (1 Corinthians 10:31)*
- *“But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people.” (Ephesians 5:3)*
- *“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.” (1 Corinthians 6:19-20)*

We appreciate your cooperation in upholding a Christ-honoring environment. Together, we can create a place where everyone feels safe, respected, and free to grow in their faith.

I acknowledge that I have reviewed and will comply with the Back Creek Swimwear Policy. I will follow the instructions of staff and will change if leadership determines it is necessary.

Student Signature

Student Name (Printed)

Date

Parent Signature

Parent Name (Printed)

Date