

THE PROMISES AND PRACTICAL BENEFITS OF READING GOD'S WORD

AMERICAN BIBLE SOCIETY AND THE BARNA GROUP STUDY OF HOW OFTEN AMERICAN CHRISTIANS READ THE BIBLE

- 52% NEVER READ IT
- 8% ONCE PER WEEK
- 8% FEW TIMES PER YEAR
- 13% SEVERAL TIMES PER WEEK
- 6% ONCE PER MONTH
- 14% EVERY DAY



CENTER FOR BIBLE ENGAGEMENT STUDY OF 40,000 AMERICAN CHRISTIANS AGES 8-80

FINDING: "IF YOU ARE NOT READING YOUR BIBLE AT LEAST 4 OR MORE TIMES PER WEEK YOU WILL NOT MAKE ANY SIGNIFICANT CHOICES OR CHANGES DIFFERENT THAN SOMEONE WHO DOES NOT READ THE BIBLE."



EFFECTS OF BEING IN THE SCRIPTURES JUST 4X PER WEEK:

- FEELINGS OF LONELINESS DROP **30%**
- ANGER ISSUES DECREASE **32%**
- BITTERNESS IN RELATIONSHIPS DECREASES **40%**
- ALCOHOLISM DROPS **57%**
- FEELING SPIRITUALLY STAGNANT DECREASES **60%**
- VIEWING PORNOGRAPHY DECREASES **61%**
- DIVORCE DECREASES **62%**
- SEX OUTSIDE OF MARRIAGE DECREASES **68%**
- GAMBLING DECREASES **75%**
- PROPENSITY FOR OBESITY DECREASES **20%**
- SHARING THEIR FAITH INCREASES **200%**
- DISCIPLING OTHERS INCREASES **230%**
- ABILITY TO MENTALLY RETAIN SCRIPTURE INCREASES **407%**

WHAT THE BIBLE SAYS ABOUT THE BENEFITS OF READING THE BIBLE

1. It provides everything pertaining to life and godliness **(2 Peter 1:3)**
2. It lets you escape the corruption that's in the world **(2 Peter 1:4)**
3. It Allows you to become a partaker of the divine nature **(2 Peter 1:4)**
4. It restores your soul, enlightens your eyes, rejoices your heart and makes you wise **(Psalm 19:7-9)**
5. It warns you and rewards you **(Psalm 19:11)**
6. It teaches, reproves, corrects and trains you in righteousness **(2 Timothy 3:16)**
7. It makes you adequate for every good deed **(2 Timothy 3:16)**
8. It gives you direction **(Psalm 109:105)**
9. It makes you wiser than your enemies **(Psalm 119:98-100)**
10. It keeps you pure from sin **(Psalm 119:9,11)**
11. It produces reverence for God **(Psalm 119:38)**
12. It produces faith **(Romans 10:17)**
13. It shows you how to be born again **(1 Peter 1:23)**
14. It makes you strong so you can overcome evil **(1 John 2:14)**
15. It is the sword of the Spirit **(Ephesians 6:17)**
16. It discerns the thoughts and intents of your heart **(Hebrews 4:12)**
17. It produces love, a good conscience and sincere faith in you **(1 Timothy 1:5)**
18. It testifies and teaches you about Jesus **(John 5:39)**
19. It provides hope, encouragement and perseverance **(Romans 15:4)**
20. It enables you to grow in your salvation **(1 Peter 2:2)**
21. It builds you up spiritually **(Acts 20:32)**
22. It will make your way prosperous with good fruit and deep roots **(Psalm 1:1-3)**
23. It assures your success **(Joshua 1:8)**
24. It keeps you from sin **(1 John 2:1)**
25. It keeps you from stumbling **(Isaiah 55:11)**
26. It helps you accomplish the purposes of God in your life **(Isaiah 55:11)**
27. It cleanses and sanctifies you **(Ephesians 5:26)**
28. It gives you an eternal perspective **(Matthew 24:35, Isaiah 40:8)**
29. It enables you to resist the devil **(Ephesians 6:17, Matthew 4)**
30. It gives you life and prolongs your days **(Deuteronomy 32:47)**
31. It gives you the knowledge of God **(John 14:21)**
32. It gives you wisdom **(Proverbs 1)**
33. It keeps you from being deceived and tricked **(Ephesians 4:14)**
34. It is food for your soul **(Matthew 4:4)**
35. All who read the scriptures will be blessed **(Revelation 1:3)**

