



One Church.  
One Future.

CHILDREN'S  
PRAYER  
*and*  
FASTING  
ACTIVITIES

# WEEK 1

## One Church *(Foundational Unity & Mission)*

### Scripture Reading:

**John 17:20-23**

- **Key Verse:** *“That they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me.”* (John 17:21)

### At Home Activity:

#### **The Living Room “Floor Plan” Pop-Up**

- **How to do it:** Use painter’s tape, string, or beach towels to outline a big square on your living room floor. Tell your child, “This is our blueprint for a brand-new church building!” Have them step inside the empty square and ask, *“Is it a church yet?”* Then, have the whole family step inside, hold hands, and pray for your church. Explain that a building is just a shell until *people* fill it with love and God’s mission.
- **The Big Idea:** This physical activity helps a child grasp that unity and mission don’t come from a construction crew—they come from the church family moving together.

### Prayer Prompt:

*“Dear God, thank You for our church family. Remind us that we are stronger together. Help us to be ‘One Church’ on a mission to share Your love with everyone. Amen.”*

# WEEK 2

## Sacrificial Giving & God’s Provision

### Scripture Reading:

**Mark 12:41-44**

- **Key Verse:** *“And he called his disciples to him and said to them, “Truly, I say to you, this poor widow has put in more than all those who are contributing to the offering box.”* (Mark 12:43)

### At Home Activity:

#### **The “Unplugged” Summer Sunset Picnic**

- **How to do it:** Take dinner outside on a blanket or sit by a window to watch the sunset together. The challenge is to go completely “unplugged”—no phones, tablets, TVs, or smart speakers allowed for the entire evening. Use the quiet time to talk about sacrifice. Ask your child what it felt like to give up their favorite screens, and focus on how beautiful the natural light is that God provides for us every single day.
- **The Big Idea:** This gives kids a tangible, sensory experience of “fasting” from modern comforts using the summer evening. It teaches them that when we sacrifice our everyday distractions, we can clearly see how much God already provides for us.

### Prayer Prompt:

*“Dear God, thank You for always taking care of us and providing everything we need. Help us to have generous hearts so we can cheerfully give back to You and help build our new church home. Amen.”*

# WEEK 3

## One Future (*Hope, Legacy & The Next Generation*)

### Scripture Reading: *Matthew 7:24–27*

- **Key Verse:** “Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock.” (*Matthew 7:24*)

### At Home Activity: *The Doorpost Blessing*

- **How to do it:** Give your child a piece of paper, index cards, or sticky notes. Have them write or draw their favorite Bible verse or a short blessing (like “*May everyone who enters here find joy*”). Tape this blessing to the inside of your front doorframe or a bedroom doorpost at a height your child can reach. Every time they walk through that door this week, have them high-five the paper as a reminder of God’s future promises.
- **The Big Idea:** This connects to the ancient tradition of marking doorposts with God’s word (*Deuteronomy 6:9*). It teaches children that we are responsible for leaving a visible, active legacy of faith for anyone who steps into our future spaces.

### Prayer Prompt:

*“Dear God, thank You for the bright future You have planned for us. Bless our family and the families who will visit our new church building for generations to come. Keep our faith strong. Amen.”*