

Groups

Fervent by Pricilla Shirer

Overview: This group is designed for a 10 week semester. Weeks can be combined by doing two weeks at a time to accommodate a six week summer semester.

Week 1: Chapter 1 – Your Passion: Getting It Back When It's Gone

Summary:

Priscilla Shirer opens the book with a rallying cry to recover your passion for prayer, purpose, and spiritual life. She explains that the enemy deliberately attacks your passion because a woman on fire for God is a threat to the kingdom of darkness. If he can distract you, overwhelm you, or convince you you're ineffective, your passion will fade—and so will your pursuit of God's plan for your life.

She reminds us that passion doesn't just drift away—it's taken or forfeited when we're not alert. Life, disappointments, stress, and distractions all chip away at the fire we once had. But passion can be reignited. Through strategic prayer, fueled by the truth of God's Word, we can get back what we've lost and return to a fervent, vibrant relationship with God.

This chapter invites you to recognize areas where your passion has dimmed and to go to war in prayer to reclaim it. It's not about trying harder—it's about fighting smarter. You're not powerless. You're equipped. You just need to pick up your weapons again and pray with purpose.

Discussion Questions:

1. What does "passion" for God look like in your life right now?
2. Can you recall a season when your spiritual fire burned brighter? What changed?
3. What life circumstances or distractions may have stolen your passion?
4. How does the enemy specifically target passion in women's lives?
5. What Scriptures or truths help reignite your fire for prayer?
6. Why is prayer the first line of defense when passion fades?

7. What's one step you can take this week to intentionally pursue God with passion?
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Week 2: Chapter 2 – Your Focus: Fighting the Real Enemy

Summary:

In this chapter, Priscilla Shirer exposes one of the enemy's greatest strategies: misdirection. She explains that too often, we direct our frustration at people, situations, or even ourselves, failing to see that there's a spiritual battle taking place behind the scenes. The real enemy isn't your spouse, your boss, or your circumstances—it's Satan, who works to divide, distract, and destroy.

Shirer powerfully illustrates how the enemy thrives when we're unaware or unfocused. When we misidentify the source of our struggles, we fight the wrong battles and become exhausted without gaining ground. But when we align our focus on the true enemy and pray strategically, we take authority and begin to experience spiritual breakthrough.

This chapter calls for a renewed focus in prayer, inviting women to stop wrestling in their own strength and instead start targeting their prayers at the enemy's schemes. With clarity and discernment, we can partner with God to overcome confusion, fear, and misalignment. Our power is in our perspective—and when we fight the right enemy, we fight from a place of victory.

Discussion Questions:

1. What are some recent situations where you may have misidentified the real enemy?
2. How does shifting your focus toward spiritual warfare change your perspective?
3. Why do you think Satan wants to keep you distracted by the wrong battles?
4. What does "fighting smarter" look like in the context of prayer?
5. What areas in your life need a clearer spiritual focus right now?
6. How can you begin praying more specifically and strategically this week?
7. What scripture or truth helps you remember who the real enemy is?

Week 3: Chapter 3 – Your Identity: Remembering Who You Are

Summary:

In this chapter, Priscilla reminds us that identity is one of the enemy's most targeted battlefields. If he can convince us that we are less than, unworthy, or forgotten, then he can keep us from walking in the confidence God intends for us. The enemy's lies often come as subtle whispers, but their impact is deep—causing women to shrink, doubt, or try to earn what God already freely gave.

Shirer encourages readers to root their identity in Scripture, not in performance, people's opinions, or past mistakes. We are daughters of the King, chosen, called, and covered. When we forget who we are, we forget what we carry—and that's exactly what the enemy wants. But when we remember our spiritual position, we pray with boldness and live with purpose.

The battle for identity is one that must be fought intentionally and constantly. Shirer invites women to develop a prayer strategy that declares who they are in Christ and refuses to be swayed by feelings or failures. Confidence comes when your identity is built on truth.

Discussion Questions:

1. In what areas of your life have you struggled to believe who God says you are?
 2. How has the enemy tried to distort your identity in subtle ways?
 3. What happens when we base our worth on things other than God's truth?
 4. What scriptures remind you of your value and identity in Christ?
 5. How can you begin speaking life over your identity this week?
 6. How has your view of yourself changed over time—positively or negatively?
 7. What would your life look like if you fully believed you are who God says you are?
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Week 4: Chapter 4 – Your Family: Fortifying the Lives of Those You Love

Summary:

This chapter addresses the spiritual attack on families, and Priscilla urges us to become warriors for our households through prayer. Whether you're single, married, a parent, or not—your prayers for the people in your life matter. The enemy thrives in environments of division, miscommunication, and broken relationships.

Shirer emphasizes that prayer is a tool to fortify the walls around our homes. We don't have to be perfect family members—we just need to be present, prayerful, and proactive. She provides strategies to intercede for unity, protection, purpose, and healing within families. The enemy wants to isolate us, but prayer builds spiritual connection and protection.

This chapter is both tender and powerful, reminding us that praying for your family is one of the most loving and impactful things you can do. Even if others don't change immediately, prayer changes how you see and love them. You are a spiritual gatekeeper for your family.

Discussion Questions:

1. What are some areas where your family needs prayer right now?
2. How can prayer change the atmosphere in your home?
3. What strongholds or cycles do you feel called to break through prayer?
4. How does spiritual warfare show up in relationships and family dynamics?
5. What does it look like to be the "watchman" or intercessor for your family?
6. How can you pray for those who are difficult to love or forgive?
7. What would it look like to commit to daily prayer for your household?

Week 5: Chapter 5 – Your Past: Ending the Reign of Guilt, Shame, and Regret

Summary:

Priscilla confronts the common struggle of being haunted by the past—the mistakes, wounds, and regrets that hold us back. She explains that while the enemy can't change your history, he'll work hard to use it against you—keeping you bound to shame, guilt, or feelings of unworthiness.

But God doesn't hold your past over your head—He uses it as a testimony of His grace. Shirer explains how prayer can break the cycle of condemnation and shift your focus from who you were to who you're becoming. Your past is not your identity—it's just one chapter in your redemption story.

This chapter calls women to stop rehearsing past failures and start reclaiming their present and future. Prayer helps close the door to the enemy's accusations and opens the door to freedom. God redeems. He restores. And He rewrites even the most broken stories.

Discussion Questions:

1. What memories or mistakes from your past still hold emotional weight?
2. How has guilt or shame shaped your confidence or decisions?
3. What lies has the enemy told you about your past?
4. How does God's view of your past differ from your own?
5. What scripture can you declare when past regrets rise up?
6. How does prayer help you step out of shame and into freedom?
7. What would change in your life if you fully believed your past was redeemed?

Week 6: Chapter 6 – Your Fears: Confronting Your Worries, Claiming Your Calling

Summary:

Fear is one of the enemy's most effective tools. In this chapter, Priscilla exposes how fear paralyzes women, keeping them from stepping into purpose, making decisions, or trusting God. Whether it's fear of failure, rejection, or the unknown—fear often blocks faith.

She reminds us that fear is not from God. In fact, the Bible repeatedly commands us to "fear not." God equips us to be courageous—not in our own strength, but through trust in Him. Prayer is how we transfer our fear to God and trade anxiety for peace.

This chapter is an invitation to confront the fears that have lingered too long. Through prayer, we don't ignore fear—we face it and fight it with truth. Boldness isn't about having no fear—it's about praying through it and stepping forward anyway.

Discussion Questions:

1. What fears have held you back from stepping into your calling?
2. How has fear influenced your thoughts, actions, or relationships?
3. What does it mean to pray “through” fear instead of around it?
4. What scripture helps you stand firm in fearful moments?
5. How can you support others in your group battling fear?
6. What’s one fear you want to surrender to God this week?
7. What would it look like to act in faith even while afraid?

Week 7: Chapter 7 – Your Purity: Staying Strong in Your Most Susceptible Places

Summary:

Purity isn’t just about sex—it’s about protecting the areas where we’re most vulnerable to temptation, compromise, or sin. In this chapter, Shirer urges women to examine what environments, patterns, or relationships pull them away from holiness.

She doesn’t come from a place of judgment but from a place of honest reflection. Everyone has “susceptible places,” and the enemy knows how to target them. Whether it’s through media, conversations, or habits, we must be vigilant in prayer to protect our hearts and minds.

This chapter is a call to guard what’s sacred, not through fear or legalism, but through love for God. Purity is strength—it’s about choosing what aligns with God’s best for you. And through prayer, we can fortify the weak places and stand with confidence in who we’re called to be.

Discussion Questions:

1. What areas of your life feel the most vulnerable to compromise?
 2. How does culture try to redefine or dismiss purity?
 3. What does it look like to pursue purity of heart, mind, and body?
 4. How can prayer protect us in our areas of weakness?
 5. How does knowing your worth influence your choices?
 6. What boundaries do you need to set to protect your values?
 7. How can you encourage others to pursue purity without shame?
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Week 8: Chapter 8 – Your Pressures: Reclaiming Peace, Rest, and Contentment

Summary:

Life is full of pressure—deadlines, expectations, responsibilities, and comparison. Shirer writes about how the enemy uses pressure to create chaos, burnout, and spiritual fatigue. When we're overwhelmed, we stop praying and start surviving.

But Jesus offers us peace—not as the world gives, but as a deep, unshakeable calm rooted in Him. Through prayer, we can regain balance, rest, and joy. Pressure doesn't have to crush us. God gives us the strength to rise under it and, when necessary, the wisdom to let go of what's not ours to carry.

This chapter reminds us that prayer creates space for rest. You can't pour from an empty cup. Reclaiming peace is not selfish—it's spiritual warfare. It's saying "yes" to what God has given you grace for, and "no" to everything else.

Discussion Questions:

1. What areas of your life feel the most pressured or chaotic?
 2. How has stress affected your relationship with God or others?
 3. What is God inviting you to release so you can find rest?
 4. How can prayer restore peace in the midst of pressure?
 5. What's one way you can create margin or rest this week?
 6. How do you know when something is outside of God's grace for you?
 7. What practices bring you back to a place of contentment?
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Week 9: Chapter 9 – Your Hurts: Turning Bitterness to Forgiveness

Summary:

In this powerful chapter, Priscilla tackles one of the most difficult but freeing topics in spiritual warfare: forgiveness. The enemy knows that if he can keep you bitter, offended, or hurt, he can disconnect you from peace, power, and purpose. Holding on to hurt gives him a foothold in your heart.

Shirer emphasizes that forgiveness is not about forgetting or pretending the hurt didn't happen—it's about releasing the grip that pain has on you. Forgiveness is a decision, not a feeling. When we pray through our hurts and choose to forgive, we disarm the enemy and align ourselves with the healing power of God.

This chapter is a call to release, not for them—but for you. God can handle justice. Your job is to protect your heart and keep it open to His healing. Forgiveness through prayer brings restoration, clarity, and peace. It's not easy—but it's essential if you want to walk in freedom.

Discussion Questions:

1. What hurt are you still carrying that God may be asking you to release?
2. How has holding onto offense or bitterness affected you emotionally or spiritually?
3. What does it mean to forgive even when you don't feel like it?
4. How can prayer help you begin (or continue) the process of forgiveness?
5. What is one lie the enemy tells you about forgiveness?
6. How have you seen God heal someone through the act of forgiveness?
7. Who or what do you want to lift up in prayer this week for healing and release?

Week 10: Chapter 10 – Your Relationships: Uniting in a Common Cause

Summary:

In the final chapter, Priscilla turns our attention to the power of relationships, and how the enemy seeks to divide, isolate, and sow discord among us. Whether it's friendships, marriages, ministry teams, or church communities, the enemy knows there is strength in unity—and so he works overtime to destroy it.

Shirer emphasizes that relationships are worth fighting for in prayer. Conflict, misunderstanding, and pride can drive wedges between people who are meant to walk together. But through prayer, humility, and forgiveness, relationships can be restored and strengthened. She calls us to stop seeing people as enemies and start seeing the real battle behind the scenes.

This chapter challenges us to be people who build bridges instead of walls. When we fight for our relationships through prayer—not against each other—we create space for healing, trust, and unity. God calls us to be peacemakers, intercessors, and partners in the gospel. We don't just evolve alone—we grow stronger together.

Discussion Questions:

1. What relationships in your life feel strained or under spiritual attack?
2. How can praying for someone shift your heart toward them?
3. What are signs that disunity may be spiritually influenced?
4. How can humility and grace help protect relationships?
5. What relationships in your life are worth fighting for in prayer?
6. How has the enemy tried to isolate or divide you from others?
7. What's one step you can take to strengthen unity this week—in your home, church, or friendships?