

# Groups

## Model Man by Larry Stockstill

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**Overview:** This group is designed for a 10 week semester. Week 1 should be a meet and greet not covering material. Sessions should then start Week 2 with the first lesson.

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### **Chapter 1: Courageous Integrity**

Stockstill begins by emphasizing that integrity is the foundation of a model man. Without it, all other qualities crumble under pressure. He illustrates that integrity is not just about honesty but about being the same person in private as in public. He warns against the dangers of hypocrisy and secret sins, which can erode a man's credibility and testimony over time.

The chapter highlights biblical examples of men who maintained integrity despite challenges, such as Daniel, who remained faithful even under pressure from a corrupt system. Stockstill urges men to recognize that integrity requires courage—it often means standing alone against cultural norms or personal desires. He challenges men to be accountable, transparent, and willing to make tough choices that align with God's standards rather than society's.

Ultimately, Stockstill calls men to build a legacy of integrity that can be passed down to future generations. He argues that a model man leaves behind not just wealth or achievements but a name that is respected and a character that is worth emulating. Integrity, when cultivated consistently, results in a life that honors God and influences others for good.

#### ***Discussion Questions:***

1. Why is integrity essential in a man's life?
2. How can hypocrisy damage a man's credibility and witness?
3. What role does accountability play in maintaining integrity?
4. How did Daniel demonstrate courageous integrity?
5. What are some common temptations that test a man's integrity today?

6. How can a man ensure that his private and public life are consistent?
7. What does it mean to leave a legacy of integrity?

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## **Chapter 2: The War on Sexual Purity**

Stockstill tackles the critical issue of sexual purity, describing it as one of the greatest battles men face. He explains that sexual sin is uniquely destructive because it affects the body, soul, and spirit. Lust, pornography, and immoral relationships are not just personal struggles but spiritual attacks designed to derail a man's calling.

He warns that compromising in this area leads to shame, broken relationships, and a weakened spiritual life. Stockstill highlights the importance of setting personal boundaries, avoiding compromising situations, and cultivating self-discipline. He uses the example of Joseph, who fled from temptation rather than entertaining it, as a model for men to follow.

The chapter also stresses the need for accountability and openness. Many men struggle in silence, but true victory comes through confession, mentoring, and prayer. Stockstill encourages men to replace lustful thoughts with a passion for God and their purpose. When men pursue purity, they strengthen their marriages, families, and ministries.

### ***Discussion Questions:***

1. Why is sexual sin particularly destructive?
2. How did Joseph handle temptation, and what can we learn from his example?
3. What are some practical ways to avoid compromising situations?
4. Why is accountability essential in the battle for purity?
5. How does sexual sin impact a man's spiritual life?
6. What role does self-discipline play in maintaining purity?
7. How can men replace lustful thoughts with godly desires?

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## **Chapter 3: All Eyes Are on You**

Stockstill reminds men that they are constantly being watched—by their families, colleagues, and communities. Whether they realize it or not, their actions influence those around them. A man's character and behavior either inspire or discourage, strengthen or weaken others.

He emphasizes that leadership is not just about titles but about influence. Men are called to be role models in their homes, workplaces, and churches. Stockstill urges men to live in such a way that their example points others to Christ. He encourages consistency, authenticity, and humility in daily interactions.

Finally, he warns against the danger of neglecting this responsibility. A careless decision, a moment of weakness, or a lack of awareness can cause others to stumble. Stockstill challenges men to live intentionally, knowing that their lives serve as a blueprint for future generations.

***Discussion Questions:***

1. How does a man's life serve as an example to others?
2. Why is it important to be aware of the influence we have on those around us?
3. What does it mean to be a role model in everyday life?
4. How can a lack of consistency damage a man's influence?
5. What are some small but impactful ways to lead by example?
6. How can humility strengthen a man's leadership?
7. What legacy do you want your life to leave for those who watch you?

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## **Chapter 4: The Pace of Grace**

Stockstill discusses the dangers of living life at an unsustainable pace. He explains that many men push themselves to exhaustion, chasing success, wealth, or ministry impact while neglecting their health, family, and spiritual well-being. He warns that burnout is not a badge of honor but a sign of misplaced priorities.

He encourages men to embrace the "pace of grace"—a lifestyle that balances work, rest, and spiritual renewal. Jesus Himself modeled this by regularly withdrawing to pray and refresh. Stockstill urges men to prioritize Sabbath rest, healthy boundaries, and quality time with loved ones.

Finally, the chapter addresses the importance of trusting God's timing. Men often struggle with impatience, feeling pressure to achieve quickly. However, Stockstill reminds them that God's plans unfold in His perfect time. A man who learns to walk in step with God's grace experiences peace, joy, and long-term impact.

***Discussion Questions:***

1. Why do men often push themselves beyond healthy limits?

2. How can burnout affect every area of a man's life?
3. What does it mean to live at the "pace of grace"?
4. How did Jesus model a balanced life?
5. Why is trusting God's timing so difficult for men?
6. What are some practical ways to build healthy rhythms of work and rest?
7. How does slowing down help a man be more effective in his calling?

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## **Chapter 5: Power Over Yourself**

Self-discipline is a crucial trait of a model man, and Stockstill explores how a lack of control can lead to failure in all areas of life. He explains that men must master their appetites—whether in food, finances, emotions, or habits. True freedom, he argues, comes from discipline, not indulgence.

He highlights biblical examples of men who lacked self-control, such as Samson, whose unchecked desires led to his downfall. In contrast, he points to Paul, who described his life as a race that required self-discipline to finish well. Stockstill encourages men to develop daily habits that strengthen their character and resist impulsive decisions.

The chapter concludes by emphasizing the power of the Holy Spirit in developing self-control. Stockstill warns that willpower alone is not enough—true transformation comes from surrendering to God. When men walk in step with the Spirit, they gain the strength to overcome temptations and live disciplined, purposeful lives.

### ***Discussion Questions:***

1. Why is self-discipline essential for a godly man?
2. What are some common areas where men struggle with self-control?
3. How did Samson's lack of discipline lead to his downfall?
4. Why does true freedom come from discipline rather than indulgence?
5. What daily habits can help build self-control?
6. How can men rely on the Holy Spirit for strength in this area?
7. What does it mean to "run the race" with endurance and discipline?

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## **Chapter 6: Living a Life of Purpose**

Stockstill emphasizes that every man is created for a divine purpose, and discovering this purpose is key to living a fulfilling and impactful life. He warns against drifting

aimlessly, chasing temporary success, or settling for mediocrity. Instead, he encourages men to seek God's plan for their lives and align their daily choices with their ultimate calling.

He highlights biblical figures like Nehemiah, who pursued his God-given assignment with determination despite opposition. Purpose is not just about career or ministry—it encompasses relationships, personal growth, and leaving a legacy. Stockstill challenges men to evaluate whether they are living with intentionality or simply going through the motions.

Finally, he encourages men to take practical steps toward their calling. This includes seeking mentorship, developing skills, and prioritizing their spiritual walk. A life of purpose is marked by focus, perseverance, and a deep reliance on God. Stockstill reminds men that when they live according to their purpose, they experience greater fulfillment and make a lasting impact.

#### ***Discussion Questions:***

1. Why is it dangerous for a man to live without a clear sense of purpose?
2. How did Nehemiah's example demonstrate living with purpose?
3. What are some ways men can discover their God-given purpose?
4. How can a man align his daily choices with his ultimate calling?
5. Why is mentorship important in fulfilling one's purpose?
6. What distractions can prevent men from pursuing their purpose?
7. How does a life of purpose impact future generations?

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## **Chapter 7: Making Mama Happy**

Stockstill shifts the focus to relationships, particularly marriage. He explains that a godly husband understands his role as a leader, provider, and protector. He emphasizes that a man's treatment of his wife is a direct reflection of his character and spiritual maturity.

Drawing from Ephesians 5, Stockstill urges men to love their wives as Christ loves the Church—sacrificially and unconditionally. He warns against selfishness, neglect, and lack of communication, which often erode marriages. He encourages men to prioritize their wives, listen to them, and create an atmosphere of love and security.

The chapter also challenges men to be intentional in romance and spiritual leadership within the home. A model man doesn't just provide financially but also nurtures his marriage through prayer, encouragement, and quality time. Stockstill reminds men that

a strong marriage not only blesses their home but also serves as a powerful testimony to others.

***Discussion Questions:***

1. How does a husband's treatment of his wife reflect his spiritual maturity?
2. What does it mean to love your wife as Christ loves the Church?
3. Why do selfishness and neglect often damage marriages?
4. What are some practical ways husbands can prioritize their wives?
5. How can a man lead his home spiritually?
6. Why is communication essential in a healthy marriage?
7. How does a strong marriage impact children and future generations?

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## **Chapter 8: Raising Sons and Daughters**

Fatherhood is one of the most significant roles a man can fulfill, and Stockstill emphasizes the lifelong impact a father has on his children. He highlights that children often model their lives after their fathers, making it crucial for men to lead with integrity, love, and wisdom.

He warns against passive parenting, where fathers are physically present but emotionally distant. Stockstill challenges men to be actively involved in their children's lives, providing guidance, encouragement, and discipline. He discusses the importance of blessing children with words of affirmation, setting a godly example, and creating a home environment where faith is lived out daily.

Finally, the chapter stresses the role of spiritual leadership in the home. Stockstill encourages fathers to pray with their children, teach them biblical values, and show them what it means to follow Christ. He reminds men that raising godly sons and daughters requires consistency, patience, and an unwavering commitment to their growth.

***Discussion Questions:***

1. How does a father's influence shape his children's future?
2. Why is passive parenting harmful, and how can men avoid it?
3. What are some ways fathers can actively invest in their children's lives?
4. How can a father's words build up or tear down his children?
5. Why is spiritual leadership crucial in parenting?
6. How does a father's example impact his children's faith journey?

7. What legacy do you want to leave for your children?

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## **Chapter 9: Legacy: Your Highest Assignment**

Stockstill concludes the book with a powerful reminder that every man is building a legacy—either intentionally or by default. He urges men to consider what they will leave behind, not just in terms of wealth or achievements, but in character, values, and spiritual impact.

He explains that legacy is built through daily choices. Men who prioritize integrity, faith, and relationships will leave a positive influence that lasts for generations. He contrasts this with those who focus only on material success, warning that wealth without wisdom does not sustain a legacy of righteousness.

The chapter ends with an encouragement for men to mentor the next generation. Stockstill emphasizes that true success is not about personal achievement but about investing in others. A model man understands that his highest assignment is to raise up godly leaders who will continue his legacy of faith.

### ***Discussion Questions:***

1. What does it mean to build a legacy that lasts?
2. How do daily choices contribute to the kind of legacy a man leaves behind?
3. Why is character more important than material success in building a legacy?
4. How can men ensure their values are passed down to future generations?
5. What role does mentorship play in leaving a legacy?
6. How can a man evaluate whether he is building a godly legacy?
7. What kind of impact do you want your life to have on others?