



WEEK 9 | NICK CARNES

All Scripture is in the Christian Standard Bible (CSB), unless noted differently.

1 Timothy 4:6 If you point these things out to the brothers and sisters, you will be a good servant of Christ Jesus, nourished by the words of the faith and the good teaching that you have followed.

A good servant of Jesus _____ out error and _____ truth

1 Corinthians 4:7 But have nothing to do with pointless and silly myths. Rather, train yourself in godliness.

A good servant of Jesus isn't _____ by _____ myths

1 Timothy 4:8-9 For the training of the body has limited benefit, but godliness is beneficial in every way, since it holds promise for the present life and also for the life to come. ⁹ This saying is trustworthy and deserves full acceptance.

1 Corinthians 9:24-27 Don't you know that the runners in a stadium all race, but only one receives the prize? Run in such a way to win the prize. ²⁵ Now everyone who competes exercises self-control in everything. They do it to receive a perishable crown, but we an imperishable crown. ²⁶ So I do not run like one who runs aimlessly or box like one beating the air. ²⁷ Instead, I discipline my body and bring it under strict control, so that after preaching to others, I myself will not be disqualified.

1 Timothy 4:10 For this reason we labor and strive, because we have put our hope in the living God, who is the Savior of all people, especially of those who believe.

1 Timothy 4:11-16 Command and teach these things. ¹² Don't let anyone despise your youth, but set an example for the believers in speech, in conduct, in love, in faith, and in purity. ¹³ Until I come, give your attention to public reading, exhortation, and teaching. ¹⁴ Don't neglect the gift that is in you; it was given to you through prophecy, with the laying on of hands by the council of elders. ¹⁵ Practice these things; be committed to them, so that your progress may be evident to all. ¹⁶ Pay close attention to your life and your teaching; persevere in these things, for in doing this you will save both yourself and your hearers.

A good servant of Jesus sets an _____ for others to _____

GO DEEPER

This week, read the Scriptures from Sunday and answer these questions:

1. What did you learn from Sunday's sermon? Did you gain any new insights?
2. Paul warns that some will depart from the faith through deception. In what ways do you see spiritual deception or distorted teaching influencing Christians today, and how can believers guard themselves against it?
3. Paul tells Timothy that a good servant is "*nourished by the words of the faith.*" What does it practically look like to be "*nourished by the Word of God*" in daily life, and what habits help you stay spiritually healthy?
4. Paul warns Timothy not to get caught up in pointless myths. What are some modern distractions that can pull believers away from what matters most spiritually? How can we recognize when something has become a distraction from pursuing godliness?
5. Paul compares spiritual growth to physical training. What are some practical ways we can "*train ourselves in godliness*"? Which spiritual disciplines have been most helpful in your own growth?
6. Paul tells Timothy to set an example in speech, conduct, love, faith, and purity. Which of these areas is most challenging for you right now, and what would growth in that area look like in your daily life?
7. The passage reminds us that physical things have limited benefit while godliness has eternal value. What are some ways we can intentionally invest our time, resources, and energy into things that have eternal impact rather than temporary gain?