



**NICK CARNES | JANUARY 18, 2026**

*All Scripture is in the Christian Standard Bible (CSB), unless noted differently.*

**1 Timothy 1:1-2** Paul, an apostle of Christ Jesus by the command of God our Savior and of Christ Jesus our hope: <sup>2</sup> To Timothy, my true son in the faith. Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

**1 Timothy 1:3-4** As I urged you when I went to Macedonia, remain in Ephesus so that you may instruct certain people not to teach false doctrine <sup>4</sup> or to pay attention to myths and endless genealogies. These promote empty speculations rather than God's plan, which operates by faith.

\_\_\_\_\_ **the gospel, don't be \_\_\_\_\_ by anything less**

**Titus 3:9** avoid foolish debates, genealogies, quarrels, and disputes about the law, because they are unprofitable and worthless.

**1 Timothy 1:5-6** Now the goal of our instruction is love that comes from a pure heart, a good conscience, and a sincere faith. <sup>6</sup> Some have departed from these and turned aside to fruitless discussion.

**1 Timothy 1:7-11** They want to be teachers of the law, although they don't understand what they are saying or what they are insisting on. <sup>8</sup> But we know that the law is good, provided one uses it legitimately. <sup>9</sup> We know that the law is not meant for a righteous person, but for the lawless and rebellious, for the ungodly and sinful, for the unholy and irreverent, for those who kill their fathers and mothers, for murderers, <sup>10</sup> for the sexually immoral and males who have sex with males, for slave traders, liars, perjurers, and for whatever else is contrary to the sound teaching <sup>11</sup> that conforms to the gospel concerning the glory of the blessed God, which was entrusted to me.

**The \_\_\_\_\_ reveals God's standards and when man \_\_\_\_\_ of it**

**James 3:1** Not many should become teachers, my brothers, because you know that we will receive a stricter judgment.

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## NOTES:

### GO DEEPER

*This week, read the Scriptures from Sunday and answer these questions:*

1. What did you learn from Sunday's sermon? Did you gain new insights?
2. Paul describes Timothy as a "*true son in the faith*" with proven character. What qualities made Timothy trustworthy, and how do those qualities develop over time in a believer's life?
3. Paul urges Timothy to remain in Ephesus to confront false teaching rather than avoid conflict. Why do you think it's often difficult to correct error in the church, and what fears can keep us from doing so?
4. Paul warns against teachings that lead to "*empty speculation rather than God's plan, which operates by faith.*" What are some modern examples of spiritual distractions that can pull believers away from the core of the gospel?
5. According to 1 Timothy 1:5, the goal of sound instruction is love from a pure heart, a good conscience, and a sincere faith. How does sound doctrine actually lead to love, rather than pride or argument?
6. Paul says some people want to be teachers but don't understand what they're teaching. Why is spiritual maturity more important than position or influence when it comes to leadership and teaching?
7. The Law reveals God's standards and exposes sin, while the gospel offers grace and new life in Christ. How should understanding both the Law and the gospel shape the way we live, speak, and disciple others?