

Discussion and Reflection Questions
Life in all it's Fullness Week 2 - 26th of April 2026

Read: Luke 24:13-35

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, ¹⁴ and talking with each other about all these things that had happened. ¹⁵ While they were talking and discussing, Jesus himself came near and went with them, ¹⁶ but their eyes were kept from recognising him. ¹⁷ And he said to them, 'What are you discussing with each other while you walk along?' They stood still, looking sad. ¹⁸ Then one of them, whose name was Cleopas, answered him, 'Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?' ¹⁹ He asked them, 'What things?' They replied, 'The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, ²⁰ and how our chief priests and leaders handed him over to be condemned to death and crucified him. ²¹ But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. ²² Moreover, some women of our group astounded us. They were at the tomb early this morning, ²³ and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. ²⁴ Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.' ²⁵ Then he said to them, 'Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! ²⁶ Was it not necessary that the Messiah should suffer these things and then enter into his glory?' ²⁷ Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

²⁸ As they came near the village to which they were going, he walked ahead as if he were going on. ²⁹ But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. ³⁰ When he was at the table with them, he took bread, blessed and broke it, and gave it to them. ³¹ Then their eyes were opened, and they recognised him; and he vanished from their sight. ³² They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?' ³³ That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. ³⁴ They were saying, 'The Lord has risen indeed, and he has appeared to Simon!' ³⁵ Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

Questions

1. Why do you think the disciples do not recognise Jesus at first? What clues does Luke give?
2. When we miss seeing Jesus how does this hamper us experiencing life in all its fullness?
3. Why do you think Jesus takes the time to explain the scriptures? How important is it to have someone explain the scriptures to you?
4. Why do you think the breaking of the bread is the point of recognition for the disciples? How important is communion in your spiritual journey?
5. The disciples begin the journey in confusion and disappointment. How does their experience change by the end, and what does this say about the movement from despair to “life in all its fullness”?
6. Jesus is present with them even when they don’t recognise him. What does this suggest about how we experience God’s presence in our own lives?
7. The disciples immediately return to share the good news. What would it look like for you this week to move from encounter to recognition to witness as part of living “life in all its fullness”?

Prayer

O God,
your Son made himself known to his disciples
in the breaking of bread:
open the eyes of our faith,
that we may see him in his redeeming work;
who is alive and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.